



EPICS



MONTHLY MAGAZINE
THE INDIAN
COMMUNITY
SCHOOL (SENIOR)
KUWAIT

E EMOTIONAL **P** PHYSICAL **I** INTELLECTUAL **C** CULTURAL **S** SPIRITUAL

FEBRUARY 2019



PRINCIPAL'S MESSAGE

Dear Children,

Welcome to the February edition of EPICS. Life is long and full of challenges. In the present world all are busy in life and searching for peace of mind.. So let's discuss about

the ten principles for peace of mind. This will be useful for your future life.

1. Do not interfere in others' business unless asked

Most of us create our own problems by interfering too often in others' affairs. We do so because somehow, we have convinced ourselves that our way is the best way, our logic is the perfect logic and those who do not conform to our thinking must be criticized and steered in our direction. No two human beings can think or act in exactly the same way. Mind your own business and you will keep your peace.

2. Forgive and forget

This is the most powerful aid when it comes peace of mind. We often develop ill feelings inside our heart for the person who insults us or harms us. We nurture grievances. This in turn results in loss of sleep and high blood pressure. Get over this bad habit. Forgive, forget, and march on. Love flourishes with giving and forgiving.

3. Do not beg for recognition

This world is with lots of selfish people. They seldom praise anybody without selfish motives. They may praise you today because you may be in position, but as soon as you are position less, they will forget your achievement and will start finding faults in you. Believe in yourself and do your duties ethically and sincerely.

4. Do not go for envy and jealousy

Remember everybody's life is shaped by his/her destiny, which has now become his/her reality. Nothing will be gained by blaming others for your misfortune. Jealousy will not get you anywhere, it will only take away your peace of mind.

5. Change yourself according to the environment

If you try to change the environment single-handedly,

chances are there to fail. Instead, change yourself to suit your environment. As you do this, even the environment, which has been unfriendly to you, will mysteriously change and seem more harmonious with your goals.

6. Do not bite off more than you can chew

This principle needs to be remembered constantly. We often tend to take more responsibilities than we are capable of carrying out. Know your limitations. Reduce your material engagements and spend time for prayer, introspection and meditation. This will reduce those thoughts in your mind that make you restless.

7. Meditate regularly

Meditation calms the mind and gets rid of disturbing thoughts. This is the highest state of peace of mind. Try it yourself. If you meditate earnestly for half an hour everyday, your mind will tend to become peaceful during the remaining twenty three and a half hours and will increase your efficiency. Your mind will not be as easily disturbed as it was before.

8. Never leave the mind vacant

An empty mind is the devil's workshop. All evil actions start in the vacant mind. Keep your mind occupied in something positive, something worthwhile. Actively follow a hobby. Do something that holds your interest.

9. Do Not Procrastinate

Procrastination is the act of delaying or postponing a task or set of tasks. Value your time and do the things that need to be done. Best way to overcome procrastinate is to do that immediately with out extending it to the next time. It does not matter if you fail the first time. You can learn from your mistakes and succeed the next time..

10. Do not regret.

Sitting back and worrying will lead to nothing. Whatever happened was destined to happen only that way. Why cry over spilled milk?. Be optimistic and keep on doing good things.

Dear Children, only few more weeks are remaining for exam. So keep your mind calm and proceed for examination with a positive outlook and celebrate your examinations in an enjoyable way. 'Best of Luck'.

02 EDITORS' NOTE

03 ICSK'S PREMIER HIGHER EDUCATION FAIR

04 BEST STUDENT - DECEMBER

05 THE CBSE AWARD OF EXCELLENCE - 2019

08 BIRTHDAY ARCADE - FEBRUARY

12 BIRTHDAY CUM CHARITY FUND

17 EPISTORY

18 WORLD IN A NUTSHELL



ICSK ON FACEBOOK AND YOUTUBE

For enhancing our communication with parents, and for updating campus activities via our social media ie Facebook and YouTube, requesting the support of all stakeholders of ICSK in this regards.

Like & Subscribe ICSK in Face book and Youtube

The links are as follows:

<https://www.facebook.com/ICSK-The-Indian-Community-School-Kuwait-536725500151897/?ti=as>

https://www.youtube.com/channel/UCEL6e_N0JZzLkdb12SMtJ8Q



EDITORS' NOTE

Dear Children,

Greetings from the editorial board!!

Following are the basic social etiquette you should be aware of :

- Don't call someone more than twice continuously. If they don't pick up your call that means they have something more important to attend to.
- Never order the expensive dish on the menu when someone is treating you for lunch/dinner. If possible ask them to order their choice of food for you.
- Always open the door for the person coming behind you. Doesn't matter if it is a guy or a girl. You don't grow small by treating someone well in public.
- If you take a taxi with a friend, and he/she pays now, you pay next time.
- Respect different political opinions.
- Don't call people on the phone very late if it's not really important.
- Never interrupt people talking.
- If you tease someone, and they don't seem to enjoy it, stop it and never do it again.
- Say "thank you" when someone is helping you.
- Praise publicly. Criticize privately.
- If you're talking to someone and notice any of the following, they're trying to end the conversation: Their eyes keep darting away. They angle their body away from you. They give you rapid one-word answers.
- When someone shows you a photo on their phone, don't swipe left or right. You never know what's next.
- Treat the cleaner with the same respect as the CEO. Nobody is impressed at how rudely you can treat someone below you but people will notice if you treat them with respect.
- If a person is speaking directly to you, staring at your phone is rude.
- Never give advice until you're asked
- Do not make plans in front of those you are not involving.
- Don't talk to someone if they are wearing headphones.

Send your valuable contributions to

epicseditor@icsk-kw.com



Mrs. Shyna Ramesh



Mrs. Tintu Wilson



How to keep our Environment clean and healthy

It's estimated that the average person breathes in approximately 11,000 litres, or 2,900-plus gallons of air every single day. That's why it's so important to protect our environment and do everything we can as global citizens to keep both Mother Nature and our lungs as clean as possible. Growing up as kids, we've all been drilled with the same message through school to reduce, reuse and recycle and to "litter not", but the fact is that as we grow older and as technology continues to make further advancements, we gain in our intelligence and knowledge and continue to find ways to improve the health of both our minds and bodies.



STAN DAY PHILIP
- 8D

It's within that spirit of constantly evolving as both global citizens and healthy human beings that I leave you with five things you can do to keep the air around you fresh.

Walk, Run, Bike & Commute More, Drive Less

According to the Department of Environmental Conservation, motor vehicles often make up the largest component of smog in ground level ozone. That smog can cause problems with coughing, wheezing, shortness of breath and even permanent lung damage. Walking and cycling more are two clearly more environmentally friendly methods of getting around, not to mention both represent a great excuse for getting physically active and staying in shape. Simply put, walk, run, bike or commute rather than driving. If we all did that, the air around us would be much cleaner.

Don't Smoke, Or Expose Yourself To Second Hand Smoke

Get Your Home's Ventilation System Cleaned Regularly

Wear A Face Mask When Appropriate

ICSK's Premier Higher Education Fair Garners attention from Indian Students Across Kuwait



In celebration of its 60th anniversary, the Indian Community School, Kuwait, organized a higher Education Fair with a difference, the first of its kind in Kuwait, on the 11th and 12th of January, 2019. The Fair was arranged within the ICSK Senior school campus and displayed universities across the world, made accessible to students across Kuwait. The career fair also featured career counselling sessions and aptitude tests for students to better understand their strengths, so that they successfully find a university tailored to their interests.

The Career Fair comes as one of the premier events celebrating the school's Diamond Jubilee. Renowned Career Guru, Dr. P.R. Venkataraman was invited as special guest to the Fair, where he delivered multiple sessions of Career Guidance seminars to students of classes 8 to 12. The higher education fair was inaugurated ceremoniously on the 11th of January by the Chief Guest – the Ambassador of Malaysia to Kuwait – H. E. Dato' Mohammad Ali Selamat in the presence of the Guest of Honour – Deputy Chief of Mission and Appellate Authority,



Indian Embassy - Mr. Raj Gopal Singh, and Special guest, Dr. P.R. Venkataraman. The occasion was also graced by the presence of the Principals of the other Indian schools in Kuwait and other special invitees in addition to the parents and students.

41 universities and colleges from around the world participated in the exhibition – from UK, USA, Canada, France, Malaysia, Dubai, India and Kuwait. These universities offered

students an insight into their campuses, providing them with International exposure and experience. Around 2000 students were a part of this incredible enterprise. The school campus witnessed an array of intelligent interactions, banquet of career choices and scintillating talks by experts on excellent career opportunities, enlivening the campus over the days.

Dr. P.R. Venkataraman directed eight career guidance sessions, which witnessed a staggering attendance by around 3500 parents and students. Around 400 students with their parents attended the career counselling sessions, after taking part in the aptitude tests that were conducted earlier. The program was coordinated across 5 days, with two days for the exhibition and 3 days for the counselling sessions.

This educational fair is unique, as it is the first time that an educational institution in Kuwait is conducting a comprehensive fair comprising of aptitude test, career counselling and career guidance seminar, thus making the Higher Education Fair, a maiden venture in Kuwait



BEST STUDENTS - JANUARY



CHADHURYA
-12J



NAFISA
-12K



FATHIMA FAWAZ
-12L



HAFSA HARUN
-10E



BESSIE
-10F



HEBA MUZAFFAR
-10G



JOHAN JAMES
-9E



NOLAN SEQUEIRA
-8A



ALFIE MARIAM AJU
-8B



EMAAD AKHTAR
ANSARI - 8C



ANNA MARY
DAVIDSON - 8D



SHREYA PRAVEEN
-8E



AMEENA HAMZA
-8F



RISA MARIA BABU
-7A



AFIFA MANSOOR
-7B



JUSTIN SAMUEL
-7C



SARA MARIAM
SUNIL - 7D



AARON RAJESH
-7E



KRITHIK
-7F



RAMYA - 6A

Republic Day Celebrated at ICSK Senior



ICSK senior celebrates 70th Republic Day in School campus. It was an exuberant assembly where the ideals of our Indian constitution were explained, following a patriotic dance and song.



NEYMAR DA SILVA SANTOS JUNIOR



Neymar da Silva Santos Júnior (born 5 February 1992), commonly known as Neymar Jr. or simply Neymar, is a Brazilian

professional footballer who plays as a forward for French club Paris Saint-Germain and the Brazil national team. Considered one of the best players in the world, he is known for his dribbling, finishing, skill, pace, and ability to play with both feet.

Neymar was twice named the South American Footballer of the Year, in 2011 and 2012, before moving to Europe to join Barcelona. As part of Barça's attacking trio with Lionel Messi and Luis Suárez, he won the continental treble of La Liga, the Copa del Rey, and the UEFA Champions League, and came third for the FIFA Ballon d'Or in 2015 for his performances. In August 2017, Neymar transferred from Barcelona to Paris Saint-Germain in a move worth €222 million, making him the most expensive player ever.

With 60 goals in 96 matches for Brazil since debuting at age 18, Neymar is the third highest goalscorer for his national team, trailing only

Pelé and Ronaldo..

Neymar was presented at the Camp Nou in front of 56,500 fans, a record turnout for a Brazilian player.

Neymar primarily plays as either a central striker, second striker, winger or occasionally as an attacking midfielder, and has been described as "a true phenomenon". Neymar's dribbling skills, tricks and playmaking ability are reminiscent of compatriot Ronaldinho. His main traits are his creativity, vision, passing, finishing, dribbling, feints and technique, being described as both "electric" and "explosive". He is a notable exponent of the rainbow flick. Although naturally right-footed, he is capable of scoring with both feet, as well as with his head, and is an accurate free-kick and penalty taker. He has been inspired by Lionel Messi, Cristiano Ronaldo, Andrés Iniesta, Xavi ,Wayne Rooney.



EBEZ JOHN
8A

The Indian Community School Kuwait Trumps with the CBSE Award of Excellence -2019



Excellence is not being the best but doing your best.

On the 31st of January 2019, the Indian Community School Kuwait (Senior) campus was abuzz with vibrant jubilation to celebrate award of excellence ceremony for the meritorious students. The school again set new standards of excellence. Bringing laurels to the institution, the students of classes X and XII of 2017 and 2018 batches were felicitated.

The ceremony was dazzling with the presence of star dignitaries, Chief guest, Dr. Radhakrishna Panicker, an eminent Consultant Pulmonologist, Al Rashed Allergy Hospital, Kuwait, Members

of Board of Trustees ICSK – Mr. Shaik Abdul Rahiman (Chairman), Mr. Amer Mohamad (Hon' Secretary), Principals and Vice-Principals of ICSK Branch Schools.



Outgoing Class XII students get a warm adieu at ICSK Senior - An Unforgettable farewell present from the Juniors



Good Byes are not forever, it simply says, miss you till we meet again.

The students of Class XI of the Indian Community School Kuwait (Senior) presented an exemplary expression of their gratitude as they conducted an impressive programme – Adios, to bid farewell to their seniors. The morning of 31st January 2019 was charged with exciting energy and anticipation as the outgoing students of Class XII eagerly looked forward to the event.

The day was festooned with music and colours. A glitzy entertaining programme was staged by the students of Class XI. The stage was set afire by scintillating dance performances and the pulsating music rocked the ambience.

CAREER - ACTING:



Acting schools in India provide opportunities for candidates to gain real life experiences. A course in acting focuses on all aspects of expression like diction, face expressions, dance, dubbing, voice modulation etc. All these aspects provide and improve imagination, improvisation, memory, monologue, movements and so on. Acting is more practice oriented which is provided through acting therapies, workshops, direction, meditation, sound recording, stunts, yoga sessions and so on.

- B.A. (Acting)
- B.A. (Hons) (Drama)
- Bachelor of Arts Honours in Drama
- Bachelor of Theatre Arts (B.T.A.)
- Bachelor of Theatre Arts
- Master Degree courses in Acting:
- M.A. (Indian Theatre)
- Master of Arts in Indian Theatre
- Master of Arts in Theatre
- M.F.Tech. (Cinematography)
- Master in Film Technology (Cinematography)
- M.F.Tech. (Direction & Screenplay Writing)
- Master in Film Technology (Direction & Screenplay Writing)
-
- Some of the Major Acting Institutes
- National School of Drama
- Film and Television Institute of India
- Whistling Woods International
- National Institute of Film and Fine Arts (N.I.F.F.A.)

- Bachelor Degree Courses in Acting

Broken Friendship

Remember when you actually cared?

When every single second was spared?

When all the tiny little secrets were shared..

but, now its over,

and i'm just a loner.

you were my true friend,

or atleast thats what I thought,

I just hate you a lot.

you're something I dont want back,

and I'm glad that your something that I lack.

you called me selfish and blew me off,

to say the least, you tore me apart.

now my love for you is gone,

watch my hate for you grow,

but congratulations, you have won.

I'm guessing this is what you wanted?

well, your wish has been granted.

your words were like a knife,

now I have no purpose in life.

its like your something i hate,

tho, I miss the old times.

but, I'm just here sobbing,

as I watch our friendship fade.

I always thought it was meant to be,

but maintaining a friendship isn't easy.

I thought we were best friends,

but I guess, this is how it ends.



HAMNAH
8A

Women Empowerment



Women empowerment has become the buzzword today with women working alongside men in all spheres. They profess an independent outlook, whether they are living inside their home or working outside. They are increasingly gaining control over their lives and taking their own decisions with regard to their education, career, profession and lifestyle.

With steady increase in the number of working women, they have gained financial independence, which has given them

confidence to lead their own lives and build their own identity. They are successfully taking up diverse professions to prove that they are second to none in any respect.



SUAD KHALID
8A

But while doing so, women also take care to strike a balance between their commitment to their profession as well as their home and family. They are playing multiple roles of a mother, daughter, sister, wife and a working professional with remarkable harmony and ease. With equal opportunities to work, they are functioning with a spirit of team work to render all possible co-operation to their male counterparts in meeting the deadlines and targets set in their respective professions.

Women empowerment is not limited to urban, working women but women in even remote towns and villages are now increasingly making their voices heard loud and clear in society. They are no longer willing to play a second fiddle to their male counterparts. Educated or not, they are asserting their social and political rights and making their presence felt, regardless of their socio-economic backgrounds.



1. What is the tree that we hold in our hands
2. Say my name and i am no more, what am I
3. What does a rain cloud wear under its raincoat
4. What can point in every direction but cant reach by itself
5. I make two people out of one, what am I
6. What goes up but never comes down
7. What comes down but never goes up
8. Who are people we see everyday whom we don't know



DEENA
8A

Strangers
4. Your finger, 5. Mirror, 6. Age, 7. Rain, 8. Thunderwear,
Ansser : 1. Palm, 2. Silence, 3. Thunderwear,

ABOUT DENTISTRY!!!



Dentists are also considered about the total health of the patient. Disease and abnormalities of the teeth and jaws can lead to a decline in general health and overall well-being. The reverse is also possible i.e, disease and abnormalities elsewhere in the body may first show up in changes in the tissues of the mouth. The Dentist is alert to such changes that would suggest a health disorder.

DENTAL SPECIALITIES

Most Dentists are General Practitioners - They can provide most of the treatments needed by their patients. However, there are a number of Dentists who specialize in specific areas of treatment.

There are 9 specialty groups recognized by the Dental profession. Oral and Maxillofacial Surgeons are specialists for surgical procedures of the mouth and jaws. Orthodontists are specialists for correcting irregularities of the teeth and bite (malocclusions). Pedodontics (pediatric

dentists) are specialists for treating children. Periodontists treat the tissues around the teeth, called the periodontium, or gums. Dentists who specialize in replacing missing teeth are Prosthodontists, and Dentists who specialize in treating the Dental Pulp - the Nerve and the Nerve Chamber - are Endodontists. Oral Pathologists are specialists in the diagnosis and identification of disease in the oral tissues. Public Health Dentists are specialists in preventing and controlling Dental Disease on a community basis. Oral Medicine and Radiologists are specialists for dealing with diseases of oral and dental treatment of medically compromised patients by focusing on patient's history and radiographic examination.

Regular visits to the dentist are important. During each checkup, a dentist helps keep your teeth healthy through careful examination and treatment.



JOHANN PREMJI
7A 210025

During the olden days, when people suffered from a toothache, they would have used a folk remedy, such as putting a clove in their mouth, to help ease pain. There were no dentists in those days to repair a tooth and try to save it. Today Dentistry is an important part of modern health care. Dentists are the professionals whose primary job is to take care of the teeth and mouth. They are educated in the field of health care that involves the teeth, gums, cheeks, lips, tongue and palate (roof of the mouth), as well as the occlusion, or "bite."

FACTS ON THE HUMAN BODY



- Like fingerprints, every person has a unique tongue print.
- A person can expect to breathe in about 45 pounds of dust over his/her lifetime.
- A person can live without food for about a month, but only a week without water.
- A person growth like being tall or short is not determined only by the genes. Growth hormone also is responsible for it.
- 10% of human dry weight comes from bacteria.
- 10% of men and 8% of women are left-handed.
- Your body has enough iron in it to make a nail 3 inches long.
- Your body produces enough heat in only thirty minutes to boil a half-gallon of water.
- A hard working adult sweats up to 4 gallons per day.
- Diabetes causes 6 deaths every minute and 1 in 20 deaths in the world. Every year 3.2 million people in the world die from diabetes or related causes.
- In an average person, it takes 8 seconds for food to travel down the food pipe, 3-5 hours in the small intestine and 3-4 days in the large intestine.

- It's impossible to sneeze with your eyes open.
- It's nearly impossible to tickle yourself.
- Laughing and coughing creates more pressure on the spine than walking or standing.



VIGNESH
8C

GOODWILL AMBASSADORS



AAKANKSHYA
PRATAP - 11A



ANUSHKA PRATAP
- 8B



FEBIN THOMAS
- 12K



MERLYN RIYA
- 10F

Birthday Arcade - February



ANUSREE PRAMOD K.
7C - FEB 1



ASIYA YUSUF KHAN
7C - FEB 1



NADIYA ADNAN G.
8C - FEB 1



NAYANA RUDRA RAJU
11A - FEB 1



MOSES REJI CHANDU
12A - FEB 1



YUSRA NASSER A.
12D - FEB 1



ZENAB DARUWALA
12D - FEB 2



DAWOOD BANKODA
12E - FEB 2



YUNUS MOHD. SHAFI R.
8B - FEB 3



SAHIL MANOJ KANOJIA
8E - FEB 3



ZAINA MUNIR THAKUR
9A - FEB 3



SREYA MATHEW
9C - FEB 3



ADAM MOHAMMED S.
10B - FEB 3



REEBA SUSAN T.
10C - FEB 3



MOHAMMED JASSIM
10G - FEB 3



KYRA HOLLYN R.
12G - FEB 3



AAKASH VAITHYANATHAN
11C - FEB 4



ALISHA IRSHAD KAZI
11E - FEB 4



ASRAR ALTAF RAWA
7A - FEB 5



TAHA IMAM
8C - FEB 5



AARON DSOUZA
11G - FEB 5



ARSHIYA NAAZ
11I - FEB 5



PALESA E. FERNANDES
12G - FEB 5



AYAAN SYED
7B - FEB 6



PRONUY SIMON T.
8A - FEB 6



SRILAKSHMI A.
10B - FEB 6



SHELDON ALDRIDGE
10G - FEB 6



ADNAN
12D - FEB 6



LANCIA CHRISTIN
- FEB 7



AKSHAY GIRISH K.
12A - FEB 7



C. RUPESHWAR REDDY
7E - FEB 8



AMEENA HAMZA E.
8F - FEB 8



RISHON LEWIS D. SOUZA
9A - FEB 8



MANHA SYED
9C - FEB 9



JOHANN LAJI PHILIP
11A - FEB 9



GEORGE VARGHESE
11E - FEB 9



SYED ABDULLA
11M - FEB 9



POOJA RAMCHANDRAN
12K - FEB 9



VALENTEENA LOBO
9D - FEB 10



AMMUTULLAH ABBAS
11M - FEB 10



ADNAN JAVID
12B - FEB 10



SANTHOSH KUMAR
12E - FEB 10



HARSHIT GIANANI
8B - FEB 11



SHAMEELAH HAFEEZ
12A - FEB 11



RACHEL FERNANDES
12D - FEB 11



NAFISA BEGUM
12K - FEB 11



ANDREW PURAKAL T.
10A - FEB 12



RAKSHITA AMARNATH
11E - FEB 12



NOLAN THOMAS S.
8A - FEB 13



SIDHARTH V. SIJU
11D - FEB 13



T. DAVID
12K - FEB 13



SHAIKHA ABDUL
10A - FEB 14



MELAN VARGHESE
11A - FEB 14



JEWEL JOHN
7B - FEB 15



SHEIK NOORDEEN R.
9B - FEB 15



SIDHARTH MURALI
12F - FEB 15



STEVE SUNNY SUGEL
8E - FEB 16



DHRUV R. SHETTY
10E - FEB 16



ANOL ALWYN
10G - FEB 16



TASNEEM KHAANJI
11G - FEB 16



SHARON JUDITH
12C - FEB 16



DELWIN MORAS
8C - FEB 17



MARIYA KUKSHI
12G - FEB 17



JERRY SAM JOSE
9C - FEB 18



SHAYAAN SAJID
10C - FEB 18



JAI PADAN
10E - FEB 18



MOHAMMED YASEEN
7A - FEB 19



SAIF RAFIQ AGARIA
7D - FEB 19



RASHIDA BAKRIWALA
8A - FEB 19



SANIYAH JAVED
10A - FEB 19



MUHAMMED RAZIL
10E - FEB 19



NIKITA RAJESH
11A - FEB 19



JEANIE SHEKHINAH
12G - FEB 19



NEZLA NIYAS
7A - FEB 20



NATHAN JOHN JIBI
7C - FEB 20



KASHVI ALPESH
8E - FEB 20



TREVOR BRAGANZA
10A - FEB 20



SARAH THOMAS
12A - FEB 20



RUHI FAISAL MUNDE
9A - FEB 21



HIBA HAMEED
10A - FEB 21



MUHAMMED FAAIZ
11D - FEB 21



AARON NIJU JOHN
12C - FEB 21



ILHAM IQBAL RAUT
7D - FEB 22



ADNAN KUTBUDDIN G.
8A - FEB 22



BURHANUDDIN MURTAZA
10A - FEB 22



SONA ADHITHI
10B - FEB 22



ATHIRA RAJENDRAN
11B - FEB 22



AHALYA NARAYANAN
11E - FEB 22



MADIHA SHAKEEL
7D - FEB 23



VIGNESH NITHYANANDAM
8C - FEB 23



ATHIYA BINTH
11I - FEB 23



VITAL VARGHESE
12C - FEB 23



FERRAO ROZELLE
12F - FEB 23



SHAIKH MOHD ANAS
12F - FEB 24



BENEETA ANN J.
11C - FEB 24



JUSTIN K. PAUL
12K - FEB 26



SUMAYYA
10B - FEB 27



TIMOTHY T. GEORGE
11C - FEB 27



SALWA TANWEER
7D - FEB 28



KHALID MOHAMMED
8C - FEB 28



MOHAMMED BADRI
9C - FEB 28



RILLA MAHIMA
10B - FEB 28



SAKINA BADRI
12C - FEB 28



MRS. ANNIEF MATHIEW
- FEB 2



MR. JOEL JOHN
DSOUZA - FEB 4



MRS. SUSAN RAJESH
POTHAN - FEB 7



MRS. TINTU WILSON
- FEB 10



MRS. NAGESWARI
- FEB 10



MR. JAYESH
- FEB 18



MRS. MANJMITRA
- FEB 20



MRS. SEEMA JAYAPRAKASH
- FEB 20




MRS. SUBHASHINI
- FEB 23



MRS. K.SABHARWAL
- FEB 26

WHAT IS SUCCESS?



PRONOY SIMON
8A


That small question has led to thousands of books being written, countless conversations and much soul searching. Is it measured by a big house, a successful career and a large pay-packet? The Oxford dictionary defines it as "The attainment of fame, wealth, or social status"

But can we really fit success into that small box? Is the meaning of success much bigger than that? Is that definition losing relevance as more of us move beyond just survival and more stuff to creating a life that needs more meaning and purpose.


Here are the daily life habits of happy and successful people.

1. The creation habit
2. Commit to the habit of Exercise
3. Cultivate the good food habit
4. The habit of continuous learning
5. The Time block habit
6. The habit of persistence
7. Develop the organized habit

EXAMINATIONS



Life is full of challenges, tests and examinations and how we respond to them determines our success and failure. A healthy and a positive attitude need to be developed towards them otherwise the exams will always appear as a sword of Damocles hanging precariously above our head.



TAHA CHITKE
8A

The only way to handle and tame the bull of examination is to take it by its horns. Well, I strongly believe that the very presence of stress in our minds about examination is due to our ill preparedness and poor time management and ill responsible attitude not only to studies but to life also. So friends if you really want to enjoy exams, PLAN, PREPARE AND PERSPIRE.

Some of the tips of success:
You need to set a preparation timetable and set measureable, attainable and realistic goals.

Each subject should be given its due importance.

You must use mind maps summaries and short notes to revise lessons.

So let us celebrate examinations just as our beloved Principal Sir always says "EXAMINATION IS A CELEBRATION".

ICSK'S MOMENT OF PRIDE



Mohamed Muqlis Moiz Rafiuddin, a student of ICSK Senior, was selected for the Annual Ajyal Film Festival, held in Qatar, at the Katara Cultural Village. This event was organised and made possible by the Doha Film Institute.

Ajyal', Arabic for 'generations', brings people of all ages together through screenings and events that inspire creative interaction and stimulate cinematic dialogue.

This Extravagant event welcomes its participants and public alike for a celebration of award-winning cinema. It is held for 6 action packed days and boasts a broad display of Art, Entertainment and mainly Films. The programme includes a display of thought provoking documentaries, light hearted comedy, and live performances.

Following The Indian Community Schools tradition of recognising and rewarding excellence, Mohamed Muqlis was awarded with a prestigious memento, which was handed over by the our Principal Dr. V. Binumon during a school assembly.

YOGA AS A HEALTHY WAY OF LIFE

“INHALE THE FUTURE. EXHALE THE PAST.”



Anyone who can breathe can benefit from yoga. ... Yoga can be like a drop of peaceful day in your life--it colors everything with joy, lightness and good energy. The purest form of yoga is meditation

The word 'yoga' is derived from the Sanskrit term 'yuj' means to connect. Yoga is a communion of the human soul with the Supreme Soul. Such a spiritual union empowers a human to overcome lust, anger

and ego and live a virtuous life with spiritual awareness and compassion.

Yoga is a way of life which includes healthy relationships, silent meditation and selfless service. A yogi is naturally free from addictions and unhealthy habits. The most popular concepts about yoga are - Asanas, Physical Stretches, breathing exercises and techniques to relax and focus the mind. There are many kinds of yoga - Hatha Yoga, Tantra Yoga, Kriya Yoga, Raja Yoga (of Patanjali), Kundalini Yoga, Sankhya Yoga, Tattwa Yoga and many others.

Today yoga is practiced mostly to attain physical fitness, stamina and weight-loss. But yoga as a holistic practice was seen as a tool to facilitate inner peace, Self-realization and mental purification. Yoga isn't just exercise, it's a state of mind.

The basis of Raja Yoga is soul-consciousness

which means considering one's true Self as immortal soul having eternal relationship with the Supreme Soul and the disciplines of a yogic lifestyle, are clearly described in the Gita. The Gita describes the essence of Raja Yoga as mental communion with God: man-mana bhava; sarva-dharman parityajya mam ekam saranam vraja.



POORVA KADEMANI
8E

Raja Yoga is easy to practice. Everyone in a family including elders and children can practice this. The aim of this union with the Supreme is to become like Him in His qualities. As souls, we have similar attributes as God. As God's children, we human souls are innately good and pure; peace, truth, love, and bliss are our innate nature.

The health benefits of yoga are manifold. To be of benefit, it requires plenty of time and motivation to practice regularly.

Medicinal facts for us... How much should we stand in the Sun.!!



Lack of exposure to the sun and poor dietary intake of foods containing the vitamin D, such as fish and eggs leads to Vit D deficiency.

Vitamin D is essential for bone health as it assists in the absorption of calcium, without which the bones become less dense and fracture easily.

Spending 10 minutes per day, exposing 40 percent of the body area such as the back, arms and legs to the sun as well as eating sufficient foods containing vitamin D, are both recommended actions for helping to maintain vitamin D levels within the normal

range that prevents diseases due to Vitamin D deficiency.

Insufficient vitamin D intake is a growing problem in our region especially Kuwait, due to lack of exposure to sunlight, leading to an increased risk of the debilitating bone disease and associated bone fractures.

Vitamin D and food

Most children won't get enough vitamin D from food alone. But food with lots of vitamin D can add to the vit D we get from sunshine. Foods naturally containing vitamin D include

fresh fatty fish (salmon, herring, mackerel and sardines), liver, some mushrooms and egg yolks.

Some foods have vitamin D added to them. These include some low-fat dairy products, breakfast cereals and margarine.

Vitamin D deficiency

Children might be at risk of vitamin D deficiency if they:

- keep all their skin covered
- spend most of their time indoors and don't get much or any sun
- have a condition affecting how the body controls vitamin D levels – for example, liver disease, kidney disease, conditions that cause problems with absorbing food (like coeliac disease or cystic fibrosis), and some medicines can affect vitamin D levels have darker skin

Signs of vitamin D deficiency include rickets, delayed motor development, muscle weakness, aches and pains, and fractures. So the moral of the story is stand in the Sun, make sure you get enough sunlight exposure most of the day, throughout the year.!!!



NIVEDITHA BEHJU
11 H

IMPACT OF MEDIA



Media has had quite a deep impact on teenagers. This impact has both good and bad side. Social media and networking sites such as Facebook and Twitter have become source of major distractions for students. Young boys and girls seem to have become

inordinately addicted to these sites. They are thoughtlessly and uselessly wasting their precious time on these sites. Wise people say time well utilized is time well spent, but the youth of today is only and only wasting time on chatting, messaging, uploading photographs and modifying profiles. The smart phones and 4G connections have made the situation worse. Accessing such sites has become so easy that young boys and girls are using these sites almost everywhere and almost all the time.

Similarly they wait for their favorite TV programs with such intense longing! Students these days appear to be more worried about connecting to their friends on Facebook than being concerned about doing their studies, assignments and projects! The other major disadvantage of the increasing use of such networking sites is the spread of obscenity.

This is having a very negative impact on the impressionable minds of our young children and leading them astray. On the other hand, social networking and the facilities of media exchange formats facilitated by advancement in internet has made the life and work of so easy for everyone. Everything is available on social networking sites and platforms. There is not a single sphere or walk of life where social networking and media are not being used! Education, industry, finance, defense, teaching, learning, research, medicine, accounting, entertainment, internet, online teaching, telecommunication, media, and space research and exploration. It is internet and computer everywhere. We have to teach our teenagers how to use it judiciously for the betterment of the self.



AARAV DODEJA
7C

WHO ARE OUR FRIENDS ??



FRIENDS are those who stay with us at the time of trouble. Friends are the ones who correct us when we do wrong. Friends does not mean they have to say good about us all the time. If there is someone like that then they are not your friends. Friends can say well about us but not for fun. For example, you are wearing an indecent dress and you ask your friend about your dress they will say it is very nice and you must wear more of these types because it suites you well. You will feel happy and keep on putting it, but

least do you know that your friend said it so that you may go in the wrong direction. But if your friend is a true friend, they would say it is not good to wear them. You will feel sad and angry but your friend said that because he /she cares for you and does not want to put you in trouble. " LIES are beautiful and TRUTH is ugly". There are different types of friends and they are –

1. The ones who stay with you and goes and says badly about you when you are not there [backstabber]
2. Those who are jealous of you.
3. Those who say everything good about you just because you are famous and that your friend too wants to be
4. Those who want to steal your things
5. Those who support you always even in danger
6. Those who stand up for you
7. Those who really care for you

8. Those who wish for your bad
9. Those who correct you
10. Those who like you but actually not, just to get something
11. Those who wish for your good
12. Those who you can believe
13. Those who you can trust
14. Those who won't do any bad for you
15. Those who you cannot rely on
16. Those who want you to enjoy. Etc.....

" WE MUST CHOSE WISELY "

A very good example of your true friend is your PARENTS because they care for you , they support you , they wish for your good , they stand up for you , they correct you , they love you , they give their everything for you , you can trust them . Share with them your life.



ANN MARY BIJU
8A

Quote Garden

1. " Two things define you. Your patience when you have nothing and your attitude when you have everything."
2. "A calm mind is the ultimate weapon against any challenge in life."
3. "The value of life is not based on how long we live, but how much can we contribute to others in our society."
4. "No one has travelled the road of success without crossing the streets of failure. God never promised us an easy journey, He only promised us a great destination."
5. "An arrow can only be shot by pulling it backward. When life is dragging you back with difficulties, just imagine that it is going to launch you into something great."

BIRTHDAY CUM CHARITY FUND

BALANCE SHEET FOR THE MONTH OF JANUARY 2019

INCOME (DECEMBER)	KD	EXPENDITURE (JANUARY)	KD
Balance c/f from December	2270.140	Mrs.Melisa Cruz	150.000
		Mrs.Sareebdeen Noor	150.000
		Mrs.Enrica Dalog Alingog	150.000
		Mrs. Vincy Hareesh	150.000
			600.000
Balance from December	1670.140		
Contribution from students & Staff (January)	317.475		
Contribution by the Charity Stall during Carnival 2018	250.000		
Balance in hand	2237.615		

BIRTHDAY FUND AND CHARITY FUND COLLECTION - DECEMBER 2018

CLASS / SEC	Birthday Fund	Charity Fund	Sub Total	CLASS / SEC	Birthday Fund	Charity Fund	Sub Total
12A	-	-	-	8B	-	24.285	24.285
12B	-	-	-	8C	-	13.210	13.210
12C	-	-	-	8D	1.000	3.500	4.500
12D	-	-	-	8E	5.000	8.725	13.725
12E	-	-	-	7A	-	13.510	13.510
12F	-	-	-	7B	-	3.785	3.785
12G	-	-	-	7C	8.000	16.150	24.150
11A	-	31.970	31.970	7D	-	5.165	5.165
11B	-	3.200	3.200	7E	10.000	9.240	19.240
11C	-	13.190	13.190		28.000	228.595	256.595
11D	-	10.855	10.855	AFTERNOON			
11E	-	1.635	1.635	VI A	-	2.005	2.005
11F	1.000	11.460	12.460	VII F	-	0.315	0.315
11G	-	4.895	4.895	VIII F	-	6.110	6.110
11H	-	2.445	2.445	IX E	-	2.030	2.030
11 I	1.000	5.470	6.470	X E	-	7.210	7.210
10A	-	2.275	2.275	X F	-	16.045	16.045
10B	-	1.155	1.155	X G	-	3.340	3.340
10C	-	2.000	2.000	XI M	-	3.425	3.425
9A	-	9.600	9.600	XII J	-	2.570	2.57
9B	-	2.060	2.060	XII K	2.000	3.350	5.350
9C	-	14.420	14.420	XII L	-	4.480	4.480
9D	2.000	5.340	7.340	Total	2.000	50.880	52.880
8A	-	9.055	9.055	Grand Total	30.000	279.475	309.475

CHARITY CONVENORS - FEBRUARY



RIYAS SHAREEF
-12J



T. DAVID
-12K



SHEIKH MEHMOOD
-12L



MOHAMMED IMRAN
-10E



SAFIYA SABU
-10F



ABDULLAH FARHAN
-10G



AHMED FARZEEN
-9E



ABBAS KUTBUIDDIN S.
-8A



M.M.S. MOHAMMED
ARHAM - 8B



SARA ELNA SAJI
-8C



SRADHYA RAJ
-8D



DHARMITHA
-8E



MOHAMMED FAIZ
-8F



RITHIN PHILIP JOSE
-7A



VAIDEHI AMIT NATH
-7B



HADI NABEEH
-7C



ADINATH K ANURAJ
-7D



PIYUSH DEVADAS
-7E



SAI AKHIL
-7F



SAI NIKHIL
-6A

WE AIM TO RISE BY LIFTING OTHERS



At the Indian Community School Kuwait, we believe that not only marks but values make a difference in life. Hence, we take pride not only in academic excellence but also in lending a helping hand to the ones suffering from serious illness.

20th January 2019 marked a milestone in the history of ICSK (Senior) as the special charity assembly was conducted and the occasion was graced by the presence of Dr.Sanjay Thurathel, Specialist in Medical Oncology and Sister Gigimol from Kuwait Cancer Control Center.

The charity segment was followed by the dance performances by students of classes 9-A and 9-B which kept the audience spellbound and enchanted. The highlight of the program was the mesmerizing song sung by students of class 9-B.

JORD INDIAN

Two widely different personalities and best friends have been making our mundane digital space far more entertaining with their YouTube Channel 'Jordindian'.



KURIAN ALEX
8A - A04100

The founders Naser Al Azzeh and Vineeth "Beep" Kumar are both well known in their own professions. Naser is a well known dancer, and founder of the dance groups Black Ice Crew – India, Freeze, and Freeze B-Boy Championship; while Vineeth is a Beat-boxer and has interviewed the likes of Shahrukh Khan, A.R. Rahman, Salman Khan, Mika, to name a few, for his former stint as a 9XE tuber, as an associate of the music channel 9XE. The common ground between these two entertainers: the need to make people laugh. And they are doing just that, with Jordindian. Commenting on the message that their comic skits portray, the entertainers say, "Our goal is basically to make ourselves and people laugh, sometimes we try slipping in a subtle message here and there, some people get the message and some just get a good laugh."

5 FAIL-SAFE WAYS TO CALM DOWN

The time to relax is when you don't have time for it. -Sydney J. Harris



Being in a hurry all the time drains your energy, and that hardly comes to surprise owing to the time-constraining lives we all lead. It's natural that your work and routine help may make you feel overwhelmed. And of course, getting caught up in circumstances beyond your control stresses you out.

So how do we deal with it?

- 1) **Avoid swearing** - It is a common misconception that swearing helps release the bottled up anger. Yes, release your anger. Don't hold it all in, or else you will explode. But it is important to realize that releasing your anger and frustration on the people around you is probably not the best idea. The guilt of it might just make you feel even more stressed. Swearing only hyped you more. You'd think you'll feel better, but truthfully, you are just putting yourself in a destructive habit. If you want to yell to vent out your anger, find a place of solitude and let it all out.
- 2) **Focus on the present** - I know, easier said than done. But panicking and acting over emotional rues is just damaging yourself.

- 3) **Avoid thinking too much about the future** - Stress about future events is mainly caused due to fear, and stressing it over the present is usually caused by a feeling of powerlessness. The best thing to do would be to just let it go, and let life curve its own path for you.

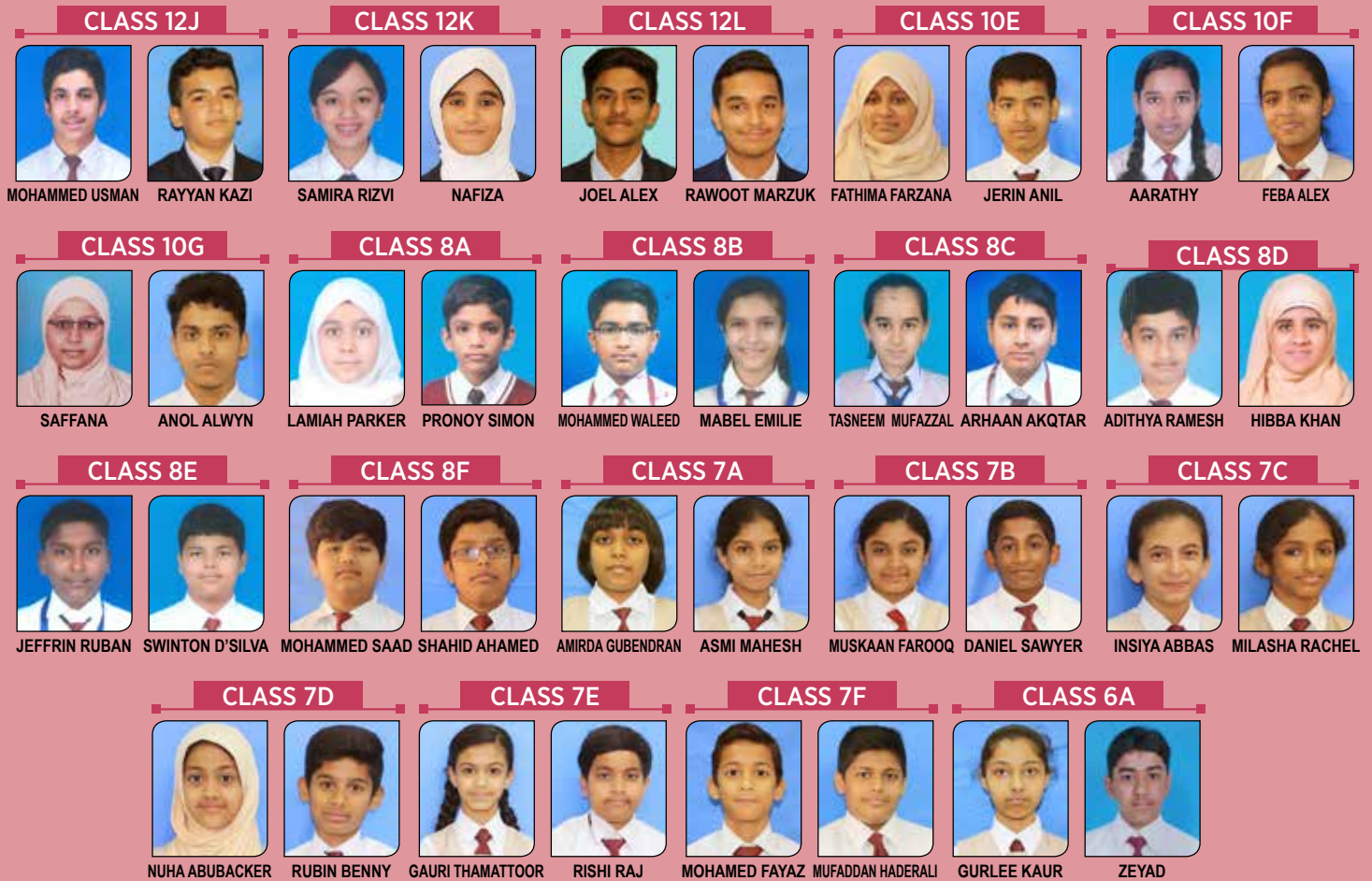


DEEPAK KUMAR
- 11 D

- 4) **Choose your response** - Even if you're powerless to change the source of your stress, you still have the power to choose how to respond to it. The appropriate response to stress depends on what is causing it. You can either just ignore your stress, or face it head-on. To choose your best response, ask yourself the following questions:
 - i) Does it matter?
 - ii) How much of control do you have over the situation?
 - iii) Is what's bothering you a thing of the past, the present, or the future?
- 5) **Inhale deeply** - Distract yourself, think about something else that elevates your feeling of gaiety. A wandering mind is always free of tension. Visualize certain peaceful surroundings like a deserted island, and if possible, get away from your source of stress.

Just remember:
TRESSED spelled backwards is DESSERTS.

CAPTAINS & VICE CAPTAINS - FEBRUARY



ICSK - SENIOR STUDENTS AT KNPC



"Field trips are opportunities for students to enter into the world of mystical power." They are the experiences learned outside the walls of a classroom.

On 3rd January 2019, we the students of ICSK Senior of class 11 studying the phenomenal and dynamic subject of Business Administration went for a field trip to one of the largest companies in the State of Kuwait, The Kuwait National Petroleum Company (KNPC). The trip was a Job-Shadow program arranged by Injaz-Kuwait. The main objective of the trip was to know

about KNPC, its different products and various operational functions.

We were informed about the crucial and important role of the Commercial Department of the company and introduced to the E-Sourcing Registration Process required for entering into contracts with the company providing the company with ease of doing business effectively throughout the world. The performance of the company was explained and the Team distributed the Sustainability Report of KNPC to everyone.

The KNPC Products namely, crude oil, diesel, fuel oil, gasoline 91, gasoline 98, Sulphur, coke, naphtha, and jet fuel were displayed for us to take a closer look and take brief notes.



ADVIKA MITTAL
11



HOGWARTS V.S REAL HIGH SCHOOLS



A school steeped in heritage, secret corridors, moving staircases, glamorous balls, robes and endless feasts. It certainly made our muggle schools seem incredibly boring and lacking in... well, magic. Ever since the first Harry Potter novel came out in June of 1997 have all wondered how much better life would have been had we all attended private boarding schools. Would we learn a new life

lesson every day? Would our love lives be exponentially better yet more dramatic? What types of fun classes would we have been able to take? What are boarding high schools really like? Well, minus the spells and daily dose of morals it really isn't much different than the movies. It may be hard to grasp, but there is no school that we know of that actually teaches students to practice magic.

Most of the boarding schools are also easier to reach and navigate than Hogwarts. None of them require passing through a secret brick wall portal surprisingly, and you don't have to worry about the confusing moving staircases.



ARSHIYA NAAZ
11-I

Did you know that the Hogwarts school was a real Castle located in Northumberland, England. It has been featured in other famous films as well, like 'Elizabeth' and 'Robin Hood: Prince of Thieves.' The four founders of Hogwarts were: Goodrich Gryffindor, Helga Hufflepuff, Rowena Ravenclaw, and Salazar Slytherin.

So, tell me... If you wear given a choice to choose between Hogwarts and Our school. Which one would it be? If you're a potter head like me, I probably know your choice, but if you're not then chant a spell and cast your way into the magical journey of Harry Potter.

FACTS TO BE KNOWN

- Laughter reduces blood pressure by 6% and stress by a whopping 28%. Laughing 100 times equal 10 minutes workout on a rowing machine.
- The wind on NEPTUNE is so fast it breaks the sound barrier.
- The human brain (when awake) produces enough electricity to power a 40 watt light bulb for 24 hours.
- There are approximately 7,000,000,000,000,000,000,000,000 atoms in human body.
- A DNA nanobot was created that can target and kill cancer cells.
- A recent study shows that playing video games is a healthy way to relax that can improve moods and self-esteem.
- A UK company has developed an ice-cream containing jellyfish proteins. It glows when you lick it.
- One lighting flash had enough energy to light a 100-watt incandescent light bulbs for 3 months, or a fluorescent bulb for about a year.
- Even if you were able to travel close to the speed of light (186,000 miles per second) it would still take 100,000 years to cross the Milky Way galaxy.



KHALID SHAFI
8A

SOLAR ENERGY: The Need of the Hour



NEHA NAIR
8E

Prime Minister Shri. Narendra Modi has made major strides in emerging India through Solar power in recent past. Shri. Modi and the then French President Mr. Francois Hollande launched the International Solar Alliance to be headquartered in India, during the UN conference on climate change held in Paris in 2015. The Present Indian Government has set a target of installing 100 GW of Solar power by 2022. It seems to be an ambitious project because the existing solar capacity is only 6.9 GW.

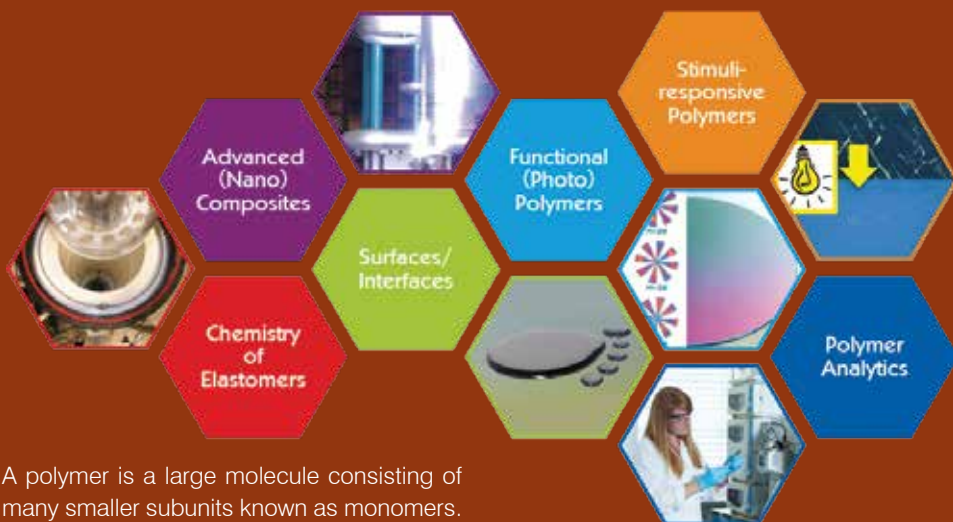
There are many reasons which makes it important for India to increase its solar energy production. The most important one is that India's solar power prices may be set to fall

below those of thermal (coal) energy since 2012. Indian solar power capacity has seen a cumulative growth which is nearly double with every progressive year.

From 2017 onwards, the State Bank of India started financing of roof top solar projects worth 400 W with many experiments have revealed the solar panels can be put along farms without adversely impacting photosynthesis of crop. This will be helpful to contribute to government's goal of doubling farmer's income by 2022. Government is expected to do justice with its desired goal pertaining to solar energy.

THE IMPORANCE OF POLYMERS TODAY

(From the department of Chemistry)



A polymer is a large molecule consisting of many smaller subunits known as monomers. There are different types of polymers and many uses for all of them. Even though people may not realize it polymers play an essential role in our everyday life. For polymers range from plastics, PVC, and Styrofoam to key structures in the human body like DNA and proteins which are key components to the human body that makes it possible for each of us to live and be unique.

So with out polymers in our body we would be dead, and with out them in our society it would be a drastically changed for the worse to say the least

Polymers are also commonly referred to as plastics so now you can put in to perspective how much we use polymers. You can also

realize how damaged and different our world would be with out polymers. Polymers such as plastics have changed the way we do things in our society for the better. With the use of polymers scientist were able to create an effective and cost efficient substitute for metals and ivory, which we used to use for making common items such as handles, pool balls, and game pieces. They were all made of ivory and since ivory is very rare and hard to obtain it raises the prices of all items made of this material. With out plastics plates, cups and silverware would still be being made of metals or other expensive material




My beautiful Sister




JITTU JOSEPH
8C

As kids we lived together
 We fought we laughed we cried.
 We didn't always show the love
 That we both had inside.
 We shared our dreams and plans
 And some secrets too
 All the memories we share
 Is what bonds me now to you
 We grew to find we have a love
 That is very strong today
 It's a love shared by our family
 You are my sister not by choice
 But by the nature of our birth
 I could have not chosen a better one
 You are the best on earth.

WHAT IS A COMPUTER VIRUS?






MAHIKA MALHOTRA
8D

humorous messages on the user's screen, spamming their contacts ,or their keystrokes. However, not all viruses carry a destructive payload or attempt to hide themselves – the defining characteristic of viruses is that they are self-replicating computer programs which install themselves without the user's consent.

A computer virus is a type of malware that, when executed, replicates by inserting copies of itself (possibly modified) into other computer programs, data file, or boot sector of hard drive; when this replication succeeds, the affected areas are then said to be "INFECTED".[1][2][3] viruses often perform some type of harmful activity on infected hosts, such as stealing hard disk space or CPU time, accessing private information, corrupting data, displaying political or



THE MIDAS TOUCH



When asked to wish for something, Midas says "I wish everything I touch turns to gold". Although Dionysus knew it was not a great idea, he granted Midas his wish.

Happy that his wish was granted, Midas went around touching random things in the garden and his palace and turned them all into gold. He touched an apple, and it turned into a shiny gold apple. His subjects were astonished but happy to see so much gold in the palace.

In his happiness, Midas went and hugged his daughter, and before he realized, he turned her into a lifeless, golden statue! Aghast, Midas ran back to the garden and called for Dionysus. He begged the god to take away his power and save his daughter. Dionysus gives Midas a solution to change everything back to how it was before the wish. Midas learned his lesson and lived the rest of his life contented with what he had.

Moral: Do not get greedy. Be happy and content with what you have.

In ancient Greek, there was a king named Midas. He had a lot of gold and everything he needed. He also had a beautiful daughter. Midas loved his gold very much, but he loved his daughter more than his riches. One day, a satyr named Silenus got drunk and passed out in Midas' rose garden.

Believing that Satyrs always bring good luck, Midas lets Silenus rest in his palace until he is sober, against the wishes of his wife and daughter. Silenus is a friend of Dionysus, the god of wine and celebration. Upon learning Midas' kindness towards his friend, Dionysus decides to reward the king.

HOW THE INDIAN STATES GOT THEIR NAMES?

NAGALAND



'Naga' originated from the burmese word 'Naka' means people with earing or pierced noses

ODISHA



'ODRA DESH' named after the orda people who inhabited the central part of the region

PUNJAB



Punjab translates to the land of five rivers in Indo - Iranian

Student Name:

Class : Section: Roll No.:

Serial No.

ACKNOWLEDGEMENT

I, the parent of studying in class section hereby, acknowledge the receipt of the February, 2019 edition of the ICSK Senior Monthly Magazine, EPICS.

Signature: Date:

Name:

WORLD

JANUARY 2019 in a Nutshell



India to grow crops for UAE, Saudi Arabia: Union Commerce Minister Suresh Prabhu announced that the UAE and Saudi Arabia had decided to use India as a base to address their food security concerns. Mr. Prabhu was speaking to presspersons after meeting delegates from the two countries, along with representatives from 44 others, at a summit of the Confederation of Indian Industry .



Sri Lanka's new India-funded train flagged off: A new passenger train, funded by the Indian government, was inaugurated between the Sri Lankan capital Colombo and the northern city of Kankesanthurai. President Maithripala Sirisena, in the presence of Indian High Commissioner

Taranjit Singh Sandhu, flagged off the train at the Colombo Fort railway station.



App launched with R-Day highlights: People can watch the highlights of this year's Republic Day parade at the Rajpath on a mobile application launched by the Defence Ministry. The 'RDP INDIA 2019' app was launched on the 70th Republic Day. This new initiative is in sync with the Digital

India campaign of the government.



Oxford chooses 'Nari Shakti' as Hindi word of 2018: Oxford dictionaries declared Nari Shakti as the Hindi word for the year 2018. The announcement was made during a session at the Jaipur Literature Festival at the Diggi Palace here. According to the Oxford dictionaries, the word has been

derived from Sanskrit and is used today to symbolise women "taking charge of their lives".



Basic literacy, numeracy skills of rural Class VIII students in decline: **ASER 2018:** While there has been some improvement in the reading and arithmetic skills of lower primary students in rural India over the last decade, the skills of Class VIII students have actually seen a decline. The

Annual Status of Education Report (ASER) 2018, the results of a yearly survey that NGO Pratham has been carrying out since 2006, shows that more than half of Class VIII students cannot correctly solve a numerical division problem and more than a quarter of them cannot read a primary-level text.



Lok Sabha passes DNA technology Bill: The Lok Sabha passed a Bill that allows regulated use of DNA technology to establish the identity of certain defined categories of persons, including offenders, suspects, and undertrials. The DNA Technology (Use and Application) Regulation Bill allows the use of

the technology to establish the identity of persons in matters of crime, parentage dispute, emigration or immigration and transplantation of human organs.



Lok Sabha passes quota Bill that provides reservation to economically backward: The Lok Sabha passed a Bill allowing 10% quota in employment and education for the general category candidates who belong to the economically weaker sections.



Union Cabinet clears merger of Dena Bank and Vijaya Bank with Bank of Baroda: The Union government on January 2 approved the merger of Dena Bank and Vijaya Bank with Bank of Baroda (BoB). With the merger, BoB will become the country's third largest bank after State Bank of India and ICICI Bank.



Morocco ranks high in climate action: Morocco has been named the second best performing country after Sweden in the Climate Change Performance Index (CCPI). The North African country significantly increased the share of renewables over the past five years and increased new

renewable energy capacity.



Modi launches road, sewerage projects in Maharashtra: Prime Minister Narendra Modi launched the four-laning of Solapur-Osmanabad section of NH-211, underground sewerage system and three sewage treatment plants at an investment of ₹1,100 crore .Mr. Modi also laid the

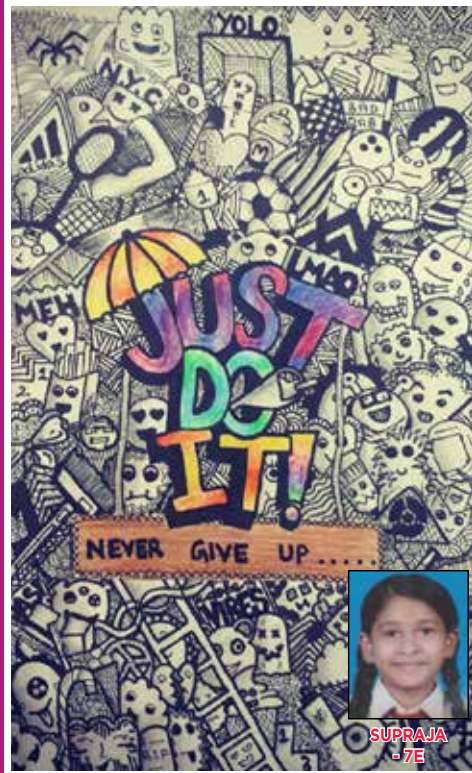
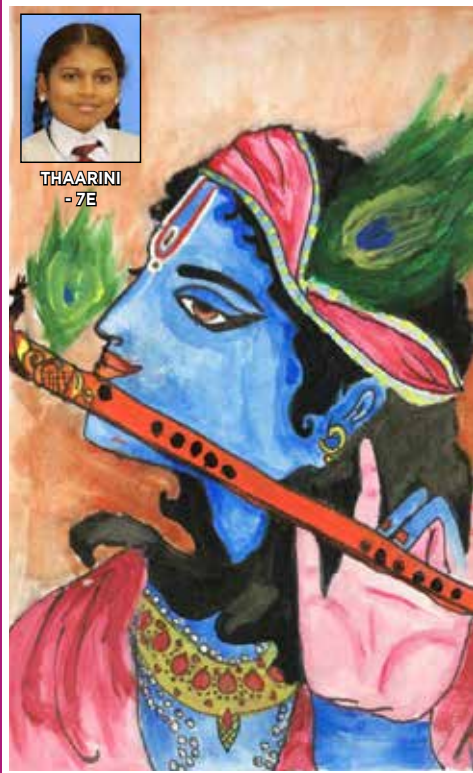
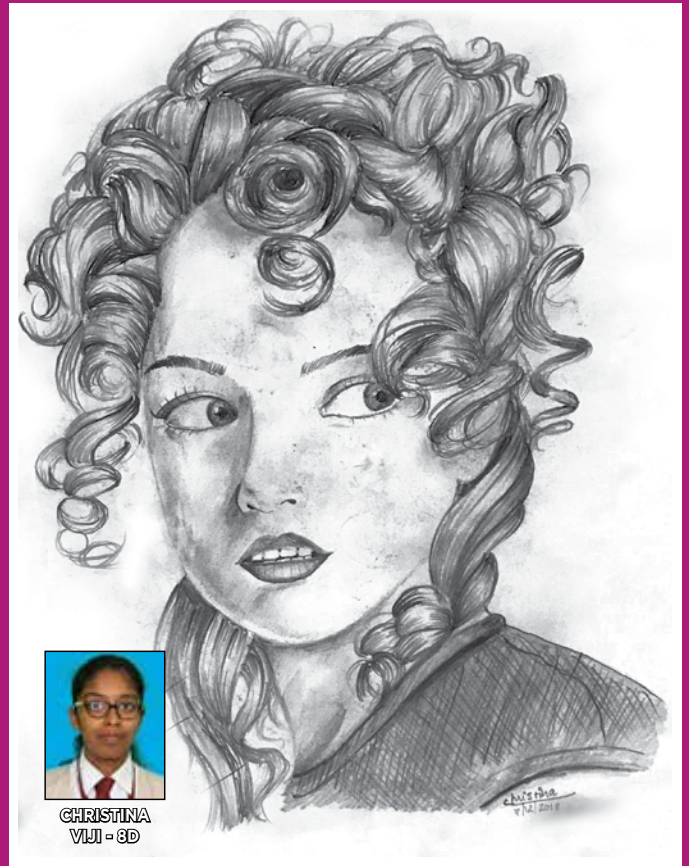
foundation stone for a ₹1,811 crore housing project of 30,000 units under the Pradhan Mantri Awas Yojana.



Driving licence may be linked to Aadhaar: Union Minister Ravi Shankar Prasad has said the government will soon make it mandatory for linking Aadhaar with driving licences.

A good plan for today is better than a great plan for tomorrow. Look backward with satisfaction and look forward with confidence.

Art Gallery



EPICTIONARY

1. **cynical:** Meaning - believing that all human nature is fueled by self-interest and hypocrisy.
Used in a sentence: He never attends the meetings because he is too cynical about society.

2. **esoteric:** Meaning - what can be understood only by an enlightened inner circle
Used in a sentence: You can blend your words with images without becoming esoteric.

3. **lucid:** Meaning-transparently clear and easily understandable
Used in a sentence: The main points of her speech were lucid and well worth listening to.

4. **nostalgic:** Meaning- a longing for familiar things of the past paired with an unhappy sensation about being away from them.
Used in a sentence: The older people got together and shared stories of nostalgic events in the past.

5. **pique:** Meaning- arouse one's interest or curiosity
Used in a sentence: His scientific curiosity was piqued by the new evidence they discovered.

6. **quixotic:** Meaning- not sensible about practical matters
Used in a sentence: Her idea for the project is too vast and quixotic to follow.

7. **rhetorical:** Meaning-a question asked to produce an effect or make a statement; it does not require an answer.
Used in a sentence: The teacher intended her question to be purely rhetorical.

8. **serene:** Meaning-calm, not agitated
Used in a sentence: He had a soft and serene expression on his face.

9. **tenacious:** Meaning- very stubborn and unwilling to yield
Used in a sentence: The girl struggled to free herself from his tenacious grip.

10. **uncanny:** Meaning-extraordinarily, surpassing the ordinary and the normal
Used in a sentence: He felt the uncanny sensation that she could read his mind.

BEST CLASSES - JANUARY

Senior Secondary



FIRST - 11A

Secondary



FIRST - 8A



SECOND - 11I



SECOND - 7C



THIRD - 11C



THIRD - 8E

AFTERNOON



FIRST - 12K



FIRST - 10F

Forthcoming Events



- ACCA seminar
- AISSCE Fashion Studies
- Aashirwad - The blessing ceremony for class XII
- Ashish - The blessing ceremony for Class X
- Result Declaration of Class 9 and 11
- Prayan I for Class XII 2020
- Prayan II for class X 2020
- AISSC and AISS Examinations



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