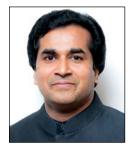




MONTHLY MAGAZINE THE INDIAN COMMUNITY SCHOOL (SENIOR) **KUWAIT**

📵 EMOTIONAL 🕑 PHYSICAL 🕕 INTELLECTUAL C CULTURAL 🍮 SPIRITUAL

JUNE 2021



PRINCIPAL'S MESSAGE

Dear Children,

Welcome to the June edition of EPICS. I know that you are enjoying your summer vacation. Summer break brings unique opportunities to learn and develop social skills. Always be active and healthy, do exercise,

read books, go for stargazing, participate in discussions etc. These activities will create a positive momentum in your life. In this edition of EPICS, let's discuss about the factors influencing immune system of our body.

Your habits and behaviour have an impact on your immune system. Here are 6 behaviours that may influence your immune system.

1.Have enough Chit-Chat

It is becoming more and more clear that social interaction is not only healthy for the mind but also for the body. Our social behaviour contribute a lot to our wellbeing. Research shows that we are more prone to sickness when there is a low level of social interaction at home, work and within the community. When we lack social engagements, our brains get flooded with anxiety-generating chemicals, and we end up living shorter lives than our more sociable friends.

2. Have enough sleep

Staying up late and waking up early is associated with a weak immune system that has a reduced amount of killer white blood cells to fight germs and viruses with. A study conducted by the University of Chicago found that men who sleep only 4 hours a night for 1 week, only produced half the number of antibodies designed to fight off flu, compared to those sleeping 7-8 hours per night. Sleep affects our physical and mental growth. Less amount of sleep leads to stress, decline in hormones, a weak immune system, loss of appetite, respiratory issues, blood pressure and cardiovascular problems." Research shows that lack of sleep increases the risk for obesity, heart disease and infections too.

3. Be optimistic

A study, which tracked changes in optimism and immune response among first-year law students, found that as students became more optimistic, they showed stronger cell-mediated immunity, and a flood of immune cells that responded to an invasion by foreign viruses or bacteria. Research has proven that people who tend to look at a

half filled glass of water as half empty, have more stress in their lives and worse health conditions. Those that are more optimistic, have a higher T cell count, a better immune response, and more powerful white cells. Optimistic people take better care of themselves and their health. It is for certain, that a negative look at life will cause your body to get depressed, and affect your immune system.

4. Avoid stress

If you repeatedly feel anxious and stressed out, or if this anxiousness lasts for a longer period of time, your body will never get the signal to return to normal functioning. This can weaken your immune system, leaving you more vulnerable to viral infections and frequent illnesses. Further, if you have anxiety, your regular medicines may not work as well. When you are under stress, your immune system starts experiencing a decline in its ability to fight infections, virus and germs. Periods of stress that do not let up quickly will cause your killer cell count to drop and turn your immune system more sluggish. The best remedy to remain de-stressed is to do exercise and practice meditation.

5. Keep Antibiotics away

Antibiotics were invented to fight serious infections and germs. Taking antibiotics every time, you have a slight illness or a few symptoms of illness will cause your body to develop a more serious resistance to antibiotics, and you will become vulnerable to more serious cases of infection. Research has found that patients tending to take a lot of antibiotics have a more suppressed immune system, which means you will get sicker in the future. With the intake of antibiotics for mild sickness, you are just postponing this mild sickness for a more serious illness down the line. Only take antibiotics when you have a bacterial disease, do not use them to prevent illness unless instructed to, specifically by your doctor.

6. Why so serious

This may be no laughing matter, but your immune system loves inner smile and laugh. Research has shown that emotions accompanying real laughter cause a decrease in the level of stress hormones in the body as well as decrease or damage to certain immune cells. In a recent research conducted at the Loma Linda University of Medicine, California, adults watching a funny video for as little as an hour showed significant increases to their immune system activity. Laugh more, people! Enjoy your favourite comedies, meet with your funniest friends, read silly comics and memes and just open yourself to funny experiences!

Have a wonderful and Blessed Summer Vacation!!!

EDITORS' NOTE

AASHIRVAAD' -THE BLESSING **CEREMONY**

SCHOOL'S SENATE, 2021 AT ICSK SENIOR

SENIOR CULTURAL FIESTA' A VIRTUAL ART FESTIVAL 2021

SPANDAN - ICSK'S CHARITY FORUM 2021-22

"ISLAMIC **BANKING &** FINANCE"

EPITRAVEL -LONDON

BIRTHDAY ARCADE - JUNE

DISCOVER OF INDIA - PUNJAB

WORLD IN A **NUTSHELL**













SCAN THE OR CODE AND FIND OUR UPDATES ON

EDITORS' NOTE

Dear Children

Greetings from the editorial board.

One afternoon, I went for a walk with a friend in the suburbs. Suddenly, an old man in tattered clothes approached us with a bag of green vegetables in his hand. The sales of those vegetables on that day were very poor, the leaves seemed dehydrated and yellowish and there were holes in them as if bitten by insects. But my friend bought three bags without saying a word. The old man also embarrassedly explained: "I grew these vegetables myself. It rained a while ago, and the vegetables were soaked. They look ugly. I'm sorry."

After the old man left, I asked my friend: "Will you really cook these when you go home?" He didn't want to say no to me. " These vegetables can no longer be eaten."

"Then why did you take the trouble of buying them?" I asked.

He replied, "Because it is impossible for anyone to buy those vegetables. If I don't buy it, the old man will probably have no income for today."

I admired my friend's thoughtfulness and concern, so I caught up with the old man and bought some vegetables from him. The old man said very happily, "I tried to sell them the whole day, but no one was ready to buy them. I am so happy that you both were willing to buy from me... Thank you so much."

Several handfuls of green vegetables that I can't eat at all taught me a valuable lesson.

When we are in a low ebb, we all hope that miracles will happen to us; but when we are capable, are we willing to be the one who creates miracles? After reading this story you have two choices

- 1) You can spread it, spread the positive message, and make the world love more.
- 2) You can also ignore it fully as if you never saw it.

However, your little sharing action may illuminate the destiny of countless unfortunate people. People become successful not only because their dreams get fulfilled, but also even more successful because of their compassionate deeds. You become transformed when you are willing to learn to be compassionate to others.

Send your valuable contributions to epicseditor@icsk-kw.com









Mrs. Merine Joby



Understanding is the first step to acceptance, and only with acceptance can there be recovery.- J.K. Rowling



Resolutions, intentions and goals can serve as guides to an amazing life. But what happens when we don't meet and achieve them? Maybe last year wasn't the year you conquer goals or enjoyed much. It's easy to

get down about falling short of our own expectations. In the end, though, it's less about the idea of blind acceptance, and more about let's look how to practice the value of acceptances.

Acknowledge always:- To be clear, accepting yourself doesn't imply weakness or mean giving up and staying in the same place. Practicing acceptance means respecting the process and your current place, and also acknowledging that everything is or can be temporary. Thinking of a situation in terms of the way it makes you

Acceptance is an active process. It must be practiced .:-Remember that accept is a verb. It's an active process, one that must be practiced consciously. It's rare that we one day choose to accept our emotional or physical pain, our bodies, our difficult relationships, or our pasts, and never think about it again.

Forgiveness:- You can't grow without forgiveness. But know that it's a process, and it will always take time. Forgive others for things forgive yourself if things don't change quickly enough. It is natural to vacillate back and forth between feelings of acceptance and feelings

Start with self:- Nobody gets very far by being hard on themselves, especially when the criticism is unwarranted. A positive mind pushes doing better, any shortcoming begins to matter less. Realize also that there are things you can let go of, things that don't serve you or your current situation.

"For after all, the best thing one can do when it is raining is let it rain"

H.E Shri. Sibi George, Indian Ambassador showers his blessings on the outgoing students of class 12, at ICSK Senior's 'Aashirvaad' – The Blessing Ceremony



"Savour the Success of the Past, Enjoy the Blessing of the Present & Look Forward to the Promises of the Future"

ICSK shapes each of its students to become Global Citizens. It nurtures them academically, socially and gives them abundant opportunities and platforms to recognize their potentials and develops each student to build a charismatic personality. The successful journey of the students with ICSK culminates with the completion of class 12. Each year an auspicious program 'Aashirvaad' is held to bless and appreciate the outgoing students of Class 12. This year, we were honoured to have H. E. Shri. Sibi George. The Ambassador of India to Kuwait as the Chief Guest who virtually showered the Students with his blessings and addressed the gathering with his inspiring and motivational words.

This year's virtual blessing ceremony 'Aashirvaad' was held on 3rd June, 2021. Dr. V. Binumon, Principal and Senior Administrator, ICSK Senior gave a warm and heartfelt welcome to the Chief Guest, H.E. Shri. Sibi George. The Ambassador of India to Kuwait. He also welcomed the Honourable Chairman Mr. Sheik Abdul Rahman, and Honourable members of the Board of Trustees of ICSK, Principals, Vice-Principals and Deputy Vice Principals of all the branches, Academic Supervisors, Subject HOD's, Class teachers, Subject teachers, Parents and Students. He showered his blessings on the students of Class 12, wishing each one of them a bright and prosperous future. Mrs. Srikala Dileep, HOD department of Social Science, warmly welcomed the Chief Guest and presented an insight into his dedicated achievements, honours and numerous prestigious portfolios held by him.

H. E. Shri. Sibi George blessed the students and addressed them with his inspiring words. He congratulated the graduates, who have managed through an extraordinary academic year with resilience, through online mode of teaching, the new normal. He motivated them by narrating the success stories of Christopher Columbs, Edmund Hillary and Neil Armstrong and Tenzing Norgay, who against all odds were successful, all four having one common guiding force - FIRM DETERMINATION. He then inaugurated the program by a virtual lamp lighting ceremony followed by him graciously presenting the Academic Excellence Awards and Mementos to the graduating students. Honourable Chairman Mr. Shaik Abdul Rahiman thanked the Chief Guest for his gracious presence and presented a digital memento as a token of gratitude.

Reminiscence speeches were given by student's representing – School Senate, Science, Commerce, Humanities and afternoon session. They expressed their heartfelt gratitude to all the mentors. There



after each students photo with parents and the students' career aspirations was virtually displayed. Digital Mementos of Appreciation with Blessings was presented to each student by the distinguished Hon. Chairman, Mr. Shaik Abdul Rahiman, Hon. Vice-Chairman, Mr. Vinukumar Nair, Hon. Secretary Mr. Azharuddin Amer Mohammed, Dr. V. Binumon, Principal and Senior Administrator, ICSK Senior, Mr. Rajesh Nair, Principal ICSK Amman, Mr. K.Gangadhar Shirsath, Principal ICSK Khaitan, and Mrs. Sherly Dennis, Principal ICSK Junior.

The Teachers blessed the student through a video presentation 'Vistas of Blessings'. Then candles were lit by everyone, where parents transferred the flame from their candle, to their wards, symbolizing the transfer of hope, love and knowledge. This was followed by a prayer by Dr. V. Binumon, who sought the blessings of the Almighty for the success and prosperity of each student. This was followed by Exhortation, by Mrs. Susan Rajesh, Vice-Principal, ICSK Senior. Finally the vote of thanks was given by Mrs. Mini Shaji, Dy. Vice-Principal ICSK Senior, she registered her heartfelt gratitude to H.E. Sibi George for gracing the occasion with his benevolent presence, the Honorary Board of Trustees, and all present.



BEST STUDENT - MAY



JESWIN SUJU - 12A



ALLEN JACOB ALEX - 12B



ANJANA REVI PRASAD - 12C



KHADIJA KAEED ZOHER - 12D



RENIAL D,'SOUZA - 12E



RICK FERNANDES - 12F



PEARLYN SABITA NAIR - 12G



RAJ KUMAR - 12H



GLORIETA MARY SANJEEV - 12I



FARVEEN BEGUM



VICTOR JOBY - 12K



HARINI MAHADEVAN



MAHIMA THANKAM JOHN - 11B



ANGEL BIJU



KHUZAIMA SAIFEE B. Y. - 11D



GEETHIKA JAYAKUMAR - 11E



RYAN SAVIO SEQUEI-RA - 11F



AYESHA ZAKIR THAKUR - 11G



JOSHUA OOMMEN



GRACY BHAVANA



HETAF PARVEZ WADEKAR - 11J



NATHAN JOHN JIBI



ANDRIYA PIGREZ



TEPHIN DANIEL



ARVIN SHAJI VARGHESE - 10D



YASHILA VEERAMANI



SAKINA SAIFUDDIN



NADIRA NOORUL



DEEPAN RAJA



SHRUTHIKA SIVAKUMAR - 9C



KRITHIKA MURALI KRISHNAN - 9D



AAFIYA ASIF KOTH



ALVIN ANI KURIAKOSE - 8A



JOSHUA GEORGE VENGAL - 8B



JENESSA AMY MATHEWS - 8C



AASHITA UPADHYAY



SHABBIR HUSAINI



AKSHAJ ANIL KUMAR



RUHAANEE SINGH



BETSY SUSAN JACOB



RACHEL VERBEA PEARL -7C



ANGEL ALEENA BIJU
- 7D



HEAVEN SAM SHINE - 7E



ASHRITH RAM



It is just another average day, and you are taking your normal commute to work. The birds are chirping, the sun is shining, it is the rush hour in the Mumbai local and everything seems to be going well. You look to your right to see an elderly blind man struggling to move about in the large crowd, being constantly pushed aside. You do what most people do and just turn your head like you do not even notice him. It is not easy to live in India if you're one of the millions of persons with disabilities. There are not enough ramps for wheelchairs, pavements are unfriendly to the blind, public transportation does not have special facilities for people with disabilities, and there is little to no representation of their community in our governments. But more then all these structural problems, people who suffer from disabilities say that the biggest obstacle

to their inclusion in everyday society is the crass and backward mental attitude that sections of our own society have towards these persons.

There is a dire need to make public understand that these specially abled people do not want our sympathy, rather they want our encouragement and respect. We all need to develop a warm heart for them. After all they are also a part of our society. We must help them out but without hurting their dignity. As we forge ahead into a brighter and a better world, we need to hold the hands of the disabled people and take them along with us for one never knows in whom a Stephen Hawking or an Albert Einstein is hidden. It is high time to make India a discrimination-free and inclusive society where the disabled have the right of space like all others.

I would like to conclude this article with a poem from Jacqueline Colaco an exhockey player and she is currently an active campaigner for disability rights after developing an arthritis illness.



RYAN HENRY DIAS

Beatitudes

Blessed are they who don't shun me, just because I have a disability. Blessed are they who make me feel, that I should be given an equal deal. Blessed are they who think I should be, given a chance to develop the skills in me. Blessed are they who because I am blind, don't also think I have no mind. Blessed are they who do not balk, when I dribble all over or struggle to talk. Blessed are they who looked away. when I was clumsy at meal time today. Blessed are they who give me way, knowing I can't stand as long as they. Blessed are they with a cheery smile, who stopped to chat for a little while. Blessed are they who see in me, a person of worth and ability.

H.E Shri. Sibi George, Indian Ambassador inaugurates the School's Senate, 2021 at ICSK Senior



Leadership is a quality where vision can be transformed into reality!!!

ICSK nurtures and gives numerous opportunities and platforms to its students to bring out the leadership potentials in them. The Prefectorial Council of the School conscientiously conducts the SENATE elections each year giving the students a platform to recognize and develop the ingrained leadership qualities in them. This year, we were honoured to have H. E. Shri. Sibi George, Indian Ambassador to Kuwait as the Chief Guest who virtually inaugurated the Investiture Ceremony and addressed the gathering with an inspiring and motivational speech.

Students who wish to stand for the elections under various heads and categories go through a transparent process – from submissions of nominations to being personally interviewed by the selection committee consisting of eminent members of the school administration followed by the selected candidates canvasing for themselves and lastly a fair voting system is initiated, where students cast their vote through and online system to maintain transparency. The elected candidates are then sworn in during the Investiture Ceremony. This year the entire process was conducted via online mode.

This year's virtual Investiture Ceremony was held on 23rd May, 2021. Mrs. Deepa Biju, the school Senate Advisor, gave a warm welcome to the Chief Guest H.E. Shri. Sibi George(the Ambassador of India to Kuwait), the Board of Trustees, Dr. V. Binumon (Principal and Senior Administrator Senior), Principals, Vice-Principals and Deputy Vice Principals of all the branches Academic Supervisors, Subject HOD's, Class teachers, Subject teachers, Parents and Students.



Hon. Secretary of Board of Trustees, thanked and presented a digital memento a token of gratitude to the Chief Guest. He congratulated the newly elected Senate Members.

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H. E. Shri. Sibi George lauded the vision and efforts taken by Dr. V. Binumon for conducting and organizing such mammoth events and that too online. He also praised the indomitable spirit of the staff members. He then sympathized with the situation that people are facing due to the global pandemic. He also commented on the development of technology and knowledge in the past few years and recommended reading an interesting book called The World is flat, by Thomas L. Friedman. Next, he took an excerpt from the Mahabharata, where Dronacharya asks his students to shoot only the glass eye of a wooden bird on a tree, where only Arjun manages to; which indicates focus and an unwavering mind. He expressed that everyone should make use of opportunities given and takes part in all school activities.

He informed about the initiation of two competitions for school students by The Indian Embassy - The Ambassador's Cup for Elocution&The Ambassador's Cup for Debate. He also introduced the 'Familiarization Program' where he stated that after everything gets back to normal the students could visit The Indian Embassy for a tour. Mr. Azharuddin Amer Mohammed,

The oath taking ceremony of the newly elected Senate Members took place which was administered by Dr. V. Binumon. The badges were conferred to the students by their parents. After the oath taking ceremony, there was a soothing song sung by the students. It was followed by a speech by the newly elected President Miss. Omairah Farhaan Haspatel. She gave a brief insight into what changes the new senate would be bringing about in this academic year, house competitions and activities, EPICS magazines in audio format, to name a few.





ICSK, SENIOR SCHOOL SENATE 2021-22



OMAIRAH FARHAAN HASPATEL 12G - PRESIDENT



ASHTON AFFOS 12D - SPORTS CAPTAIN



ANJANA REVI PRASAD 12 C - ARTS CLUB **SECRETARY**



RYAN HENRY DIAS 11I - STUDENT EDITOR



JACOB KURIEN PONNATTU 11 F - VICE PRESIDENT



AMEENA HAMZA E. V 111 - VICE PRESIDENT



RINKLE KALPESH GUDIWALLA 11E - ASST. SPORTS CAPTAIN



JESSLYN SARA VARGHESE 11E - ASST. ARTS CLUB SECRETARY



JOHANN PREMJITH 10B - ASST. STUDENT

HOUSE CAPTAINS

LEADERS

REUBEN RENJI SANIA KAUR VARUGHESE - 12G CHADHA - 12B

WINNERS



AARON SHALU JOHN - 12F



ZOHAIB MOHAMMED ALI - 12B

ASST. HOUSE CAPTAINS

LEADERS



RACHEL ANNAMALAI - 11B



MABEL EMILIE VIEGAS - 11F



SIHAAM MOHAMMED YUSUF - 11A



EVELYN CISAL JOECHIM - 11A



MRS. DEEPA BIJU SENATE ADVISOR

IENTORS

LEADERS



MR. JACOB GEORGE



MRS. JAYSHREE SHETTY



MRS. BINDHU MADHU

WINNERS



MR. RIYAS MOHIDEEN



MRS. BINU JACOB



VICTORS



MR. ANURAG NARAIN SINGH



MRS. APARNA KULKARNI MRS. NAGMA AHMED

ACHIEVERS



MR. YUSUF SHABEER **MRS. MERINE JOBY**



MRS. ANITHA M.



Talent Bonanza by ICSK'ites, Senior 'Cultural Fiesta' A Virtual Art Festival 2021



ICSK held A Virtual Art Festival 'Cultural Fiesta' on 9th June, 2021 to give a platform to its students to showcase their talents. The Chief Guest for the inaugural function was Dr. Sohan Roy, Founder, Chairman and CEO of Aries Group of Companies, Film Director and Producer

Dr. V. Binumon, Principal and Senior Administrator ICSK Senior warmly welcomed the Chief Guest, Hon. Board Members, teachers, parents and students. He motivated the students with a quote, "Rise up according to the situation." He spoke about leadership and its qualities; about how exams must be looked as a celebration of the mind; the importance of discovering one's talents and participating in activities where one can express the same; and remaining confident in life. He wished good luck to all the performers.

Mrs. Mini Shaji Joseph, Deputy Vice Principal ICSK Senior, gave a brief summary of the highly acclaimed achievements, honors and

the countless hats donned by the Chief Guest. Dr. Sohan Roy is a film director and producer, with experience in Indian and International cinema direction and production, and is a Hollywood director as well. He has been a recipient of many awards and honors from universities and organizations around the globe.

Dr. Sohan Roy greeted everyone present and reminisced about his school and college days, where he used to participate in every art festival held. He discovered his spark in drama while in school. He spoke about time management by stating – EFFISM 'Efficiency Improvement System Management' which says - divide your time in equal ratios for karma, body and mind and when it is balanced, the person is at his best. He also

spoke about the unbelievable happiness that he gets while writing poems. He added that every person is born with a talent, waiting to be discovered. He concluded his address by wishing good luck to the participants. Mrs. Susan Rajesh, Vice Principal, ICSK Senior thanked the Chief Guest for his motivating words and invited him to virtually inaugurate the Cultural Fiesta by lighting the inaugural lamp.

A large number of students showcased a wide array of their talents over the course of the day namely Instrumental Music, Beatboxing, Solo singing, Cinematic Dance, Puppet Show and Classical Dance; entertaining the students of ICSK on their last day of the term before the school closed for the summer vacations.



FRIED DONUT RECIPE



Inaredients

- 2 Tablespoon Sugar
- 1 1/4 Cup Lukewarm Milk
- 1 1/4 Teaspoon Yeast
- 1/2 Teaspoon Salt
- 1 Egg
- 2 Tablespoon Cooking Oil
- 2 Cup all purpose flour
- Coloured Sprinkles as needed

How to Make Easy Homemade Donut 8. Recipe

- . Pour lukewarm milk in a bowl. Add veast, sugar and salt and mix well.
- 2. Keep aside for 10 minutes so that the yeast blooms.
- Add 1 whole egg to the milk mixture t,hen pour in 2 tablespoons of oil and combine well.
- 4. Add in flour and mix until there are no lumps in it but keep kneading to get a soft dough.
- 5. Now place in a large bowl and coat with
- Keep covered in a warm place for about
 hour. Punch and knead the dough again.
- 7. Divide the dough into two portions.

- b. Dust the surface, and place one dough portion and flatten it.
- The flattened dough should be about 1/2" thick.
- 10. Now, with the inverted SANIYAASIF
 glass bowl, cut out a -11A
 circle shaped dough. The center o
 each dough can be further cut to form
- 11. Heat a pan with cooking oil. Fry them in
- 12. Fry until both sides are golden brown in colour
- Melt the chopped dark or milk chocolate for one min in the microwave.
- Dip each doughnut in it, or drizzle chocolate on the donut.



EPITOME OF SUCCESS BARACK OBAMA



Barack Hussein Obama (born August 4th, 1961) was the 44th President of the United States and the only African American to hold the office.

Obama's father, Barack Sr., an economist born in rural Kenya met his mother Ann Dunham, when they were both students in Hawaii, where Obama Jr. was born. Before fifth grade, he relocated to Honolulu to live with his grandparents and attend Punahou School on scholarship. After spending two years in Occidental College, LA he transferred to Columbia University where he

studied political science and international relations. Following graduation in 1983, he participated in community service projects, coordinating with churches to improve housing conditions and create employment for those affected by closure of steel mills. In 1988, he enrolled in Harvard Law School and created headlines as the first African American president of the Harvard Law Review. Returning to Chicago, he joined a small law firm specializing in civil rights.

Barak Obama was elected to the Illinois Senate in 1996 and to the US Senate 2004, where he delivered a much-acclaimed keynote address and was instantly predicted to be a future president. In 2008, he was

elected over Arizona Senator John McCain.

As a newly elected president, Obama faced many challenges—an economic crisis, wars in Iran and



SHREYA NARAYAN

Afghanistan, as well as terrorism. He proposed to revive the economy and restore America's stature in the world. He signed three signature bills: an omnibus bill to stimulate the economy, legislation making health care more accessible and affordable, and legislation reforming the nation's financial institutions. In 2009, Obama became the fourth US president to receive a Nobel Peace Prize.





International Workers' Day, also known as Labor Day in most countries and often referred to as May Day, is a celebration of laborers and the working classes that is promoted by the international labor movement.

May Day has been a focal point for demonstrations by various socialist, communist and anarchist groups. May Day is one of the most important holidays in communist countries such as China, Vietnam, Cuba, Laos, North Korea, and the

former Soviet Union countries. May Day celebrations in these countries typically feature elaborate workforce parades, including displays of military hardware and soldiers.

May Day has been recognized as a public holiday, and it continues to be celebrated with picnics and parties while serving as the occasion for demonstrations and rallies in support of workers.



SPANDAN - ICSK'S CHARITY FORUM 2021-22

The Indian Community School Kuwait, Senior's 'Charity Programme' is unparalleled not only in Kuwait but also in India. Since its launch in September 2014, 133 Cancer patients have been given cash assistance of KD 150 each through this charity fund. The school has also extended its benevolence to the flood affected people of Kerala by

contributing 21 lakh rupees. The charity programme at ICSK Senior aims to help the cancer-stricken destitute people.

It also has the most far-reaching effect in creating a better society by inculcating empathy in its students.

EXECUTIVE COUNCIL



AKASH RENJI - 11E **TREASURER**



TUHIN MIZAN - 12J JT. SECRETARY



GAURI - 9B VICE PRESIDENT



ANGEL BIJU - 11C SECRETARY



ABEL JOSEPH - 12C **PRESIDENT**



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(PARENT)



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MRS. SUSAN RAJESH POTHEN VICE PRINCIPAL



DR. V. BINUMON **PRINCIPAL &** SENIOR ADMINISTRATOR

MOTHER



In tough times, she stood by your side, Her arms were the safest place to hide.

She bore the pain and gave you a life, She never bothered others, though she was a wife.

From childhood she was there in your every cry, But now, perhaps you don't even want her to pass by.

Though your actions hurt her, She always stood with a smile. She taught you to become a mother, Just the way she bought you up a while.

A mother is an emotion to die for, And a feeling to always stand for.

arden



- "Don't let what you cannot do interfere with what you can do. -John Wooden
- "The best way to predict your future is to create it." - Abraham Lincoln.
- "Time isn't the main thing. It's the only thing." - Miles Davis.
- "In the middle of difficulty lies opportunity." - Albert Einstein.
- "Not all of us can do great things. But we can do small things with great love." - Mother Teresa.

A LESSON IN CHARITY BY ICSK'S CHARITY FORUM - SPANDAN

ICSK's CHARITY FORUM - SPANDAN has organised a charity session on 9th June 2021 for contributing towards the cause of 4 cancer patients. In the session Dr V. Binumon, Principal & Senior Administrator ICSK unveiled the Logo of ICSK's CHARITY FORUM-SPANDAN. As rightly said, "We make a living by what we get, but we make a life by what we give." The students of ICSK Senior learn an invaluable lesson through this unique charity programme. As a consequence,

birthday celebrations and special occasions have taken a new meaning at ICSK Senior. The students are encouraged to make a voluntary donation on their birthdays, by sacrificing something from their lives.

The Staff members also contribute to this fund. The money collected is distributed once a month to the needy Cancer patients who are identified and sent to the school by the Kuwait Cancer Center. Mr. Mizan Prothan,

Mr. Bulbul Ahmed, Mr. Santhosh Kumar and Mr. Ramachandra were handed over the amount of KD 150 each by the student executive council in the presence of the member teachers and parents. The school magnificently succeeded to generate a feeling of empathy and social commitment among the students through the charity programme. Students are made to learn that charity is one of the noble tasks that a human should practice in his/her life.

BIRTHDAY CUM CHARITY FUND

BALANCE SHEET FOR THE MONTH OF JUNE 2021

| INCOME (FEBRUARY 2020) | KD | EXPENDITURE (DECEMBER) | KD |
|--|----------|------------------------|---------|
| Balance c/f from February 2020 | 2999.570 | 1. Cancer Patient | 150.000 |
| | | 2. Cancer Patient | 150.000 |
| | | 3. Cancer Patient | 150.000 |
| Balance c/f from February 2020 | 2399.570 | 4. Cancer Patient | 150.000 |
| Contribution from Staff & Miscellaneous | 51.355 | | 600.000 |
| from February 2020 to March 2021 | | | |
| Contribution from students May & June 2021 | 32.500 | | |
| | | | |
| Balance in hand | 2483.425 | | |

BIRTHDAY FUND AND CHARITY FUND COLLECTION - MAY 2021

| CLASS / SEC | Birthday Fund | Charity Fund | Sub Total |
|-------------|---------------|--------------|-----------|
| 8B | - | 17.500 | 17.500 |

| | VI CONTRACTOR | |
|-----|---------------|--|
| Y A | | |



BIRTHDAY FUND AND CHARITY FUND COLLECTION - JUNE 2021

| TOTA | ΔΙ | 32.500 | 32.500 |
|------|----|--------|--------|
| 11J | - | 15.000 | 15.000 |





CHARITY CONVENERS - JUNE



NIHAL JAYAKUMAR



NIBIN PHILIP ABRAHAM - 12B



ABEL JOSEPH AYROOKUZHY - 12C



SAPAN SRINIVAS BYNDLA - 12D



MOHAMED THOUFIQ



SHRISTI BHAGAT



HUSSAIN **HAKIMUDDIN - 12G**



VEDENSHI BHAT



DEON DSOUZA



SAMEER MOHD AMBALAT - 12J



HARINI MAHADEVAN - 11A



AYEDA ASIF ALI - 11B



ANGEL BIJU - 11C



VINEETA ANISH - 11D



AKASH RENJI



JYOTSSANA DHYANI STALLONE THOMAS - 11F



- 11G



TASNEEM AHMED - 11H



NAVYA JOB



ALFIE MARIYAM AJU MOHAMMAD RAYYAN



- 10A



EVIN ROBY - 10B



ABDUL ASHEEN - 10C



SAKINA - 10D



BRITTO HAGGAI - 10E



GANGAKRISHNAN VIMALAN - 10F



AARIDA RAFIK CHIKTE - 9A



GAURIKRISHNA VENUGOPALAN - 9B



MELIN JEFFRY



SANA SUDHIR - 9D



MOHAMMED ATIFUDDIN AMER - 9E



RYAN RONY MATHEWS - 8A



ALI HAIDER MAKNOJIYA - 8B



GOPINATH RAJASEKARAN - 8C



YUSUF ATEEB MOHAMMED - 8D



ASMA AASHIF SHAIKH - 8E



AIMAN NAZ



TAHER HUSSAIN TUTAWALA - 7A



RUQAYYAH IMRAN SHEIKH - 7B



JUHI SRI MOLLETI





- 7D

MARIYA AZIZ HUSAIN CC 7E-YUSUF HABIB MERIN ANNA JAISE



KHANJI



Krishndevraya was the emperor of Vijaynagar Empire during 1509-1529. He was the third ruler of the Tulva Dynasty and is considered to be its greatest ruler. Our ancient history tells us that empire that he had the largest empire after the decline of Delhi Sultanate. Krishndevraya has earned 3 titles "Lord of

KRISHNDEVRAYA

Kanada Empire", "Andhra King Scholar" and "King of Three Kings". He was the son of Tulva Narasa Naya. He was married to Srirangapatam 's princess Tirumala Devi and Coorg princess Chinna Devi. He was father to Tirumalumba, Vengalamba and Tirumala Raya (from Tirumala Devi). Krishnadevaraya was rated the most powerful and had the most extensive empire in the subcontinent. Around 1524, Krishnadevaraya was seriously ill. He died soon after in 1529. Before his death, he nominated his brother, Achyuat Dev Raya as his successor.

Travelogues indicate that the king was not only an able administrator but also an excellent general, leading from the front in battle and even attending to the wounded. On occasion, the king changed battle plans abruptly, turning a losing battle into victory. During his reign he kept a strict control over his ministers, and any minister who committed

misdeeds was dealt with severely. He abolished some of the obnoxious taxes such as the marriage fee. A largescale work to obtain water for irrigation around Vijayanagar was also undertaken by him.



NISARG A PATEL

prosperity of the people during his reign. The rule of Krishna Deva Raya was an age of prolific literature in many languages, although it is also known as a golden age of Telugu literature. Many Kannada, Sanskrit, Telugu and Tamil poets enjoyed the patronage of the emperor. The rule of Krishna Deva Raya is known as golden age of Telugu literature. Eight Telugu poets were regarded as eight pillars of his literary .Krishna Dev Raya himself composed an epic Telugu poem Amuktmalyada.

Foreign travelers, such as Paes, Nunez and Barbosa, who visited Vijayanagar spoke

highly of the efficiency of administration and



EP tainment THE WEEKNO



The Weeknd born on 16th February under the name Abel Tesfaye is a popular and talented Ethiopian R&B artist who hails from the beautiful country of Canada. At the age of 17, Abel adopted the stage name "The Weeknd", after he dropped out of his high school. He began his career in 2010 by releasing multiple songs on his YouTube channel under the name "The Weeknd". He later met Jeremy Rose (a producer) and the two collaborated to create three different songs:"The Morning", "What You Need" and "Loft Music". These three songs gained enough popularity to spark an interest in The Weeknd. Later on in 2011,he released 3 mixtapes, "Hose of Balloons", "Thursday" and "Echoes of silence" and quickly earned a following and critical recognition from several mainstream publications and mystique surrounding his identity. In 2012, after he signed with Republic records he rereleased the 3 mixtapes under one album called Trilogy. Kiss Land, his debut studio album was released in 2013. He followed it with Beauty Behind the Madness (2015), which was among the best-selling albums of 2015. With the Billboard Hot 100 number-one singles "Cant Feel My Face" and "The Hills", Beauty Behind the Madness won Best Urban Contemporary Album and was nominated for Album of the Year at the 2016 Grammy's.

The Weeknd's third album Starboy (2016) was a similar commercial success and included the number-one single "Starboy", and also won Best Urban Contemporary Album at the 2018 Grammy's. His fourth album and the most recent album, After Hours (2020), featured the Billboard Hot 100 number-one singles "Heartless", "Save Your Tears", and "Blinding Lights", the latter of which has since become the first ever song to spend over a year in the top ten of the chart.

On February 7th 2021 The Weeknd performed at the Superbowl LV Halftime show. Most years the Super Bowl is the most-watched program on television in America and the second most-watched



program worldwide. From being homeless, to one of the most popular artists in the world today. The Weeknd's story and success inspires us to never give up on our dreams.



How Vaccines Work

defeat the virus. It gives you viruses so you can defeat the virus. The body's defense getting weapons to fight an enemy. It needs training to know when and how to use the how all that works, you need to know how the body's natural defense system works.

multiplies and goes out of that cell to infect

call cells called dendritic cells for help. The broken up viruses to a part called the lymph T cells. Each Helper T cell has a separate set up. Once the dendritic cells find The Helper into the lymph node. In that area there are millions of B cells with a similar set up. When the T cell find the B cell with a similar set up, it activates that B cell and the B cell multiplies to the part of the body where you are being infected. They then attach themselves to the antibodies attached to the virus, they will kill the virus.

After some time, all the cells that took part in the battle will die but some of the B and T cells will survive as memory



becomes a huge problem. This makes you immune to the virus. So, the vaccine must be

Kuwait. Astra Zeneca and Pfizer. Both work in diverse ways but both must activate the dendritic cells that activate the T cells which

ICSK takes the initiative to familiarize its young minds on the concepts of "Islamic Banking & Finance"

'An Investment in Knowledge pays the best Profit'



The Indian Community School, Kuwait advocates the concepts of all-inclusive development in a child. In continuation with its efforts in bringing about awareness and educating young minds, The Department of Commerce organized a talk for the students of Std XI and XII Commerce to familiarize them with the concepts of "Islamic Banking & Finance" on 8th June. 2021.

The Guest Speaker for the webinar was Mr. Mohammed Imad Ali, Chief Executive Officer of Citi Islamic Investment Bank, E.C. Bahrain and Founder of Marifa Academcy of Islamic Banking and Finance. The webinar was graced by the Hon.Chairman Mr. Shaik Abdul Rahiman, Hon. Secretary Mr. Azharuddin Amer Mohammed, the Board of Trustees, Dr. V. Binumon Principal and

Senior Administrator ICSK Senior, Vice-Principal Mrs. Susan Rajesh, Deputy Vice Principal Mrs. Mini Shaji, HOD-Commerce Mrs. Musarrat Parker, Academic Supervisors, teachers and students.

Mrs. Susan Rajesh, Vice Principal ICSK Senior, warmly welcomed the Guest Speaker, Mr. Mohammed Imad Ali, Hon. Chairman Mr. Shaik Abdul Rahiman, Hon. Secretary Mr. AzharuddinAmer Mohammed, the Board of Trustees, Dr. V. Binumon, Principal and Senior Adminstrator ICSK Senior, Mentors and students.

The Guest Speaker begun by giving a very

informative talk on the need and types of finance. He then gave a detailed insight into the core concepts of Islamic Banking& Finance, with a detail explanation on the guidelines followed by the Bank which is strictly based on Islamic doctrines. He also explained the difference in the working and concepts between Conventional banking and Islamic banking and a brief statistics on Islamic banks all around the world.

Honourable Chairman Mr. Shaik Abdul Rahiman presented the Guest Speaker with a digital memento as a token of gratitude and thanked him for sharing such valuable information.





scientific fields. She was the first woman to become a professor at the University of Paris in 1906.

She was born in Warsaw, in what was then the Kingdom of Poland, part of the Russian Empire. She studied at Warsaw's clandestine Flying University and began her practical scientific training in Warsaw. Under her direction, the world's first studies were conducted into the treatment of neoplasms by the use of radioactive isotopes.

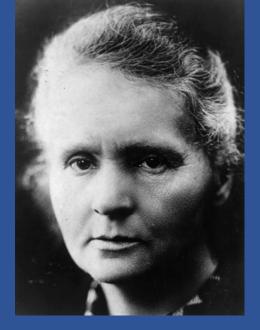
In 1920 she founded the Curie Institute in Paris, and in 1932 the Curie Institute in Warsaw; both remain major centres of medical research. During World War I, she developed mobile radiography units to provide X-ray services to field hospitals. While a French citizen, Marie Skłodowska Curie, who used both surnames, never lost her sense of Polish identity. She taught

her daughters the Polish language and took them on visits to Poland. She named the first chemical element she discovered polonium, after her native country.



GOKUL SREENIVASAI - 11-A

Marie Curie died in 1934, aged 66, at the Sancellemoz sanatorium in Passy (Haute-Savoie), France, of aplastic anemia from exposure to radiation in the course of her scientific research and in the course of her radiological work at field hospitals during World War I. In addition to her Nobel Prizes, she has received numerous other honours and tributes; in 1995 she became the first woman to be entombed on her own merits in Paris' Panthéon, and Poland declared 2011 as the Year of Marie Curie during the International Year of Chemistry. She is the subject of numerous biographical works, where she is also known as Madame Curie.



Marie SalomeaSkłodowska Curie was a Polish and naturalized -French physicist and chemist who conducted pioneering research on radioactivity. She was the first woman to win a Nobel Prize, the first person and the only woman to win the Nobel Prize twice, and the only person to win the Nobel Prize in two

CLASS 12A











NISHINTH



ALEENA MARY ANIL



ANUJ DEEP



ABIGALE IRENE





CLASS 12E

ANNA NIXON







MICAH PRINCE RINU





CLASS 11B

CLASS 11G

CLASS 10B

CLASS 9A



CLASS 11C

CLASS 11H





CLASS 11D

CLASS 12J

CLASS 12K













FEBIN PHILIP JOHN











CLASS 111

CLASS 11E



ABIJAH JEYAKARAN



CLASS 11F





BHANUSREE ARUN SUNIL KUMAR HARSIMAR KAUR





NORAH ZAHUR



ANUSHKA PRATAP



















PRETTY SARA JOHN PRAISE ELSA BINU





NABIA HANIF



FATEMA ALIASGAR



CLASS 10D



IMAN JAVID SAYYED







CLASS 9E













CLASS 8C

CLASS 7B











CLASS 8F











CLASS 8D





CLASS 7A

CLASS 8B

NAHIA SHADABKHAN ABDULLAH QUADRI LINITA KINGSLEY EVAN SANTHOSH





















Explore the Outer World - Dwarf Planets



The thrilling trilogy of space has always made me curious. As we all know, space is a world where we can find galaxies, many planets, stars and more things that are not always present in Earth. We often hear exciting news on space. It is said that 553 people have reached Earth orbit and 15 astronauts and 4 cosmonaut fatalities during spaceflight. In this article lets look into The Dwarf planets which always attract the space lovers.

Dwarf planets are worlds that are too small to be considered full-fledged planets, but too large to fall into smaller categories.In recent years, there's been a lot of hubbub about Pluto losing its status as one of the planets of the solar system. Pluto is no longer considered the ninth planet in the series of major planetary objects, but instead is now just one of the many so-called "dwarf planets." Astronomers estimate that there could be as many as 200 dwarf planets in the solar system and the Kuiper Belt. let's look into few of them

Ceres is the earliest known and smallest of the current category of dwarf planets. In fact, Ceres is so small that it is classified as both a dwarf planet and an asteroid, and is often named in scientific literature as one of the largest asteroids in the solar system. .NASA's robotic Dawn mission arrived at Ceres in 2015. The mission has shown many interesting features on its surface, ranging from various bright spots to a

4-mile-high mountain. Another mission, the European Space Agency's Herschel Space Observatory, spotted evidence of water vapour in 2014.

Pluto

Pluto is the most well known of the dwarf planets. Since its discovery in 1930 and until 2006, it had been classified as the ninth planet from the sun. In 2006, with the discovery of several other rocky bodies similar in size or larger than Pluto, the IAU decided to reclassify Pluto as a dwarf planet. NASA's New Horizons mission flew by Pluto in 2015 and revealed a wealth of surprises. This included zones that are bereft of craters (indicating the surface is relatively young), mountains that are likely as high as 3,500 meters, and even haze above the dwarf planet's surface.

Eris

When it was first discovered, Eris was thought to be the largest of the dwarf planets, with a mass 27 percent larger than that of Pluto. It was the discovery of Eris that prompted the IAU to reconsider the definition of a planet. Further observation went on to suggest that the dwarf planet is slightly smaller than Pluto. The orbit of Eris is



very erratic, crossing that of Pluto and nearly intersecting the orbit of Neptune, but is still more than three times larger than Pluto's orbit. It takes 557 years for Eris to orbit the sun. At its farthest point from the sun, a point that is also called its aphelion, Eris and its satellite Dysmonia travel far beyond the Kuiper Belt. The surface of Eris is likely nitrogen and methane-rich, but in a thin (1 millimeter) layer across the surface. Some scientists suggest the surface is the condensed atmosphere of Eris, which expands into gas when the dwarf planet is closer to the sun.

Haumea and Makemake

Haumea and Makemake are the most recently named dwarf planets in the solar system. Haumea is unique because of its ellipsoid shape, only just meeting the hydrostatic equilibrium criteria for dwarf planet status. The elongated shape of the dwarf planet is due to its rapid rotational spin, not a lack of mass, which is about one-third that of Pluto. Makemake is also of value to the astronomical community, as it is another reason for the reconsideration of the definition of a planet. Its comparable mass and diameter to Pluto would grant it planet status if Pluto wasn't also stripped of that title.





London is the capital and largest city of England and the United Kingdom. The city stands on the River Thames in the south-east of England, at the head of its 50-mile (80 km) estuary leading to the North Sea.

Geographical location

London is the capital city of England and is located in the south east of the country. Although a country in its own right, England is also part of the United Kingdom alongside Northern Ireland, Scotland and Wales.



Year round weather

July is the hottest month in London with an average temperature of 19°C (66°F) and the coldest is January at 5°C (41°F) with the most daily sunshine hours at 7 in June. The wettest month is October with an average of 71mm of rain.

Currency

The official currency of the United Kingdom is the pound sterling, known as the pound $(\mathfrak{L}, \mathsf{GBP})$.

Best time to visit

The best time to visit London is from the month of March to May when the temperatures are mild and the city's parks are green and blooming. However, late spring – along with summer – is also prime tourist season, and hotel and flight prices reflect the surge.

Tourist attractions

1. The London Eye

The London Eye originated as an entry submitted by David Marks and Julia Barfield of Marks Barfield Architects in 1993 to a competition, sponsored by The Sunday Times

and Great Britain's Architecture Foundation, for a new landmark to commemorate the millennium in London. This was Built to celebrate the millennium, the London Eye only started carrying public passengers in March of that year. The London Eye was formally opened by then Prime Minister Tony Blair on 31 December 1999.



2. The London Bridge

The first "London Bridge" was built by the Romans in 43 A.D. They built a temporary pontoon bridge which was planks laid across a row of anchored boats, or they may have used ferry boats. The next record of a bridge was 984 when a report was recorded of a widow and her son who had driven pins into the image of a man. London Bridge is likely the most famously named bridge in the entire world. London Bridge has existed in one form or another for nearly 2,000 years now. It's the site of the oldest crossing of the River Thames on record. The London Bridge that still stands today dates from 1973.



3. The Big Ben [Elizabeth Tower]

Elizabeth Tower, originally referred to as the Clock Tower, but more popularly known as Big Ben, was raised as a part of Charles Barry's design for a new Palace of Westminster, after the old palace was largely destroyed by fire on 16 October 1834. Construction of the tower began on 28 September 1845. Big Ben, tower clock, famous for its accuracy and



ASHIMA ELIZEBATH BOBY - 6A

for its massive bell. ... The tower itself was formally known as St. Stephen's Tower until 2012, when it was renamed Elizabeth Tower on the occasion of Elizabeth II's Diamond Jubilee, celebrating 60 years on the British throne.



4. The British Museum

The British Museum, in the Bloomsbury area of London, England, is a public institution dedicated to human history, art and culture. Its permanent collection of some eight million works is among the largest and most comprehensive in existence, having been widely collected during the era of the British Empire.



5. The Victoria and Albert Museum

The Victoria and Albert Museum was founded with a mission: to educate designers, manufacturers and the public in art and design. Its origins lie in the Great Exhibition of 1851 – the world's first international display of design and manufacturing.

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BETSY SUSAN JACOB



MOHAMMED FAISAL MUNDE - 7D



SHINE - 7E



Birthday Arcade - June



7D - JUNE 1



FAISAL MOTTEZ SAKINA MOHAMMEDI HASAN SHABBIR 12H - JUNE 1



8D - JUNE 1



9A - JUNE 1



REHAN RATHISH YASHASVENE BASKAR 9C - JUNE 1



HARISH RAJU 10 B - JUNE 1



ROBEN JOSE 11B - JUNE 1



HELEN MARIA DEEPAK 12A - JUNE 1



SIVANAND **7E - JUNE 2**



MAYA CHAUHAN 12H - JUNE 2



ADITI RAJENDRA PATIL ANUGRAHA MARY PRINCE MYRA JULIA D MELLO 12D - JUNE 3



7E - JUNE 3



8B - JUNE 3



8D - JUNE 3



11E -JUNE 3



12B - JUNE 4



AZLAN GHANSAR SHRUTI RAVI KUMAR ANNA SUNIL URUMBATH YAZAN TANVEER KHAN 8A - JUNE 4



KALISTA RAJESH 8F - JUNE 4



AKSHAYA JEYAKUMAR 9A - JUNE 4



ZEHRA ASGHAR 10D - JUNE 4



MERLIN RIYA 12H - JUNE 4



AISHAH ABDUL GANNI ANJANA REVI PRASAD JAMILA MUFFAZAL 12B - JUNE 5



12C - JUNE 5



12E - JUNE 5



SHARANJIT SINGH 9B - JUNE 5



AYESHA NADEEM 9E - JUNE 5



10B - JUNE 5



10C - JUNE 5



PRETTY SARA JOHN TARUN RAJA RAJESH AYUSHI AISHWARYA AFAF ARIF KHANZADA 10D - JUNE 5 **11F JUNE 5**



EMAAD AKHTAR ANSARI BENO VARGHESE BIJI 11F - JUNE 5



11I - JUNE 5



JACOB KURIEN 11F - JUNE 6



RAMAKRISHNAN 11A - JUNE 6



FATIMA ISHRAT 11E - JUNE 7



MARYAM BURHAN 11B - JUNE 7



9E - JUNE 7



12B - JUNE 7



ALAN JOHN ANAND GEETHIKA JAYAKUMAR AKSHAJ ANIL KUMAR 11E - JUNE 8 8F -JUNE 8



AARON CLITUS



JUZFR ALI 12D - JUNE 8



KHADIJA KAEED ZOHER 12D - JUNE 8



FIZA FIROZ 12I - JUNE 9



7A - JUNE 9



SAIRA ANN JACOB DEEPAN RAJA GANESAN 9B - JUNE 9



ASHIK GEORGE 10E - JUNE 9



11B - JUNE 9



11G - JUNE 9



7F - JUNE 10



10B - JUNE 10



7D - JUNE 11



MIRIAM ALPHONSA SHAREN PAUL SINGH YUSUF MANSOOR MELIN JEFFRY JOSEPH 9C - JUNE 11



SHAIK RAYYAN 9D - JUNE 11



SUBITH SUJITH 12A - JUNE 11



DANICA WILONA **12C JUNE 11**



RIDHA AMANUL LA 9D - JUNE 11



11D - JUNE 9

MIR ARBAAZ ALI AARON HEMAR 12G - JUNE 11 7C - JUNE 12



YOHANN MATHEW PETER BHARANI VISWANATHAM



10A - JUNE 12



AHMAD IZHAR 12H - JUNE 12

11H - JUNE 14

12D - JUNE 16



VIKASH MURUGESAN 9E - JUNE 13



JERRIN JOHN 9C - JUNE 13



JOKAN KASTO JOSEPH LEAYA ELSA VARGHESE 12C - JUNE 13



12E - JUNE 13



AYAAN KHAN 8A - JUNE 14



CHRIS MATHEW BIJU 9C - JUNE 14





SOUMYA SARAH CHARLY 10B - JUNE 14

SAJILA

9F - JUNE 16



10D - JUNE 16

NUZHA V

AURELIA SHABI ASHVALA ANUJ



SANDRA SOJAN 12G - JUNE 16



9A - JUNE 17



RUTH MARY JOHN GLEN LESTER CRASTA TANYA SARAH ISAAC JOTHAN SURESH PETER 10D - JUNE 17

10E - JUNE 17

ALEENA THEJES

7A - JUNE 15



JEO ROY

MOHAMMED 12G - JUNE 17

SAARA FATHIMA

9F - JUNE 15



RONAV PRATAP

8A - JUNE 16



SAKINA FAZAL HUSSAIN 8D - JUNE 18



MUFADDAL YUSUF ALI 10D - JUNE 18



JOBIN JOHNSON 11G - JUNE 18



AIDEN PETER JAMES 8C - JUNE 19



SUSANNE GRACE 9C - JUNE 19



HIBA SARA REGI 11E - JUNE 19



ALANA MIRIAM SKARIA 12F - JUNE 19



HIBAH FARHATH SHIJUI 8C - JUNE 20



ROYDEN D_SOUZA 8C - JUNE 20



DENSIA MERCY GOMES VIVAAN ARUMUGAM 11G - JUNE 20



7D - JUNE 21



ALEFIYA GULAM 11F -JUNE 21



RAAFEY MOHIUDDIN AERYN MARY ANIL 8F - JUNE 22



11D - JUNE 22



DHEERA RAGESH 12A - JUNE 22



KIRAN SAJEEV 12F - JUNE 22



SHAIK ABDULLAH MARYAM IRFAN BURUD 12H - JUNE 23



10D - JUNE 23



AHMED FAYIZ 11D - JUNE 23



SAARA SHAIKH 11I - JUNE 23



FARHAAN YOUSUF 12A - JUNE 23



9E - JUNE 24



8F - JUNE 24



10A - JUNE 24



12C - JUNE 24



8C - JUNE 24



10D - JUNE 25



AAFIYA ASIF KOTH JOSEPH IAN RODRIGUES MOHAMMAD RAYYAN JOHN ISSAC SAMUEL SERAH LIZ THOMAS MOHAMMED RASHEED HARINI MAHADEVAN HUSSAIN BEDAWALA 11A - JUNE 25 12D - JUNE 25



BHAVANA SIBBALA DEEMA ANNA SKARIA MIREILLE VICTORIA G.T. AMANDHI MARIYAM



10B - JUNE 26



12F - JUNE 26



10F - JUNE 26



JAN ERINJERI 12D - JUNE 26



LIZA MARY ALEXANDER JEROME JOHN ITTY 11H - JUNE 27



11I - JUNE 27



AARAV DODEJA 10C - JUNE 27



HYFA SALEEM SAYED FIONA JESS JOSEPH 11I - JUNE 27 7E - JUNE 28



ABHISHEK GEORGE



MOHAMMAD



FVIN ROBY 10B - JUNE 28



11E - JUNE 28



11G - JUNE 28





ZAHRA MURTUZA DEENA MUSHTAK ALI ADVAITH RAMESH BRITWIN ROY SURESH SREELAKSHMI LAL



12B - JUNE 29



ANAGHA



EVAN SANTHOSH 7B - JUNE 30



PRAISE ELSA BINU 10B - JUNE 30



JESSLYN SARA 11E - JUNE 30



TALHA ASIF NAGINA 12C - JUNE 30



SAYEDA BUSHRA 12F - JUNE 30





DIYA LIZBETH JERRY SIMRAN SUKUMAR NAIR 11F - JUNE 18



11I- JUNE 18



MR. RIYAZ 5 JUNE



10 JUNE



MRS. MAYSA FAYEZ MR.V. SRINIVASA RAO 15 JUNE

ICSK'S CHARITY FORUM -SPANDAN'S LOGO RELEASED



ICSK's divine initiative - 'SPANDAN' a benevolent gesture by ICSK family has been one of ICSK's dedicated and unparalleled efforts in terms of charity in Kuwait. Through this program ICSK lends monthly support to cancer patients in Kuwait. Every month the charity money is collected from each class

and handed over to the Charity Convener of the class who then deposits the same in the school office. We take pleasure in stating that till date have been able to support more than 133 cancer patients and underprivileged people. This initiative is headed by Dr. V. Binumon, Principal and Senior Administrator ICSK Senior, Mrs. Susan Rajesh Vice-Principal, Mrs. Mini Shaji, Deputy Vice Principal, Mrs. Priya Kurup, Chief Patron and representatives from teachers, students and parents of ICSK. Through this initiative the virtues of empathy and generosity towards the less fortunate is inculcated in the students. The highlight of this year's virtual 'Cultural Fiesta' was the release of the official logo of

'SPANDAN' -ICSK Charity Forum by Dr. V. Binumon, Principal and Senior Administrator ICSK Senior. ICSK thanks Mr. Yusuf Shabbir, faculty of Web and Computer Science for designing the logo. ICSK humbly thanks all its parents and students for their generous support towards this noble initiative



Yashila Veeramani of 10 E bagged the first price in the painting competition held by Kuwait Times - "Front line heroes of Kuwait "



EPHILATELY

Geeta Dutt (23.11.1930-20.07.1972):



She was prominent singer the Hindi film industry found who particular prominence as a playback singer in Hindi cinema. She also sang many Bengali

songs. She got her first break in 1946, in the mythological film "Bhakt Prahlad". However, it was the film "Do Bhai" in 1947, where her fresh and melodious voice combined vivacity and pathos in a way that touched the pulse of thousands of music lovers. Geeta Dutt was blessed with a rich voice that was like an interacting instrument that at once mesmerised and charmed her listeners. She sang numerous songs, some of which are extremely popular even today.

Talat Mahmood (24.02.1924 - 09.05.1998):



He is considered to be one of the greatest male non-classical and semi-classical singers of India who conquered innumerable hearts and stirred

countless souls with his beautifully soft silken voice and profoundly artistic subtle method of singing. Even though he is particularly admired for his rendition of soft and sombre semi-classical and non-classical ghazals, the film songs sung by him are also considered critically flawless and outstanding. He was awarded the Padma Bhushan in 1992, in recognition of his profound artistic contributions in the spheres of cinematic and ghazal music.

Mohammad Rafi (24.12.1924 - 31.07.1980):

He was one of the most popular playback singers of the Hindi film industry. He was



notable for his versatility and he sang a wide range of songs including classical numbers, patriotic songs, sad lamentations, highly romantic

numbers, qawwalis, ghazals and bhajans. Between 1950 and 1970, he was the most sought after singer in the Hindi film industry. His style was smooth and easy and his range varied from bhajans and ghazals to light hearted romantic songs. He was honoured with the Padma Shri in 1967.

Mukesh (22.07.1923 - 27.08.1976):



He is known his for rendition of soulful and melodious songs and was one of Hindi film industry's most celebrated figures the field

playback singing. Mukesh Chand Mathur, popularly known as Mukesh, created his own singing style. He is best known for the songs that he sung for actor Raj Kapoor. He remained active as a singer for two decades spanning the 1950s to 1970s, which saw the rise of the man who is immortalised in the annals of playback singing. Mukesh received Filmfare Best Male Playback Singer awards for his songs in the films – "Anari", Pehchan", "Beimaan" and "Kabhie Kabhie".

Manna Dey (01.05.1919 - 24.10.2013):

He was a legendary figure in Indian music. He started his career in playback singing with the film "Tamanna" in 1942. He established his versatility between 1948 to 1954 by singing not only classical based film songs, but also such film songs which were a fusion of Indian classical music and

pop music. From 1953, he had begun singing ghazals in Hindi films. He turned into an independent music composer in Hindi films with "Maha Pooja" in 1954.



JOSHWA ALVIN CARDOZA - 9A



peak period in Hindi film industry is considered to be 1953 to 1969, during which recorded 758 Hindi songs, which 631 came between

1957 and 1969. His music has enthralled the audience throughout the world. He was honoured with the "Padma Shri" in 1971, the Padma Bhushan in 2005 and the Dadasaheb Phalke Award in 2007.

Kishore Kumar (04.08.1929 – 13.10.1987):



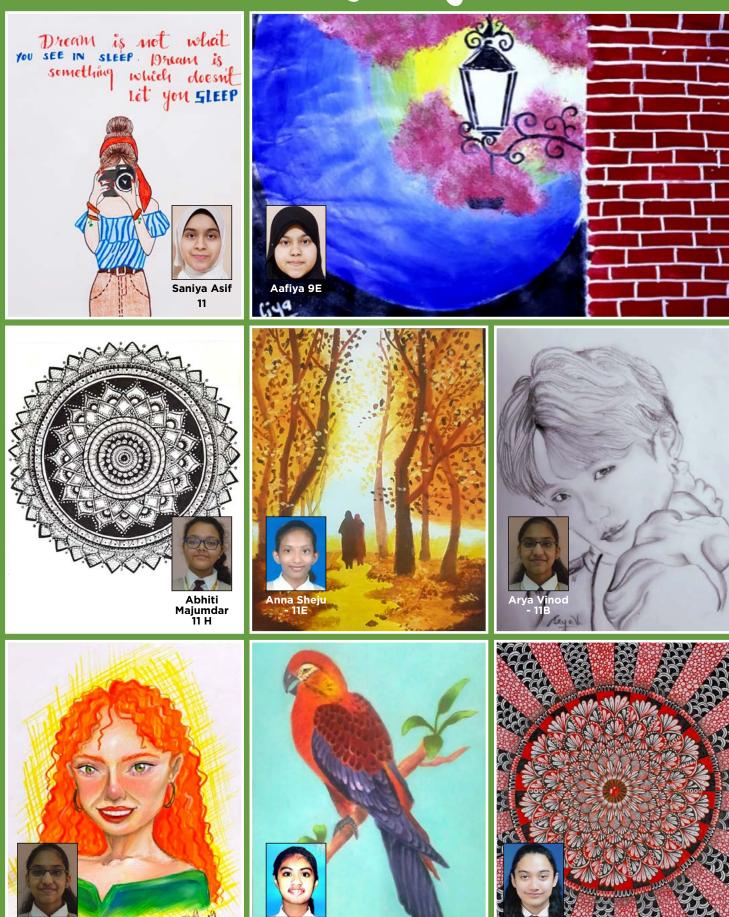
He was film Indian playback singer, actor, lyricist, composer, producer, director and screenwriter. He is considered to be one of the most

successful playback singers of the Hindi film industry. Apart from Hindi, he sand in many Indian languages including Bengali, Marathi, Assamese, Gujarati, Kannada, Bhojpuri, Malayalam, Oriya and Urdu. He was famous for singing upbeat light songs and light comical acting roles. He was not afraid to borrow unusual techniques. He was inspired by "yodelling" and he adapted and used it in a number of films, such as "New Delhi" (1957) and "Pyar ka Mausam" (1969).





Art Gallery



TO TO PUNJAB

Punjab, a land of ethnic and religious diversity, is one of the prosperous states of the nation, and home to lively, hospitable and dynamic people. Located on the northwestern edge of India, it has borne and shaped a number of religious movements that include Sikhism, Buddhism and Sufism. The Punjabi language, too, finds its origin in the Indo-European linguistic family that includes Persian and Latin. Naturally replete with fertile soils and rich water sources, it is primarily an agricultural state, and has continually and infinitely contributed towards the food security of the Indian Republic. Punjab's many festivals-Teej, Lohri, Basant, and Baisakhi, to name some - are celebrations that mirror the farming ethos.

1) Golden Temple:

The Golden Temple, also known as Harmandir Sahib, is a gurdwara located in the city of Amritsar. It is the pre-eminent and most significant spiritual site of Sikhism. It is built around a man-made pool (sarovar). The Adi Granth has been placed here by the Fifth Guru. The Gurdwara was repeatedly rebuilt by the Sikhs after it became a target of persecution and was destroyed several times by invading armies. It has been a center of various Sikh revolutions and conflicts. It was rebuilt in 1809 by a Sikh ruler with marble and copper, and laid with gold foil soon after, lending it the name Golden Temple.



2) Chandigarh:

It was one of the early planned cities in postindependence India and is internationally known for its architecture and urban design. Chandigarh is known as one of the few master-planned cities in the world to have succeeded in terms of combining monumental architecture, cultural growth, and modernization. Chandigarh's Capitol a major production center Complex was declared by UNESCO as a World Heritage Site in 2014. The Capitol Complex buildings include the Punjab and Haryana High Court, Secretariat and Assembly along with monuments Open hand, Martyrs Memorial, Geometric Hill and Tower of Shadow and the Rock Garden.



3) Kapurthala:

Kapurthala administrative headquarters of Kapurthala District. The secular and aesthetic mix of the city with its prominent buildings based on French and Indo-Saracenic architecture self-narrate its princely past. It is also known as city of Palaces & Gardens.



4) Jalandhar:

Jalandhar lies alongside the Grand Trunk Road and is a well-connected rail and road junction. The city exports goods like furniture and glass to neighboring cities and is a global hub for the manufacture of sporting equipment. Jalandhar is famous manufactured, which have been used in many international sporting games including Olympics, Commonwealth Games, Asian Games, among others. It is also a hub for manufacturing of hand tools. It is also famous

for its leather industry and is of industrial tool-bags being used by workmen in America & Europe.



5) Pathankot.

Pathankot district shares an international border, on its west, with Pakistan. It is at the intersection of three northern states of India - Punjab, Himachal Pradesh and Jammu and Kashmir. Due to its location, Pathankot serves as a travel hub for these three northerly states. Pathankot is the 6th most populous city of Punjab. The city is divided into 50 wards. Situated in the picturesque foothills of Kangra and Dalhousie, with the river Chakki flowing close by, the city is often used as a rest-stop before heading into the nearby mountains and further into the Himalayas. Pathankot also serves as an education hub for the nearby areas of Jammu & Kashmir and Himachal Pradesh where many rural students of these states come for their education.

6) Baba Banda Singh Bahadur War Memorial.

Baba Banda Singh Bahadur War Memorial at Chappar Chiri, Mohali is a befitting tribute to the brave Sikh warrior under whose command the Battle of Chappar Chiri was fought between the Sikhs and the forces of Mughal Empire led by Wazir Khan in May 1710. With a decisive victory in this war, a Sikh rule was established from Lahore to Delhi. The memorial is situated on a plot of about 20 acres. This lavishly built memorial is now one of the major tourist spots in the state which attract massive footfall throughout the year.







THE WEIGHT OF THE GLASS

Once upon a time, a psychology professor walked around on a stage while teaching stress management principles to an auditorium filled with students. As she raised a glass of water, everyone expected they'd be asked the typical "glass half empty or glass half full" question. Instead, with a smile on her face, the professor asked, "How heavy is this glass of water I'm holding?"

Students shouted out answers ranging from eight ounces to a couple of pounds. She replied, "From my perspective, the absolute weight of this glass doesn't matter. It all depends on how long I hold it. If I hold it for a

minute or two, it's fairly light. If I hold it for an hour straight, its weight might make my arm ache a little. If I hold it for a day straight, my arm will likely cramp up and feel completely numb and paralyzed, forcing me to drop the glass to the floor. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it feels to me."

As the class shook their heads in agreement, she continued, "Your stress and worries in life are very much like this glass of water. Think about them for a while and nothing happens. Think about them a bit longer and you begin to ache a little. Think about them all day long,

and you will feel completely numb and paralyzed – incapable of doing anything else until you drop them."

The Moral of the Story: On



RIDA FAISAL KHAN - 9F

days when you're stressed out and feeling overwhelmed, learn to embrace the inevitable and let go. Some things cannot be controlled and no amount of worrying could put all your burdens away. Instead of letting stress get to you, embrace it and conquer it. Let yesterday's worries inspire you to a productive day.

Seven Continents of Our Planet



The Continents are the huge landmasses that are separated by the waters of the oceans. The Seven Continents are: Asia, Africa, Europe, North America, South America, Oceania, Antarctica by population.

Asia is the largest in size and biggest in population. It has 48 countries. About 4.6 billion people live and 2,300 languages are spoken in the Asian Continent. People live in the urban centres of the Asian continent, in cities like Shanghai and Beijing. Chinese is often spoken by the people living on the Continent. The biggest countries in Asia are India and China. Asia houses some of the richest nations in the world due to its income from oil exploration and the petroleum industry.

Africa is a continent which has fifty-Four Countries. It is the 2nd largest in size and population. About 1.3 billion people live on

the Continent. Approximately 1500- 2000 languages are spoken on the continent.

Human fossils like skeleton and skulls have been found. This is why the continent is also referred to as the 'Cradle of Humankind'.

Europe is the wealthiest and richest continent. Though there are poor regions in the Eastern part of the Continent. It houses the smallest countries like Vatican City and Monaco. There are 44 countries in Europe. The five countries are among the ten smallest countries which are, San Marino, Liechtenstein, Vatican City, Monaco and island country of Malta.

North America is a continent which has at least 23 countries. This is the 3rd Largest Continent in the world. The continent houses 23 countries including Canada, Mexico,

Greenland, Bermuda and various other countries.

North America's population is about 371,107,709. About 150 languages are spoken



RUHAANEE SINGH

South America is a continent with many natural superlatives. It is the 4th largest continent in the world. The longest mountain range is Andes in South America and the highest waterfalls are Angel falls. Atacama Desert in Chile is the driest place on Earth. The population of the continent is 433,309,545. Latin language is often spoken on the continent.

Oceania is a continent which consists of 14 countries. Australia and New Zealand are the biggest countries on this continent including several other island countries. About 5,000 languages are spoken on the Oceania Continent. The population of people living in Oceania would be 548,914. English is the most spoken language. Antarctica is the 5th largest continent in the world. It is mostly covered with ice. There are research stations for scientists there. Not, many people live there.

Nature is amazing, our great teacher!

WAY 2021 WAY 2021 in a Nutshell



India's focus at G-7: Health challenges; climate Change: As an invitee to the G-7 virtual summit, India is likely to outline its approach on global health challenges and climate change issues. Prime Minister Narendra Modi will represent India at the

summit. This is the third time since 2019 that India has been invited as a guest to the summit. The goal of this year's G-7 summit is to "help the world fight, and then build back better from coronavirus and create a greener, more prosperous future".



India slips two spots on 17th Sustainable Development Goals report: India's rank has slipped by two places from last year to 117 on the 17 Sustainable Development Goals (SDGs) adopted as a part of the 2030 agenda by 193 United Nations member states in 2015. India ranks below four South

Asian countries: Bhutan, Nepal, Sri Lanka and Bangladesh. The State of India's Environment Report 2021 revealed that India's rank was 115 last year and dropped by two places primarily because of major challenges like ending hunger and achieving food security (SDG 2), achieving gender equality (SDG 5) and building resilient infrastructure, promoting inclusive and sustainable industrialisation and fostering innovation (SDG 9) remain in the country.



Google claims it is using A.I. to design chips faster than humans: Google claims that it has developed artificial intelligence software that can design computer chips faster than humans can. The tech giant said in a paper in the journal Nature that a chip that would take humans months to

design can be dreamed up by its new Al in less than six hours. The Al has already been used to develop the next iteration of Google's tensor processing unit chips, which are used to run Al-related tasks. Google's engineers noted in the paper that the breakthrough could have "major implications" for the semiconductor sector.



Mr. Justice Arun Kumar Mishra, former Judge of the Supreme Court of India, joins as the new Chairperson of the NHRC, India: Mr. Justice Arun Kumar Mishra, former Judge of the Supreme Court of India, joined as the new Chairperson of the National Human Rights Commission,

NHRC, India. He is the 8th Chairperson of the NHRC, India. He was elected as the youngest Chairman of the Bar Council of India in 1998 and particularly focused on the improvement of legal education. Justice Mishra became a judge of the apex court in 2014 after having served as Chief Justice of the Rajasthan and Calcutta high courts. He retired from the Supreme Court on September 2, 2020.



Teachers Eligibility Test TET validity extended from 7 years to lifetime: The Validity period of the Teachers Eligibility Test qualifying certificate extended from 7 years to life time. Union Education Minister, Ramesh Pokhriyal announced that Government has decided to extend the

validity period of the Teachers Eligibility Test qualifying certificate from

7 years to life time retrospective effect from 2011. This New Certificate Validity of TET will be applicable in all the states and Union Territory. The Government aims to motivate individuals to make a career in the field of Teaching. Ramesh Pokhriyal said this will be a positive step in increasing the employment opportunities for candidates aspiring to make a career in the teaching field.



BRO Sets Up 2 Centres of Excellence:

Defence Minister Rajnath Singh inaugurated two centres of excellence established by the Border Roads Organisation (BRO) at Seema Sadak Bhawan in New Delhi. These Centres have been established to achieve excellence in road safety as well as foster

growth in construction of roads, bridges, airfields and tunnels,". Singh also lauded the role played by the BRO in the progress of the nation since its inception by building roads, tunnels and other infrastructure in remote areas. The first-ever solo woman motorcycle expedition by Kanchan Ugursandi to Umling La Pass in Ladakh was also flagged off on the occasion.



China-Sri Lanka Friendship Hospital inaugurated in Polonnaruwa: President Gotabaya Rajapaksa inaugurated the China-Sri Lanka Friendship Hospital in Polonnaruwa, constructed with a Chinese language grant of \$ 60 million. The hospital,

positioned in Sri Lanka's North Central Province, will concentrate on treating kidney illnesses, a broadly prevalent and recurring concern within the area, particularly amongst farmers. For years now, residents of this agriculture-intensive space, have been steadily identified with a kidney dysfunction that the nation's medical specialists have recognized as Persistent Kidney Illness of Unknown Etiology (CKDu), a situation for which causal elements stay unknown.



Centre fastracks rollout of new DigitalSky platform with year-end deadline: The first of its kind, the new DigitalSky platform, a key ministry of civil aviation initiative, is set to be launched later this year. The DigitalSky platform is

a scalable platform which supports technology frameworks such as NPNT (No permission no take-off) designed for enabling flight permission digitally and managing Unmanned Aircraft operations and traffic efficiently. The new platform looks to enable automated registration and flight approvals for drones.



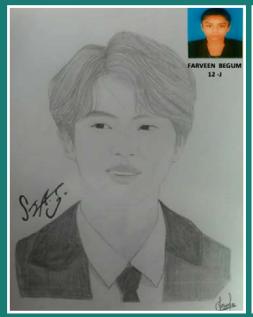
New rules to prevent abuse and misuse of social media: Union electronics and information technology minister Ravi Shankar Prasad maintained the government "fully recognises and respects the right of privacy" and said the new rules

for intermediaries were designed to empower citizens and prevent the "abuse and misuse" of social media.





Art Gallery



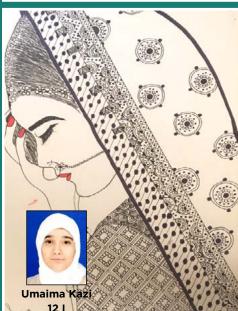












EPIctionary

- 1. **Protean:** Frequently changing, Trending, Versatile Usage in a sentence: Vicky Kaushal is a protean actor who is capable of performing any kind of role.
- 2. Alacrity: Eagerness

Usage in a sentence He accepted the invitation with alacrity.

3. Gourmand : A person who likes and enjoys eating food

Usage in a sentence: If you are a dessert gourmand, then you must try Kentucky Cholocalate Pie.

- **4. Incumbent :** something that is morally binding Usage in a sentence The government realized that it was incumbent on them to act.
- 5. Aggrandize: enhance power, wealth or status Usage in a sentence: It was an action intended to aggrandize the Frankish dynasty.
- **6. Largess**: Kindness or Generosity in bestowing gifts or money

Usage in a sentence: The king can't bestow these costly jewels with such largess.

- 7. Multifarious: multifaceted or diverse
 Usage in a sentence: The University offers multifarious activities.
- **8. Obdurate:** being stubborn and refusing to change one's opinion

Usage in a sentence: I argued this point with him, but he was obdurate.

- Clamor: proclaim something noisilyUsage in a sentence: The questions rose to a clamor in the meeting.
- 10. Didactic: instructive with a moral intent Usage in a sentence: It is a didactic novel that set out to expose social injustice.

Some Facts About ISRO

All of us know about NASA, its programmes and its successful missions. But how many of us know about ISRO, the Indian Space Research Organisation? It has made its name in the field of space explorations with the launch of satellites. Today, India is at a position to be known as a proud spacefaring country.



JOHANN PREMJITH - 10B

Let us expand our knowledge about the Indian Space Research Organisation and its programs.

THE EVOLUTION

With the initiation of the Indian National Committee for Space Research (INCOSPAR) by the Indian government in 1962, India decided to go to space. The visionary behind the idea was Dr.Vikram Sarabhai, who had set up the Thumba Equatorial Rocket Launching Station (TERLS) in Thiruvananthapuram for atmospheric research. The body was formed with the mission of bringing space to the service of the common man, to the service of the nation. Then, for few years, ISRO (earlier known as INCOSPAR), stressed on developing air-borne remote sensing experiments till 1975, when Department of Space officially became an official government body with Dr.Vikram Sarabhai as the chairman of ISRO.

The organisation's mission was declared since its beginning which is to "Harness space technology for national development, while pursuing space science research and planetary exploration."

FIRST STEP TOWARDS SPACE

India launched its first man-made satellite, Aryabhata in 1975 from Kapustin Yar, a Russian rocket launch and development site in Astrakhan Oblast using a Kosmos-3M launch vehicle. It was named after the fifth century astronomer and mathematician from India by the same name. It was built to conduct experiments in X-ray astronomy, aeronomics and solar physics.



Aryabhata

OPERATIONS TO THE MOON, MARS etc.

The Indian Space Research Organisation have had a long past of historical missions to space such as Bhuvan satellite, PSLV (polar satellite launch vehicle), GSLV (geosynchronous satellite launch vehicle), INSAT programmes and many more. The most historic ones being Satellite Launch Vehicle- 3 (SLV-3) which was India's first



Chandrayaan 2

experimental satellite launch vehicle launched on 18 July, 1980 and of course, the recent launch which made India proud like never before was the second lunar exploration mission - Chandrayaan-2. ISRO launched Mars Orbiter Mission (MoM), becoming the first Asian nation to reach Mars orbit and the first in the world to do so in the first attempt.

Be it sending Mangalyan to space or launching record-setting satellites, ISRO has not failed to make India proud. This prime body of space exploration and its successful missions are the talk of the world and rightly so!



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