



MONTHLY MAGAZINE
THE INDIAN
COMMUNITY
SCHOOL (SENIOR)
KUWAIT

🗦 EMOTIONAL P PHYSICAL 🕕 INTELLECTUAL 🕲 CULTURAL 💲 SPIRITUAL

#### **MAY 2021**



#### PRINCIPAL'S MESSAGE

Dear Children,

Welcome to the May, 2021 Edition of EPICS. I know that you all are in the mood of the First Midterm Examination and moving with a true spirit in your academics. During this preparation time, you

have to keep your mind clam to study effectively and to recollect the learnt knowledge from your mind. Let us discuss, how to keep your mind calm and maintain a positive rhythm in life.

Don't give your mind permission to get disturbed. A disturbed mind is easily influenced. This will take away the peace which is there within you. Competing or comparing yourself with others will not allow you to focus inwards. An inner focus allows you to keep your eye on your higher self. Remember your original nature and it allows you to forge a link with the Divine. Then it becomes easy to recognize useless thoughts and replace them with a positive perspective. A calm mind is not just peaceful, it is focused, self-directing and divine.

The more we are able to listen, the more we are able to learn

It is a normal habit for all of us to talk more and listen less. We always want to put forth our ideas and don't have the patience or the inclination to hear what others have to say. Because of this we are not able to learn but continue to do things in the same way as we used to. In order to be able to learn we need to be open and listen to everything. The more we are able to listen, the more we are able to learn, because each situation and each person has something new to teach us. When we continue to learn we continue to experience constant progress.

There is a person who projects on to you all that is positive: you are marvellous, you are unique, you are excellent, you are too smart. That positive projection generates a euphoric state, of bliss, of wellbeing,

whereby you start flying. That positive projection lasts for a short time until, with the negative projection begins. "You should have told me, you should have helped me, you should be more like this, you should be less like that, you should have done this or that."

With these expectations, demands and dependencies, that positive projection and flying state disappears. The other has started interfering in your personal space and the harmony that was there previously is lost. One needs to learn to have a positive vision of oneself. You are marvellous, you are unique; don't depend on them telling you so. On feeling good in an independent and autonomous way, you will be able to share with others peace, love and positivism. You won't be in the state of a victim but will be true rulers and controllers of your own life with a solid self-esteem.

Success comes to the one who understands the importance of time.

While we are working at a task, success doesn't come as much as it should because we have not been able to recognise the importance of time. Because of this sometimes, carelessness sets in which makes us lose valuable time and interferes in what we are doing. Then we cannot give our best to the task.

We need to recognise the importance of time so that we never postpone what we can do now. We should always have the slogan 'now or never' in our mind. Knowing that what we can do now, we cannot do it as well in the future, we'll give our best to all we do right now. This will enable us to use our time in a fruitful way and success will come very easily to us.

In our life, when we work hard and try to achieve or goal, we may face failures. Through failure, you will get to know yourself better and you will learn from your mistakes. Failures make us - rethink, reconsider, and find new ways and strategies to achieve our goals. Keep on working hard with your goal, finally success will come to you. Wish you all the best Children.

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+965 6564 2298



SCAN THE QR CODE AND FIND OUR UPDATES ON

### **EDITORS' NOTE**

Dear children,

Greetings from the editorial board.

You all are gearing up for your first mid term examination. Always have a positive mindset to achieve a better score. This pandemic has taught us to be stronger and accept problems as they come. With hope we bring forth the new edition of epics which reflects the talents of young minds.

Here's a story for you worth reading ...

A person started to walk on a rope tied between two tall towers. He was walking slowly, balancing a long stick in his hands. He had his son sitting on his shoulders.

Every one on the ground were watching him in bated breath and were very tense. When he slowly reached the second tower, every one clapped, whistled and welcomed him. They shook hands and took selfies. He asked the crowd "do you all think I can walk back on the same rope now from this side to that side?"

Crowd shouted in one voice "Yes, Yes, you can..

"Do you trust me, he asked? They said yes, yes, we are ready to bet on you.

He said okay, can any one of you give your child to sit on my shoulder; I will take the child to the other side safely. There was stunned silence. Every one became quiet.

Belief is different. Trust is different. For Trust you need to surrender totally. This is what we lack towards God in today's world.

We believe in Almighty . But do we trust Him?

Very beautiful message, worth pondering over and over again!

Let us trust in Almighty and surrender ourselves to his will. Let us hope that we will emerge stronger in this pandemic situation.

Send your valuable contributions to epicseditor@icsk-kw.com









Mrs. Merine Joby

### Can a Tablet Replace Your Laptop?



Year by year, the world of tablets and the world of laptops are slowly converging. Microsoft's Surface tablets run Windows OS, and the new iPad Pro is faster than 92% of all laptops. At the same time, modern laptops have touchscreens, and some 2-in-1 laptops promise the power of a laptop with the convenience of a tablet.



With all of this in mind, it's hard to know if a tablet's worth buying, especially if you're considering a tablet as an alternative to a laptop. First thing's first, you should ask yourself what you use a laptop for. Do you use it for entertainment, or do you use it for work? Do you like to run software like Photoshop, or do you do everything in the browser? While some tablets are great for resource-heavy professional work, others are best suited for casual work and entertainment. Tablets consistently have lower specs than similarlypriced laptops, and you generally have to dip your toes into the \$700+ range to find a tablet that can run Photoshop, professional video software, or resource-hungry games. Of course, you could always spend less if you're just trying to watch Netflix or do browserbased work on a tablet.

Phones and tabs are popular now a days but there are fields like programming and engineering which require more storage and processing speed etc. Even if you have 10 GB RAM in your smartphone or tab, you still require substantial internal storage to increase the efficiency.

Laptops may get replaced by smartphones or tabs in future but right now, it would not be smart to invest in a smartphone rather than a laptop if your requirement is not domestic based. Therefore, whether or not a tablet can replace your laptop would depend on what you want from your device, but if one would require a clear conclusion to this question, it is quite evident that laptops are a much better option that tablets or phones.

### 'New Hopes.....New Goals, Orientation Programs by ICSK

Your Attitude determines your Altitude in Life

 Ability is what you're capable of doing
 Motivation determines what you do
 Attitude determines how well you do it

We remember:

20% of what we Hear 30% of what we See & hear 50% of what we Hear , See & do A good beginning makes a good end.

"It's time to start something new and trust the magic of the new beginnings"

ICSK believes and nurtures the overall development of its students and makes sure that he/she becomes successful global citizens. It also advocates a strong bonding between Parent - Student and Teacher which enables students to have a smooth academic year ahead. On the onset of the new academic year, online orientation programs were conducted for Parents and Students on 28th April, 2021 for Std 7, 8 and 9, on 1st May, 2021 for Std XI and on 2nd May, 2021 for Std XII. The main aim of conducting these sessions was to help bridge gaps and to familiarize the students with the new classes and systems followed by the school, which would give them a better insight into the school routine and functioning.

A highly motivating and a detailed informative session was conducted by Dr. V. Binumon, Principal and Senior Administrator of ICSK Senior. He welcomed the gathering, and gave a very warm reception to the students

inspiring them with his encouraging words. He expressed that 'a good beginning makes a good end' and to always have a Positive Mental Attitude and most important to be grateful for everything they received. He further said that it was very important to visualize success and to rise up after every failure. He

stressed on the need to remain connected and encouraged students to take part in an array of activities conducted by the school which include various Training Programs, SPARSH a vacation activity, 'Art Fest', Public Speaking courses, Library Challenge -which helps to imbibe the reading habit in students. He also stressed on the need for physical fitness and requested students to participate in various Sports coaching being conduct by experts in the school premises together with Art Activities. He encouraged students to contribute personally written articles, poems, drawing etc. towards 'EPICS' the monthly school magazine. He introduced foundation courses being conducted in the school for JEE and NEET (science) and ACCA (commerce). Information about the 'MEET THE PRINCIPAL PROGRAMME' parents could voice their concerns with the Principal via online mode was also shared. The date and schedule of the much awaited online Senate Elections was informed. Detailed information on the pattern of various examinations conducted by the school and passing criteria was shared. He concluded by blessing the students and wishing them and their parents a successful year ahead.



You get to train your mind to be stronger than your onetions on olse you! Il less yourself awayitime

#### **EST STUDENT - APRIL**





SREELAKSHMI LAL



AADIL MOHAMED **PUTHIYAVEETIL - 12C** 



**VEDANT MAYUR** KUMAR - 12D



RACHEL PINHO\_



**RICK FERNANDES** 



**OMAIRA FARHAN** HASPATEL - 12G



HANNAH ELSA GEORGE - 12H



KRITI DINESH MENON





**NEHA ANN MANOJ** 



**TEPHIN DANIEL** 



**RISHIT SHARMA** 



**SAKINA ANIS BANDUKWALA - 10E** 



**RUTH MARY JOHN** 



LIVA MARIA SUNIL





**NESRIN NIYAS** 



ISHAN SAGAR



BRITNEY JOHN



**ANLYN MARIA JOPHY** - 8R



GURLEEN KAUR



ZOYA JAYAULHAK



BHAVISHYA MANISH



PARTH LOHAR - 8F





SHAMIM ABU KHAN ADITHYA K. AJAYRAJ



AMMAR SABIR



SAAD HASRAT



UMMEHANI **LULLAWALA - 7E** 



**RAKSHAN NOORUL** NAZER - 6A

### International Day of Families



observed on the 15th May every year and it community attaches to families.

The theme for International Day of Families 2021 is 'Families and new Technologies' technologies on the well-being of families.

Assembly in 1993

to promote awareness of issues relating

the social, economic, and demographic processes affecting families.

COVID-19 accelerated technological changes that had already been under way both in society and at work, including the expanded use of digital platforms and related technological innovations like cloud computing and the use megatrends and responsive family-oriented policies to tackle their effects.

This day is celebrated with great joy across spend quality time with their families.

# If you change the way you look at things the things you look at change

# "A Gateway to becoming Financial Advisors" - An initiative by ICSK

Money does matter!!! But how to maintain accountsand advice people in matters of money is equally important. Students opting for Commerce are the future 'Financial Advisors'. ICSK takes it under its stride to enhance these advisory skills in its students. In collaboration with ACCA (the Association of Chartered Certified Accountants) which is a global body for professional accountants. ICSK conducts regular coaching for aspiring Chartered Accountants. Dr. V. Binumon (Principal and Senior Administrator of ICSK Senior, who is a visionary foresees the need to open windows for the students in careers of financial matters. The Management of ICSK has therefore introduced ACCA coaching for the students of Commerce, where they will be trained by the finest mentors in the industry and that too within the school campus at competitive fees especially for students of ICSK.

Two online orientation sessions were conducted on 2nd May and 9th May, 2021 by Mrs. Musarrat Parker (HOD Commerce) for students and parents of Std XI (Commerce). She welcomed the Parents and Students and gave them a detailed insight into what is ACCA. She informed that students opting for Commerce with ACCA in ICSK would complete their Diploma (Applied-Knowledge: 3 papers) along with class 12. She further stated that these young professionals have been offered jobs in Kuwait just after completing class 12 based on ACCA Diploma without any experience while they continue their ACCA journey to achieve greater heights.

She also shared that the ACCA certification opens up to endless opportunities in the finance and accounting industry. Candidates are hired by leading companies like PWC, Deloitte, etc. to name a few under various profiles such as Accounting Advisory, Risk Advisory, Statutory Auditor, Internal Auditor, Forensic Auditing, Valuators etc. A detailed information about the course, duration, study plan, exam pattern, fee structure etc was shared.

She also introduced the 'Fast track batch' which would be conducted owing to the ongoing Pandemic. Mrs. Parker stated that competent Chartered Accountants are always in demand globally. Finally she stated that the Global recognition of ACCA Certification ensured work opportunities all over the world. The mentors for the course would be Mrs. Shafaqat and Mr. Aqeel, both are prominent and experienced mentors in the field of Accounts and Commerce especially for ACCA. The session concluded with an interactive session with the students and parents, where every doubt was solved.





- 1. A Snail can sleep for three years at a time.
- 2. A blue whale weighs as much as three elephants and is as long as three greyhound buses.
- 3. It is impossible to lick your elbow
- 4. Octopuses have three hearts
- 5. At birth, a panda is smaller than a mouse and weighs about four ounces.
- 6. Humans are the only animals that blush
- 7. The wood frog can hold its pee for up to eight months.

- 8. Chewing gum boosts concentration.
- 9. The unicorn is the national animal of Scotland.
- 10. The healthiest place in the world is in Panama.
- 11. Dolphins sleep with one eye open.
- 12. A women who lost her wedding ring found it 16 years later on a carrot in her garden.
- 13. Cotton candy was invented by a dentist



SANIYA ASIF



Assert your right to make a few mistakes and learn from them.

Mistakes are the

lessons of wisdom.

# EPHILATELY

Women's history has a facet we must celebrate. Women have been part of Indian stamps for decades. The First Stamp of Independent India was issued on 21 November 1947. The first Indian woman on postage was Mirabhai, issued on October 1, 1952 and was for 2 annas. Since then hundreds of Indian women stamps were issued and they commemorated women from history to film actors.

#### Mirabhai (1952):



The famous devotee of Krishna, Mirabhai was the first Indian woman to be on a postal stamp in 1952. Her Bhajans, dedicated to Krishna and her love and devotion to him made her an icon. Here is a list of stamps issued with women on it and

their significance. She was one of the key saints of Bhakti Movement. Her devotion to Krishna was a labour of love, which meant she gave up her royal privileges and paid little attention to duties as a queen.

#### Kalidasa's Shankuntala (1960):



In Hinduism, Shakuntala is the wife of Dushyanta and the mother of Emperor Bharata. A stamp was launched in 1960 to celebrate her story. Her most famous story is told Kalidasa's play Abhijñànašàkuntala.

#### Annie Besant (1963):

Annie Besant was the second President of The Theosophical Society, one that was headquartered in Chennai. Most major



cities in India have roads after named her. She was women's rights activist, thinker. educationist

and orator. Besant was a member of the National Secular Society, which preached 'free thought'.

#### Kasturba Gandhi (1964):



political activist during the freedom struggle, she was the wife Mahatma Gandhi who was passionate about freedom

movements across India. Documents on her suggest though she was always in the shadows of her husband, she was a leader who was empowered and used the time away from her husband to hone her leadership skills. For someone who wasn't taught to read or write, she was capable and contributed to the Independence movement significantly.

#### Sarojini Naidu (1964):



She a feminist, political activist, poet, and the first Indian woman president of the Indian National Congress.

daughter

Aghorenath Chattopadhyaya, a Bengali Brahmin who was the principal of Nizam's College in Hyderabad. Her mother was herself a great poet and used to write poems in Bengali. Having a well-educated backdrop, Sarojini went to study early in 1895 at King's

college, London, and later at Girton College Cambridge.

#### Sister Nivedita (1968):



She HRITIKA N K was -10 E an Irish teacher, social activist, school founder, author of Kali and the disciple of Swami Vivekananda. was a philanthropist who has contributed immensely in times

calamity

plague outbreak in Calcutta (1899) and East Bengal famine of 1966.

#### Kamla Nehru(1974):



Kamala Nehru, а staunch follower Mahatma Gandhi. and the wife Jawaharlal Nehru,

first freedom fighters who raised their voices for women empowerment. She was born into a Kashmiri Pandit family, and married Nehru at the age of 17. She was home schooled and couldn't speak in English.

She gave birth to a girl child, Indira Priyadarshini, who later went on to become the Prime Minister of India.



# National Science Talent Search - Shastra Pratibha Contest Outstanding Performers

The Science India Forum conducted the Shashtra Pratibha Contest online this year. SPC is a National Science Talent Search Contest for the Indian students studying in Kuwait. Students from grade 6-10 participated from ICSK. We had a total of 125 students participating from our school. It was held online on February 19th 2021.

















#### CHOCOLATE CUPCAKES WITH BUTTERCREAM FROSTING



#### Ingredients

135gms all-purpose flour 15gms cocoa powder ¾ tsp baking powder ½ tsp baking soda ¼ tsp salt 200gms sugar

25gms unsalted butter (room temp.)

½ cup buttermilk

3/4 tsp vanilla essence

1 large egg (room temp.)

3tbsp vegetable oil

2tbsp hot water

#### Method

- Sift the flour, baking powder, baking soda, cocoa and salt into a mixing bowl.
   Stir in the sugar and set aside.
- Mix the liquid ingredients in a separate bowl- buttermilk, vanilla, egg and oil.
- Pour the liquid ingredients over the sifted dry ingredients along with the butter.
   Beat using electric beater till combined.
- Add the hot water and mix again.
- Allow the batter to rest for 10-20 mins, then divide equally into cupcake pan.
   Bake at (160-180) degrees C for 18-20 mins
- Remove and let the cupcakes cool.

# CHOCOLATE BUTTERCREAM FROSTING Ingredients

150gms unsalted butter (room temp.)

200gms powdered sugar 3tbsp cocoa powder

1/4 tsp salt

1/4 tsp vanilla essence

100gms semisweet chocolate (melted and cooled)

#### Method

- Sift the powdered sugar and cocoa and set aside
- Using an electric beater, cream the butter, salt, essence until light and fluffy.
- Add in the sugar slowly to avoid sugar cloud
- Add the chocolate and beat until smooth
- Ice the cup cakes and use sprinkles for decorating.



#### **CHARITY CONVENERS - MAY**



NIHAL JAYAKUMAR



**NIBIN PHILIP** ABRAHAM - 12B



**ABEL JOSEPH** AYROOKUZHY - 12C



SAPAN SRINIVAS BYNDLA - 12D



MOHAMED THOUFIQ - 12E



SHRISTI BHAGAT



HUSSAIN **HAKIMUDDIN - 12G** 



VEDENSHI BHAT - 12H



**DEON DSOUZA** - 121



SAMEER MOHD AMBALAT - 12J



HARINI MAHADEVAN - 11A



AYEDA ASIF ALI - 11B



AARON SAM - 11C



VINEETA ANISH - 11D



AKASH RENJI - 11E



- 11F



JYOTSSANA DHYANI STALLONE THOMAS - 11G



TASNEEM AHMED - 11H



NAVYA JOB



ALFIE MARIYAM AJU MOHAMMAD RAYYAN - 11J



- 10A



**EVIN ROBY** - 10B



ABDUL ASHEEN - 10C



SAKINA - 10D



**BRITTO HAGGAI** - 10E



**GANGAKRISHNAN** VIMALAN - 10F



AABIDA RAFIK CHIKTE - 9A



GAURIKRISHNA VENUGOPALAN - 9B



**MELIN JEFFRY** 



SANA SUDHIR - 9D



MOHAMMED ATIFUDDIN AMER - 9E





RYAN RONY MATHEWS - 8A



ALI HAIDER MAKNOJIYA - 8B



GOPINATH **RAJASEKARAN - 8C** 



MOHAMMED - 8D



ASMA AASHIF SHAIKH - 8E



AIMAN NAZ



TAHER HUSSAIN TUTAWALA - 7A



RUQAYYAH IMRAN SHEIKH - 7B







JUHI SRI MOLLETI MARIYA AZIZ HUSAIN CC\_7E-YUSUF HABIB MERIN ANNA JAISE - 7D



KHANJI



# My Mother, My Inspiration



"A mother is one who can take the place of all others but whose place no one else can take."

My mom is not an ordinary woman. She is the definition of devotion, love, persistence, dedication, conduct and what not. She is an essence of truthfulness, love, and sincerity. Another reason is that she showers her family with her blessing. Furthermore, she gives us everything but never demand anything in return. The way she cares for everyone in the family inspires us to be the same in future. She motivates us to be like her and never submit in difficult times. Above all, she never leaves our side even in the hardest of times. She taught us how to walk, speak, and take care of ourselves. Every bigger step that we have taken in our life is all because of our mother. There cannot be a better mentor than our mother. It is also true that God could not be everywhere. So, he made mothers.

We wish mothers all over the world a very "Happy Mother's Day."

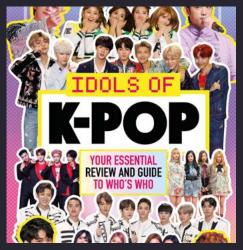


# EPI tainment

### **K-POP: GLOBAL PHENOMENON**



in 1996 with the boy band H.O.T. Idols have dedicated fanbases consisting majorly of young adults and teenagers. K-pop stars excel in everything from catchy tunes to colourful choreography.
Their international popularity is owed to their memorable lyrics and eye-catching music videos, which gather views and subscribers on YouTube in the millions. BTS, Blackpink, EXO, are some popular K-pop groups.



of popular music originating in South Korea that has now been claimed by the world. It is influenced by international music genres such as pop, experimental, rock, jazz, gospel, hip hop, R&B, reggae, electronic dance, folk, country and classical besides its traditional Korean music roots. K-pop is part of the popularization of Korean entertainment in non-Korean countries, known as the Korean Wave. The genesis of modern form of the genre was with the innovative style of the boy band Seo Taiji and Boys in 1992. It has since expanded to a five-billion-dollar industry, hitting the Billboard Hot 100 at least eight times.

K-pop, formerly known as gayo, is a genre

K-pop performers are commonly referred to as "idols". Modern K-pop idol culture began

- "The way to get started is to quit talking and begin doing."- Walt Disney
- "Failure is not the opposite of Success, It's a part of success"- Karamo Brown
- "A smiling face is a beautiful face. A smiling heart is a happy heart."- Dr. T.P Chia
- "You will face many defeats in life, but never let yourself defeated"- Maya Angelou
- " Forgive your Enemies, but never forget their names."- John F. Kennedy





# EPITOME OF SUCCESS WALT DISNEY



Walter Elias Disney was born on December 5th, 1901 and died on December 15th, 1966. He was an American entrepreneur, animator, writer, voice actor, and film producer. He was a pioneer of the American animation industry and he introduced several developments in the production of cartoons. As a film producer, Disney holds the record for most Academy Awards earned by an individual, having won 22 Oscars from 59 nominations. He was presented with two Golden Globe

Special Achievement Awards and an Emmy Award, among other honors. Several of his films are included in the National Film Registry by the Library of Congress.

Born in Chicago in 1901, Disney developed an early interest in drawing. He took art classes as a boy and got a job as a commercial illustrator at the age of 18. He moved to California in the early 1920s and set up the Disney Brothers Studio.

lwerks, Walt developed the character Mickey Mouse in 1928, his first highly popular success; he also provided the voice for his creation in the early years. As the studio grew, Disney



became more adventurous, introducing synchronized sound, full-color three-strip Technicolor, feature-length cartoons and technical developments in cameras. The results, seen in features such as Snow White and the Seven Dwarfs (1937), Pinocchio, Fantasia (both 1940), Dumbo (1941), and Bambi (1942), furthered the development of animated film. New animated and liveaction films followed World War II, including the critically successful Cinderella (1950) and Mary Poppins (1964), the latter of which received five Academy Awards.

His film work continues to be shown and adapted; his namesake studio and company maintains high standards in its production of popular entertainment, and the Disney amusement parks have grown and number to attract visitors in several countries.

Despite his critics, his vision of a modern, corporate utopia as an extension of traditional American values has possibly gained greater currency in the years after his death.

# A NEW DAWN



This is an epochal year with the new normal. Students are missing the wonderful school days. Whereas the birds are enjoying their freedom, hovering up high in the sky, we humans are confined in our homes. Unfortunately, these holidays don't feel like free days. Some people show irresponsible attitude and loiter freely without masks, gloves or social distancing., who knows that you may have this infection or maybe not. A few months back, we always used to throw water at each other on our way back home. We also used to prank each other and do naughty things Now... what I can Say is that we can meet our friends online. This is the only saving grace, at least we can connect

with our friends through social media such as WhatsApp, zoom and Face book.

We had a plan to visit Italy on 31st June. How can we go to



Italy in these sad times! I was thrilled to go on a holiday. Nowadays, I feel very bored to go outside because I know if I will wear the mask, I will feel asphyxiated. Not only that, we restrict eating from outside

or even visiting holy place of worship. How much I miss my home country, my grandparents, cousins and friends.

With folded hands, I humbly pray to God. We humans will try to mend our ways and make this planet a better place to live. I salute the front liners for the constant help and support. Oh God Almighty! Bring back the good old

# 1'M PRETTY SURE THE WORLD IS ENDING



I remember in 2014 when I was young and dumber, I thought the world was ending because I saw it on the internet. No, like seriously, everyone was talking about it. I waited the whole day just anticipating something... I don't know, like the sky tearing apart and fireballs shooting from the sky. Now, when you read the title, you'd probably go, "SURELY, SHE'S TALKING ABOUT THE PANDEMIC", obviously NOT. I'm talking about how much hate there is in this world. There's so much hate, I'm pretty sure we would be the cause of our own deaths.

Now, if we take a look at animals, they protect their own species. There wouldn't be a cheetah that'd go, "Hey, your spots are a little darker than mine, I ain't helping you" no. That'd be insane. So, why are we doing that to ourselves? We are all humans and we should unite and protect each other, especially during a pandemic. We are all from different parts of the world and we all look different, that doesn't mean we should discriminate. Why should there be oppression in this world? Why should there be discrimination in this world? It's the 21st

century and there's still discrimination among castes, religion, races, etc. Don't you think, the fact that we are oppressing our own is a little messed up? Ok, it's very messed up. My grandmother



JOANA ROBIN

tells me about her childhood and how hard it was for her and how there was gender discrimination and differentiation between the poor and the rich. Honestly, I don't know if the situation has gotten better or worse...

We are all the same, so let's protect and help each other instead of hating and discriminating. Now, if the world actually does end, you heard it here first, folks. I'd like to get some credit before I die:).



# Greamers



Dreams are a beautiful means of escape from this world of realities. When there's a dream, there's a hope, a hope of something larger than life. Everyone carries their own packets of dreams in their pockets. Dreams can change the so called 'ordinary lives' miraculously and transforms it to a level

where there's hope for a future and pleasure in its coming. Like boats they help us cross this ocean called life and at the same time like a companion are there with us until it's reached. It all starts with the dream of ours to make another for someone.

Dreamers are the ones who fight back, try again, keep going and have their heads held towards the sun while burning their feet as this the moment, they stand up when they fall and show the people



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and the world itself that there's a dream budding and they are there to nurture it. I am a fighter being a failure, I can walk even being injured, I can fly without any wings and I can dream even after my dreams are broken. The word 'Dreamers' isn't just a word, it's an honor to those who struggle, strive, stay strong and shine. A dreamer is the one who strives to believe in what's unreal and walk on the path of their dreams with nothing but eyes full of imagination and strong will power.

Dare to dream big and don't let your dream remain as a dream. Believe in wonderland. Be an extraordinary dreamer.











ALENA SANTH JOHN SREELAKSHMI LAL VISHNU NARAYANAN DIYA DAGARIYA









CLASS 12J

RIDDHI GUPTA





FAWAZ MOOSA SAOOD MOHAMMED





MAY SMITH JAMES ANUGRAHA MATHEW



AHMED IZHAR





ASHMEENA KHAN AALIYA IRSHAF KAZI





FARVEEN BEGUM SAMREEN SULTANA







MAHIMA THANKAM NIRAN NEBU ALEX





VIGNESH N.



ALBERT KUNJUMON







ANDREA JENNIFER









AYESHA ZAKIR

#### CLASS 11H





JOSHUA OOMMEN KEZIAH ELSA BILU





**CLASS 11J** 

CLASS 10E













**CHANDLER COLIN** 



PIYUSH DEVADAS

















CLASS 8A





**CLASS 8B** 











































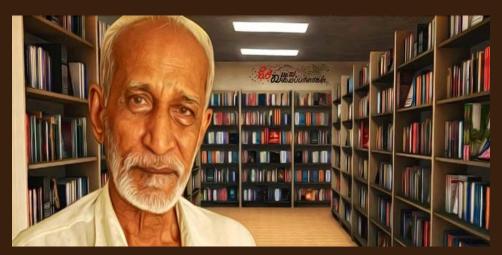






# MAN OF THE MILLENNIUM

CLASS 7E



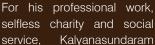
Born in a remote village of Tamil Nadu, 80-year-old Palam Kalyanasundaram who looks like an affectionate grandpa donated his entire life-earning to the needy.

He lost his father at an early age and after that it was his mother who inspired him to serve poor people.

Palam Kalyanasundaram is a bachelor and a gold medalist in Library Science. He also holds a master's degree in literature and history. During his 35-year long career as a college librarian at an Arts College at Srivaikuntam, he willingly donated his salary month after month towards charity and did odd jobs to meet his daily needs. Even after retirement, he works as a waiter in a hotel in exchange of two meals a day and a salary so that he could continue to donate to orphanages and to children's educational

After his retirement in 1998, he decided to expand his social service and then came his social welfare organization, 'Paalam' which helps raise not just money but anything else that will be useful to the needy. In one of the interviews, Kalyanasundaram rightly said,

"One can get money in three possible ways. First, through earnings; secondly, through parents' earnings, and thirdly, through money donated by someone. But there's nothing more fulfilling than being able to donate money for charity out of your own earnings.





has won several awards. He was chosen as 'One of the Top 10 Librarians of the World', and the Union Government of India acclaimed him as 'The Best Librarian in India'. He was honored as 'One of the Noblest of the World' by Cambridge. UNO, United Nations Organization adjudged Kalyanasundaram as one of the 'Outstanding People of the 20th Century', and an American organization has even chosen him as the 'Man of the Millennium', granting him 30 Crore rupees! And those 30 Crore also went to charity! Kalyanasundaram describes his granting of the Rs. 30 crore award money to charity as one of the happiest moments in his life.

He lives a very simple life in Chennai, works in office at Adyar regularly, and does whatever he can for the uplift of the unprivileged An 80-year-old librarian, Palam Kalyanasundaram taught the world that money does not get you popularity and recognition. He is truly, The Man of the Millennium.

# What is a rainbow

What is a rainbow? Does anybody know? Where does it come from, and where does it go

Does the fairy artist paint on the sky, with their magic brushes dipped in the fairy dye?

Do they get colors from the setting sun, and mix them with the dawn lights, until everyone-

Blue and green and orange violet and red. is that how beauty across the heaven spread?

What is a rainbow? And where does it go, can anybody tell me? I should like to know.



# EPIONOS SOUTEKOREA

South Korea, an Asian nation on the southern half of the Korean Peninsula, known for its green, hilly countryside dotted with cherry trees and centuries-old Buddhist temples, coastal fishing villages, sub-tropical islands and high-tech cities. Seoul ,officially the Seoul Special City, is the capital and largest metropolis of South Korea.

#### **GEOGRAPHICAL LOCATION**

South Korea is located in East Asia, on the southern portion of the Korean Peninsula located out from the far east of the Asian landmass. The only country with a land border to South Korea is North Korea, lying to the north with 238 kilometres (148 mi) of the border running along the Korean Demilitarized Zone.

#### YEAR ROUND WEATHER

There are only minimal regional variations throughout the country, and the year divides neatly into four distinct seasons. There is a delightful spring (April to June), a muggy and wet summer (July to August), a refreshing autumn (September to November) and a freezing cold, snowy but dry winter (December to March).

#### **CURRENCY**

The South Korean won is the currency in circulation in South Korea since 1945, although it would later be replaced, temporarily, by the Hwan.

#### **BEST TIME TO VISIT**

The best time to visit South Korea is between March and May if you want to see the vibrant pink of the cherry blossoms in bloom. If you want to see the landscapes come alive as the leaves change in the cooler weathers, then visiting between September and November would be recommended.

#### **Tourist attractions**

#### 1. Suwon

The city of Suwon is the capital of Gyeonggi Province, and it is just 30 km outside of Seoul. you'll be able to see the World Cup Stadium, affectionately called Big Bird, that hosted the quarter finals of the 2002 FIFA World Cup. If you're not a soccer fan, head instead to the historic 18th century Hwaseong Fortress, where you can tour the architecture and even try your hand at archery on the premises.

#### 2. Chuncheon

Surrounded by scenic lakes and towering mountains in Chuncheon, the capital city of Gangwon Province. Chuncheon is the location of a popular Korean soap opera called Winter Sonata, and a lot of visitors in the city come to see some of the most common filming locations .Chuncheon is known as a foodie's paradise. After touring major attractions like the Soyang Dam, Statue Park or Cheongpyeong-sa Temple,tourists visit Dakgalbi street which features the dish dakgalbi, a grilled chicken meal with spicy vegetables and rice. Dozens of restaurants on the street offer the same iconic dish, each offering slight variations on the recipe.



#### 3. Busan

The second largest city in the entire country is Busan. It's also a major port, and it is known for boasting beautiful beaches as well as hot springs and opportunities for outdoor recreation. Busan's Gamcheon Cultural Village, known as the Santorini of Korea, is a stunningly colorful hillside community overlooking the water. you'll also have the chance to visit several temples, the most popular of which is Beomeosa Temple.

#### 4. Seoraksan national park

If you want to go hiking, see the best known mountain range in South Korea or just get some epic photos, then Seoraksan National

Park is just perfect for you. Within the park you'll find pine forests, jagged and rocky mountain peaks, crystal clear streams and stunning lakes. Seoraksan National Park is also home to over 2,000 animal species.



NISHMA MANNURU 11 B



#### 5. Jeju

Off the southern coast of South Korea is Jeju Islan, the country's only Special Autonomous Province. Nicknamed Island of the Gods, Jeju is a subtropical destination known as one of the top vacation spots in South Korea. In addition to beautiful beaches, lava tubes and lush green scenery, Jeju is known for a long list of attractions and amusement parks. You can get to know the local culture at the Seongeup Folklore Village, or you could visit Glass Castle, a theme park that revolves around glass sculptures.

#### 6. Seoul

Seoul is by far the largest city in South Korea and a major destination in East Asia. If you're spending any time in the country, there's a good chance you'll be visiting Seoul at some point. There is no end to the attractions in the city, but many visitors start with some of the many palaces located in Seoul.

#### South Korean cuisine

Korean cuisine is largely based on rice, vegetables, Seafood and (at least in the South) meats. Traditional Korean meals are named for the number of side dishes banchan that accompany steam-cooked short-grain rice. Kimchi is served at nearly every meal.







As the Covid Saga seems never ending, and with many of our dear ones affected, the future sure does seem bleak. A beautiful and a truthful observation, I will tell you. Often we are caught up in the drudgery of the life's journey that we do forget to appreciate the goodness around us, be it nature or somebody's smile. Every day comes and goes in as a breeze.

As I sip my hot chocolate and watch through the window, to see around and just to see around, I realized how much beauty is there, undiscovered. Very observant all around me, beautiful, deep and very enlightening. The treasures of our vibrant nature and different categories of people with their attitude towards it!! I wish, everyone stop a while and see the nature around them.

Stop awhile and see...

"Little we see in Nature that is ours, We have given our hearts away..."

These lines from Wordsworth's timeless poem, 'The world is too much with us", laments the withering ties between mankind and nature, as we get caught up in materialistic pursuits.

#### Take The Plunge

March on ahead, Do not hesitate. Time and tide, Will not wait.

Follow your passion, With body and mind. Do the thing, You left behind. The way is long, The road is rugged. The future unknown, But plunge ahead.

Hurdles in life, Appear and disappear. Follow your dream, Live not in fear.

Fire needs friction, You gain after pain. The clouds burst, Before the rains.

March on ahead, Time will not wait. Challenges abound, Blame not fate.



JOHANN PREMJIT

# The Value of Viscipline is 200



Discipline is a 10 letter word with a value of 100. Just see how it comes about. The letter 'D' in the alphabet is the 4th letter. The letter 'I' is the 9th and it is repeated thrice in DISCIPLINE. 'S' holds the 19th place, 'C' at the 3rd place and 'P' is in the 16th place. 'L' is the 12th letter, 'N' is the 14th letter and 'E' is in the 5th. Now add all these numbers which represents the respective places of each letter as follows.

Talent without DISCIPLINE is like an octopus on roller skates. There is plenty of movement, but you never know if it's going to be forward or backward.



-10D



- 2. Coca-Cola was originally green.
- 3. Camels have three eyelids to protect themselves from the blowing desert sand
- 4. Rhythm is the longest English word without a vowe
- 5. A snail can sleep for three years
- 6. The Mona Lisa has no eyebrows
- 7. Women blink nearly twice as much as men
- 8. 11% of people are left handed
- 9. A bear has 42 teeth
- 10. August has the highest percentage of births







### **Birthday Arcade - May**



8B - MAY 1



SANIYA SHAJAN 9C - MAY 1



VARAD NITIN 9D - MAY 1



KANCHI SHANMUKHA KARAN MURALEESWARAN 9F - MAY 1



11J - MAY 1



**EMIL CATHERINE** 12A - MAY 1



**AGNEY SAJEEV** 9A - MAY 2



MASRURAH NAFEES 12E - MAY 2



MICHELLE PINTO 7A - MAY 3



ANAND ARJUN 7C - MAY 3



RICK EMMANUEL 8C - MAY 3



AMIN NISAR AHMED 9D - MAY 3



**NESRIN NIYAS** 9D - MAY 3



MOHAMED FAYAZ 10A - MAY 3



**SNEHA RACHEL** 10C - MAY 3



SURABHI VAIBHAV 11E - MAY 3



FATEMA HYDER ALI 11G - MAY 3



NEHA NIDHEESH 12B - MAY 3



ANUGRAHA MATHEW 12G - MAY 3



JEREMY SHIBU 7D - MAY 4



KARTHICK RAMANATHAN ANLYN MARIA JOPHY NAETHAN VARGHESE 8A - MAY 4



8B - MAY 4



10A - MAY 4



YUKTA MENON 11C - MAY 4



JOSHUA AKSHAY 11J - MAY 4



**VAMSHIKA SUDHIR** 12G - MAY 4



SUYASH KUMAR 12H - MAY 4



MEGHNA MAVATH 12F - MAY 5



**FAHEEMA FATIMA** 7B - MAY 5



**ASHWIN RAJESH** 8F - MAY 5



**ΗΔΝΔ ΤΗΟΜΔS** 10B - MAY 5



10D - MAY 5



HARDIK PANCHAL JUSTIN SAMUEL SAJI 10E - MAY 5



BHARGAVEE DAS 12D - MAY 5



STALIN WILSON 12F - MAY 6



MAHMOOD MAZHAR 9C - MAY 6



SHAIK ISHAAQ 12B - MAY 6



10D - MAY 7



**ASHLIN SARA SATISH** 11F - MAY 7 12B - MAY 7



JOANNA P. KOSHY



IBRAHIM FAISAL 7C - MAY 8



HANNAH MARIA 8C - MAY 8



EBEN BAIJU KOSHY ROSHNA BINDHU SIDHARTH SANTOSH JUSTIN GEORGE MOHAMMED FOUAD MOHAMMED SAAD SHREYA NARAYAN 9C - MAY 8



9C - MAY 8



10B - MAY 8



11F - MAY 8



11.J - MAY 8



12C - MAY 8



11H - MAY 9



DAVE SAM RAJ



SHANAYA MARTIN 7B - MAY 9



9F - MAY 9



ANTONY JAISON DANAH ABDUL RAHIM 11B - MAY 9



MUSTAFA AKIL 12H - MAY 9



AKSHITA CHARUDATH 8D - MAY 10



**ZUHAIR ABBAS** 8F - MAY 10



**BRITTO HAGGAI** 10F - MAY 10



**GRESHA BIJU** 11B - MAY 10



12F - MAY 10





8A - MAY 11



SUHEERA MUJEEB ROSE MARIA HENRY HUSSAINA MURTAZA DITZA ANN SHIBU 12G - MAY 11



11D - MAY 11



ALENA SANTHOSH 12B - MAY 11



**AALIA THARIC** 7E - MAY 12





**CHRISTY ROJI** 7E - MAY 12



RESHMA JERLIN 8B - MAY 12



KATHRINA 9E - MAY 12



AYESHA ZAKIR 11G - MAY 13

11I - MAY 15



11J - MAY 13

ABIGAIL ZACHARIAH AYISHA REYAKKATH ALDRIN IYPE ABY

11I - MAY 15



12C - MAY 15

**OMAIRA FARHAN HUDA FATHIMA** 11D - MAY 14



9A - MAY 16



SHAUN JACOB ZAHARA KOLYARIWALA

9A - MAY 16





**BETSY JACOB** 

7B - MAY 15



8C - MAY 17

VIVEHA PRIYA



NISHANTH SUBBU

9C - MAY 15



ABHITI MUJUMDAR

11H - MAY 15



9D - MAY 16



JOANN SHERLYN 9C - MAY 17



FATHIMA HASEER 12H - MAY 17



SAFA SIRAJUDEEN 7R - MAY 18



PRIYA GOPAL 9D - MAY 18



K. A ROHIT RUSHI 9F - MAY 18



AARON JOYSON 9F - MAY 19



TRIMONA CHRISTY RAGHAV UDAY MENON 8D - MAY 19



GAVIN VIFGAS 11F - MAY 19



ADITHYA K. AJAYRAJ 7B - MAY 20



MUHAMMAD ZAID 9E - MAY 20



ALAIN MATHEW 10A - MAY 20



9R - MAY 18

MOHAMMED REYAN 10C - MAY 20



GEORGE NIXON 11D - MAY 20



JESWIN SUJU 12A - MAY 20



BURHANUDDIN TAHA MOHAMED THOUFIQ 12B - MAY 20



12E - MAY 20



TARANJOT KAUR MOHAMMED HOZEFA 7D - MAY 21



8E - MAY 21



RISHAB RAMMOHAN 11C - MAY 21



FRANLY BINU 9B - MAY 21



RIDA FAISAL KHAN 9E - MAY 21



NAYEMUL ISLAM 11F - MAY 21



FATEMA ALI ASGAR 12E - MAY 21



SREE LEKSHMI 12F - MAY 21



**ROSHAN BINISH** 7A - MAY 22



HIBA HABIBULLA 8F - MAY 22



NADIRA NOORUL 9A - MAY 22



ALBERT HANSEL 11D - MAY 22



SAKINA FIROZ 11G - MAY 22



ANKITHA MENON 11H - MAY 22



ADRIN MATTHEW 12A - MAY 22



MOHAMMED MUJEEBUDDIN 12G - MAY 22



12J - MAY 22



7B - MAY 23



8A - MAY 23



8E - MAY 23



AMARDEEP SINGH LAKSHITA ANNAMALAI MANHA MANZOOR REEM MASTAN SHAIK SAUOD MOHAMMED UMMEHANI MUSTAFA 12B - MAY 23



BHANUPRAKASH



ZINIYA AFROZ 9A - MAY 24



**MUJTABA DILAWAR** 7D - MAY 25



MOHAMED ADEEL 11B - MAY 25



KHALID SHAFI 11C - MAY 25



VYSHNAVI M 12E - MAY 25



HARSHANTH RAJA 12C - MAY 25



SIMON GLADWIN 11C - MAY 26



12F - MAY 23

**NIHAL SAYAN** 10A - MAY 27



RACHEL ANNAMALAI 11B - MAY 27



DARIUS LAL KISHOR 12C - MAY 27



ANANYA XAVIER



NABAA KHAN 10E - MAY 28



NIHAL JAYAKUMAR ADITYA RAMAKRISHNAN ROSHINI CHELLUBOINA 12A - MAY 28



12C - MAY 28



9E - MAY 29



AMAL AAMIR 10B - MAY 29



**HUZAIFA MUSTANSIR** 10D - MAY 29



**ALLEN MATHEW** 12B - MAY 29



RYAN RONY 8A - MAY 30



RAIYAN SARFARAZ 8D - MAY 30





NANDANA RAKESH ELVINA ANN MATHEW ALIYA ASIF AHMED 11D - MAY 30



12F - MAY 30



DIONNA GEORGE 7A - MAY 31



ABDULLAH NEZAM 8D - MAY 31



KHADIJA SHABBIR 8G - MAY 31



DEVATHEERTHA 9F - MAY 31



10C - MAY 31



AMATULLAH AKBAR NAKSHATRA RAMESH 12G - MAY 31



7B - MAY 7



NISHANTH SUBBU 9C - MAY 17



JOANN SHERLYN

9C - MAY 17

MRS. JAYACILEE ANNE **GERALD - 14 MAY** 

MAMUDURI NOEL

7B - MAY 23



MRS.MINI SHAJI JOSEPH - 14 MAY

















#### Birthday Arcade - May (Contd..)



MR. MADHU 15 MAY



MR. CHERIAN MATHEW - 15 MAY



MRS. BINU JACOB 18 MAY



MRS. MARIAM SAM 20 MAY



MRS. RUKSANA NAHID - 25 MAY



MR. MUNIR MUHAMMED - 25 MAY



MR. MOHAMMED HARIS - 30 MAY



MRS. BINDU MADHU MI 31 MAY



MR. MOHD. SALIM

# THE MEANING BEHIND NATIONAL FLAGS

The word 'flag' is derived from the old Saxon word which means to fly or to float in the air. The shapes, the colours, everything which is used in the flag has a meaning and significance which might include the country's history and its glory. India's flag; the 'tricolour' as we call it, has a symbolic meaning behind the three colours and the blue wheel. The saffron represents the powerful strength, the white indicates truthfulness along with the dharma chakra, and the green signifies the fertility and the growth of the nation.

#### **Botswana**



This country in South Africa is demarcated by the Kalahari Desert and the Okavango Delta. But what if you define it by their flag? It is blue in colour with a black stripe in the centre within a thin, white frame. Before we get into the intricacies of the flag, let us look at the history. The flag was adopted in 1966, the year when the country got its independence, purely symbolising the essence of the country. Botswana suffers from droughts, which makes rain a very precious resource for the people living there. This is signified by the light blue colour of the flag, also referring to the motto on the coat of arms of Botswana, known as 'Pula'. Water being the most essential part of life, without which survival is difficult. The black and white stripes represent the zebra, the national animal of Botswana, which also represent the harmony between the two different races residing in the country, thus promoting diversity and combatting racial discrimination.

#### Argentina



The flag of Argentina was designed by a politician and revolutionary military leader, Manuel Belgrano, during the Argentine War of Independence. The triband is divided equally into three parts- end being light blue and the middle band in white. The blue colour in the flag denotes the country's clear skies and the white colour denotes the snow of the Andes. This forms the Ornamental Flag (Bandera de Ornato) of Argentina. But if you see, there is a sun with a human face on the white band which represents the 'Sun of May', bearing features of the Inca, the Sun God which indicates Argentina's independence. This flag with the sun is the Official Ceremonial Flag (Spanish: Bandera Oficial de Ceremonia).

#### Bangladesh



The national flag of Bangladesh was officially adopted on 17 January, 1972 just after the country gained its independence from Pakistan. The current version of the flag is

similar to the previous one which was designed by a section of student leaders of 'Swadheen Bangla Nucleus'. It is bottle green in colour with a red circle in between. The bottle green colour



SOORYA SUNIL

represents the secularism that Bangladeshis' behold. It also represents the rich vegetation of the country, while the red circle depicts the blood of the freedom fighters who fought for the country's independence. It is a clear illustration of the sun rising in a free country.

#### Germany



From 1919 to 1933, when Germany was known as the Weimar Republic, the official flag of the country was hoisted for the first time. The Frankfurt Parliament had declared black-red-gold as the official colours of the German Confederation. While Red symbolised the Hanseatic League (the north German towns and German merchant communities), black represented Austria. There are various beliefs regarding the colours of the flag. Some say that the flag represents the colours of the black eagle, with a red beak and claws that can be found on the coat-of-arms of German's Holy Roman Empire. It is also suggested that during the Liberation war, the soldiers wore black tunics with red facings The plain flag with the tricolour is used as the German civil flag and civil ensign. While the tricolour with the Federal shield in the middle is the official government flag.

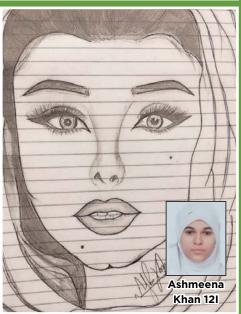
# Art Gallery - Senior Secondary

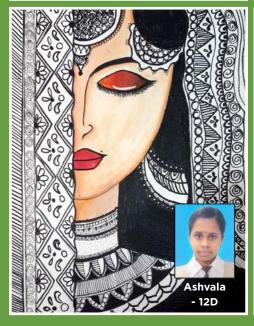


















introduction because this honeypot tourist destination attracts over 63 hundred thousand visitors every year! A former Portuguese colony, Goa is also fondly known as the 'Rome of the East'. Goa as we know it is exactly how anyone in the country would describe it too, beaches, endless parties, exciting nightlife and surreal nature at its best. Inhabited and colonized by the Portuguese for almost 450 years, the state has an inherent influence on their culture and traditions. Spawned over a land area of 3702 km square with the Arabian Sea cradling its coastline, this destination experiences tropic weather conditions almost all through the year. Goa is one of India's top holiday destinations and it's easy to see why.

#### Calangute Beach

Known as the "Queen of Beaches" in Goa, Calangute Beach caters to all types of travelers, from nature lovers to adventure junkies to party freaks. Acting as a haven for nature lovers, in particular, this beach is the biggest and the most popular one in North Goa, boasting of scintillating charm as well as beauty. Furthermore, it reflects the uniqueness that the culture of Goa generally has, in addition to offering beautiful and scenic views of the surrounding landscapes.



#### **Dudhsagar Waterfalls**

Dudhsagar Falls of Goa is a majestic waterfall where the white water gushing through the steep and vertical face of the mountain portrays a cascading effect. Standing as tall as 310 meters, it makes sure to stand in the list of tallest waterfalls in India. The cascading

of a milky white sea falling from such a great height. The entire landmark in the backdrop of the falls is covered with a vastly stretched forest cover. This is how the Dudhsagar Falls form a part of Bhagwan Mahavir Wildlife Sanctuary



#### Grand Island

Grand Island is the nirvana of Goan water-sports. There is a lot to be experienced here from diving to snorkeling to fishing. Scuba diving in Goa is the most popular activity because it offers so much in terms of underwater exploration. There are ship wrecks to be found here as well as some reefs. The "Suzy" wreck and the "Davy Jones Locker" are especially popular with divers as are Serge City, Bounty Rock, and Turbo Tunnel. Experienced and beginner divers both find something to satisfy in Grand Island. You can also go snorkeling. Bumper boats and banana boats are also popular around the island.



#### **Divar Island**

Divar Island is amongst the most beautiful places to see in Goa. The fact that such a small, pristine, and simple place can exist in Goa alongside the crazy party scene If you'll visit

it, only then you will be able to experience it. Absolutely unlike any experience in Goa, Divar Island will leave you feeling happy and satisfied. This is because the entire place gives off a rich, wholesome, almost



SHYJU - 8 A

home-like vibe which is particularly attractive to those who prefer quiet and natural beauty. Reaching Divar Island is easy and convenient. Ferries operate round the clock after every 15 minutes from morning to evening.



#### **Bom Jesus Basilica**

One of the most important of all tourist places in Goa as well as a central landmark for Catholics, the Bom Jesus Basilica is the place in which the incorrupt body of St Francis Xavier is kept. The Church was built in 1605 and the body of the Saint was brought to it in 1622 where it has laid since in its glass mausoleum. The body is perhaps the greatest attraction of the Basilica. A gallery of Modern Art is also a part of the Basilica. The building is constructed in baroque style and is considered one of the best examples of baroque architecture in India. You can visit the Bom Jesus Basillica in December for the best experience of the tradition as the feast and novena take place at that time along with Christmas celebrations.





# A LIMIT OF YOUR KINDNESS

Recently Steve had a car accident. So he put his car in the garage to carry out the repair work. Since he had to go to the job daily, he decided that until the car is ready, he will travel by the metro train. One day, he noticed a homeless person at the train station at night. He felt pity for him, so he gave him some change from his pocket.

The homeless person thanked him for it. Next day again, he noticed the homeless person at the same place. This time Steve thought to get him something to eat, so he went outside the station and brought him a meal. The homeless person thanked him for his kindness. But Steve got curious and asked

him, "How did you get to this point?"

The homeless person looked up at him and with a smile, he said, "By showing Love." Steve did not understand it, "What do you mean by that?" The homeless person replied "Throughout my life, I made sure that everyone was happy. No matter what was going right or wrong in my life, I always helped everyone."

Steve asked him, "Do you regret it?" to which the homeless man replied, "No, It just hurts my soul that the very people I gave the shirt off my back to wouldn't give me a sleeve of that same shirt when I was in need. Son, it is better to build your own house and invite someone in for shelter than to hand them your bricks while you are building yours. Because one day you will turn around and look at the spot where



VIGNESH NTHYANANDAM -11C

you had planned to build your house. It will be an empty lot. Steve understood what the homeless person meant and thanked him for the good advice.

Moral: Helping others is not a bad thing at all. But sometimes, while we are helping others, we forget our own problems and needs. One must remember that sometimes sharing is better than giving away.

### THE CAGED BIRD



One day I could see the blue sky
One day I could see the greenery
One day I could see the shining stars
But Alas!

I must return, I must go back to my cage The light gone from eyes,

To be replaced with darkness

Gone were the days, I could laugh and play, Gone were the days, I could laugh for no reason.

But alas!

I must return,

I must go back to my cage, Where I can't see anyone but

Me, myself, and I

I wish I could see my friends, I wish I could fight with them,

How silly of me to even think that!

But when you're caged,

You don't know when you could fall apart,

The only person who used to speak to you, Vanished into thin air

Faces become voices, voices that fill your worst fears

But alas!

I must return; I must go back into my cage

Where I cry, due to rage, of my freedom being curtailed



SAMEEKSHA SHIJU

I can't keep silent; I need to be free

Just for a day, I want to reach for the stars I wan to lay splayed on the grass,

I want to laugh and play

I want to see my friends, fight with them,

Hear their voices, see their faces, as long as

I'm free

I don't need to hear the vortex of voices, Adding to my fears, counting down to the

days I'm destroyed Let me go, set me free!

Let me see the beautiful world......

#### Work is love made visible

And if you cannot work with love but only with distaste, it is better that you should leave your work and sit at the gate of the temple and take alms of those who work with joy.

# WERLD in a Nutshell



2-DG, DRDO's Anti-COVID Drug, Now Cleared For Emergency Use: In a major breakthrough in the fight against COVID-19, the Drugs Controller General of India has approved an anti-COVID oral drug, developed by DRDO, for emergency

use as adjunct therapy in moderate to severe coronavirus patients. The therapeutic application of the drug 2-deoxy-D-glucose (2-DG) has been developed by Institute of Nuclear Medicine and Allied Sciences (INMAS), a lab of Defence Research and Development Organisation (DRDO), in collaboration with Dr Reddy's Laboratories (DRL), Hyderabad. It said clinical trials of the drug 2-deoxy-D-glucose (2-DG) showed that it helps in faster recovery of hospitalised patients and reduces supplemental oxygen dependence.



U.S., China agree to cooperate on climate crisis with urgency: The United States and China, the world's two biggest carbon polluters, have agreed to cooperate with other countries to curb climate change. "The United States and China are

committed to cooperating with each other and with other countries to tackle the climate crisis, which must be addressed with the seriousness and urgency that it demands. China and the United States are the world's top carbon polluters, pumping out nearly half of the fossil fuel fumes that are warming the planet's atmosphere. Their cooperation is key to a success of global efforts to curb climate change.



Guwahati among 2 Asian cities in zerowaste challenge: Guwahati is among two urban centres in Asia - and three across the continents - featuring in a zerowaste cities challenge launched by U.K.based international NGO WasteAid to find

entrepreneurs with innovative ideas that help reduce or recycle and create green employment opportunities. The competition is part of a programme to encourage a circular economy and inclusive livelihood opportunities in these cities. The only other Asian city featuring in this challenge is Vietnam's Ho Chi Minh City. Two winners in each city will be awarded €10,000 and mentoring support to help make their idea a reality,"



India's National Education Policy is futuristic: Prime Minister Narendra Modi on Wednesday said the new National Education Policy is futuristic and as per world standards, and aimed at fulfilling Dr S Radhakrishnan's vision of education that

empowers a student to participate in national development. The Centre unveiled the new National Education Policy (NEP) last year. He said the NEP empowers a student to participate in national development. India is being looked upon as the future centre of Artificial Intelligence, Internet of Things, big data, 3D printing, virtual reality and robotics, mobile technology, geo-informatics, smart healthcare and defence sector. To meet the requirement of various skills, Indian institutes of skills are being set up in three big cities of the country. In Mumbai, the first batch of the Indian Institute of Skills has already started.



CBSE Dost for Life App launched for mental well-being of students: CBSE has launched a new app to help students deal with mental trauma amid the present situation of Covid-19. The Central Board of Secondary Education has launched CBSE

Dost For Life app for psychosocial well-being of students. The app is available on Google Play Store. The app is available for students from classes 9 to 12 in order to help them maintain their psycho social wellness. Earlier, the board was giving counseling through toll-free number across the country. The live counseling sessions will be conducted free of cost, thrice a week by the trained counsellors/principals



**IIT-Bombay converts existing nitrogen** plant into oxygen generator: At a time when there's a shortage of medical oxygen supply in the country for treatment of Covid-19 patients, the Indian Institute of Technology-Bombay (IIT-B), has set up a

demonstration unit to convert nitrogen generators, which are found in all parts of India, into oxygen generators by fine-tuning the existing nitrogen plant set up. The oxygen generated by this plant at IIT-B lab was tested and found to be 93-96% pure and at 3.5 atmospheric pressure.



WHO urges halt on sale of live wild mammals in markets: The World Health Organization called on Tuesday for a halt to the sale of live wild mammals in food markets to prevent the emergence of new diseases such as COVID-19. The WHO

said because traditional markets play a central role in providing food and livelihoods for large populations, banning the sale of live wild mammals could protect the health of market workers and customers alike. Animals, particularly wild animals, are the source of more than 70% of all emerging infectious diseases in humans, many of which are caused by novel viruses. Wild mammals, in particular, pose a risk for the emergence of new diseases.



India-France sign agreement for cooperation on Gaganyaan mission:
Space agencies of India and Francesigned an agreement for cooperation for the country's first human space mission Gaganyaan, the French space agency

CNES said. The agreement was announced during French Foreign Affairs minister Jean-Yves Le Drian visit to the Indian Space Research Organisation's (ISRO) headquarters. Under the terms of the agreement, CNES will train India's flight physicians and CAPCOM mission control teams in France for the development of microgravity applications and space operations at CNES in Toulouse and at the European Astronaut Centre (EAC) in Cologne, Germany," . The agreement provides for the CNES to support implementation of a scientific experiment plan on validation missions, exchange information on food packaging and the nutrition programme, and above all the use by Indian astronauts of French equipment, consumables and medical instruments.

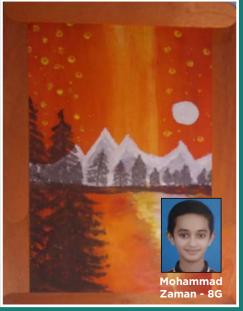
# Art Gallery - Secondary













# EPletionary

- 1. **Abjure:** renounce upon oath; abandon forever Usage in a sentence: He will abjure his allegiance to the king.
- 2. Calumny: false statement maliciously made to injure another's reputation; slander Usage in a sentence:He could endure his financial failure, but he could not bear the calumny that his foes heaped upon him.
- **3. Conundrum:** riddle; difficult problem; dilemma Usage in a sentence:For this reason, the best way out of this conundrum is a political compromise.
- 4. Deleterious: having harmful effect; injurious; having quality of destroying life; noxious; poisonous Usage in a sentence: If you believe that smoking is deleterious to your health, then quit!.
- 5. Ebullient: showing excitement; overflowing with enthusiasm Usage in a sentence: Amy's ebullient nature could not be repressed; she was always bubbling over with excitement.
- **6. Extol:** praise highly; glorify; celebrate Usage in a sentence:In his speech, the president will extol the astronauts, calling them the pioneers of the Space Age
- Feral: not domestic; wild; existing in wild or untamed state
   Usage in a sentence Abandoned by their owners

Usage in a sentence: Abandoned by their owners, dogs may revert to their feral state, roaming the woods in packs.

- **8. Florid:** reddish; elaborately or excessively ornamented
  - Usage in a sentence:If you go to beach and get a sunburn, your complexion will look florid.
- Inchoate: recently begun; imperfectly formed or developed; elementary

Usage in a sentence: Before the Creation, the world was an inchoate mass.

10. Myriad: of very large or indefinite number; of ten thousand

Usage in a sentence: In China, for example, where a number of different dialects are spoken, the same character can be pronounced in myriad ways.



#### **INTERNATIONAL NURSES DAY**

International Nurses Day is celebrated every year on May 12th, the birth anniversary of Florence Nightingale, who was the founder of modern nursing to mark the contributions that nurses make to the society. The International Council of Nurses (ICN) has celebrated this day since 1965. As, the Covid-19 pandemic has reached its peak, this year is not like every other year. The health care workers have a lot to do. In 2020 and 2021, we have seen the devastations caused by the Covid-19 pandemic. In almost two years since the pandemic began in 2020, the world has seen over 160 million coronavirus cases and over 3 million deaths worldwide. The pandemic has burdened our health infrastructure unlike ever before. However, despite the magnitude of the situation, our health workers - doctors, nurses and others - have been at the forefront fighting the virus and saving lives. Nurses are the backbone of our healthcare system who have been risking their lives for months.

Their role has increased manifold since last year, when COVID-19 struck the world. Nowadays, nurses all over the world are performing their duties non-stop, often risking their own lives. Many people have been saved by them alone, especially in rural areas.

The theme for the 2021 resource is Nurses: 'A Voice to Lead - A vision for future healthcare'. In 2021, we seek to show how nursing will investigate the future as well as how the profession will transform the next stage of healthcare.

Being a nurse isn't an easy job to do, so let us all spare a minute to honor them for their selfless dedication and service to the society. A big salute to all the frontline workers for all that you do for the world during these tough times,

'YOU ARE OUR REAL HEROES'.



THE INDIAN
COMMUNITY SCHOOL
KUWAIT

#### The Indian Community School (Senior) Salmiya

Tel: 25629583, 25659126, 25613260, 25623370

Fax No: 25652308

Website: www.icsk-kw.com Email: senior@icsk-kw.com

### The Indian Community School (Junior) Salmiya

Tel: 25613344, Fax No: 25652308 Website: www.icsk-kw.com Email: junior@icsk-kw.com

#### The Indian Community School Khaitan

Tel: 24717193, Fax No: 24717192 Website: www.icsk-kw.com Email: khaitan@icsk-kw.com

#### The Indian Community School Amman St.

Tel: 25624405 / 25624397 Fax No: 25624318

Website: www.icsk-kw.com Email: amman@icsk-kw.com