



EPICS



MONTHLY MAGAZINE
THE INDIAN
COMMUNITY
SCHOOL (SENIOR)
KUWAIT

E EMOTIONAL P PHYSICAL I INTELLECTUAL C CULTURAL S SPIRITUAL

DECEMBER 2021



PRINCIPAL'S MESSAGE

Dear Children,

Welcome to the December edition of EPICS. I know that you are eagerly waiting to welcome 2022. On this occasion, let us discuss some positive thoughts to be

followed in the coming new year.

1. Accept things with love and understanding.

No matter where you are, or what you're doing, always believe that there's light at the end of the tunnel. Never expect, assume, or demand. Do the best you can to control your circumstances, and learn to accept that you can't always control everything. Once you've done all that is in your power, if it's meant to happen – it will happen.

2. Life can be simple.

Even though you often feel life is too complicated, you can always make it simple. All you need to do is focus on one thing at a time. You don't have to do all the things that come your way and most important - you don't have to do it right now. Be active and do the best that you can. Whatever you put into life – life will hand it back to you with interest.

3. You're not who you were – that's okay.

Every day we learn something new which changes us in some way or another. Sometimes we realize we're not who we used to be, but that's perfectly normal. Everybody changes. In your life, people will point out the changes. All you need to do is tell them, "Of course I've changed, and so have you -Everybody changes."

4. Everything that happens is for the best.

Be it significant or otherwise, joyous or sad, anything that happens will end up being in your favour. Everything that happens in our life, builds us and helps us grow. Life will take you to different places and destinations, show you things, heal you and make you into a better person. Don't be afraid to try or even to fail. In the end, everything is just a small part of life's larger plan to turn

you into whom you're supposed to be.

5. Choose happiness, not wealth.

Many people live their lives, believing that money will make them happy, but the pursuit of wealth is devoid of meaning. Every choice you make, be sure to consider your happiness, not your bank balance. In this way, when you've reached old age, you'll know and understand the true value of things and not their monetary value. In the end, you'll understand that the best things in life are things that money can't buy – The only invaluable things in life are 'love and friendship'.

6. Decide to be positive.

One of the most important things you should understand about life is that, if you're not happy, it is not the circumstances that are to be blamed, but it's your own decision to remain unhappy. Every time life places obstacles in your path, give life a big grin, accept the obstacle's and overcome it with joy. Take a decision to always remain happy, stand by your decisions and do whatever is in your power to keep them. This is the true secret to happiness.

7. Some things you only understand when you're older.

In the end, people will judge you according to your actions. So, the best thing is, instead of trying to impress and please everyone, follow your heart and do what you want to do, without fear. Remember that, it's better to say "I can't believe I did it!" rather than "I wish I did it..."

8. Stop looking for a better result.

We humans always want better results in whatever we do or pursue. We want a sense of closure and completion. But that's not what life is about, life is full of good results and also failures – learn to accept both. Never be afraid to leave everything and start anew, you still have time, no matter what your age may be. Aspire to make the most out of whatever time you have on this planet.

Dear children, enjoy your Winter Vacation. Wishing you and your loved ones A Merry Christmas and Happy New Year.

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EDITORS' NOTE

Dear Children,

Greetings from the editorial board. Here is a story to cheer you and to gear up for the new term.

The Story of the Donkey and Tiger

The donkey told the tiger:
The grass is blue".
The tiger replied:
No, the grass is green".

The discussion became heated up, and the two decided to submit the issue to arbitration, and to do so they approached the lion, King of the Jungle.

Before reaching the clearing in the forest where the lion was sitting on his throne, the donkey started screaming:

Your Highness, is it true that grass is blue?".
The lion replied:
"True, the grass is blue".

The donkey rushed forward and continued:
The tiger disagrees with me and contradicts me and annoys me please punish him".
The king then declared:
"The tiger will be punished with 5 years of silence".
The donkey jumped for joy and went on his way, content and repeating:
"The grass is blue"...

The tiger accepted his punishment, but he asked the lion:
"Your Majesty, why have you punished me, after all, the grass is green?"
The lion replied:
"In fact, the grass is green".
The tiger asked:
"So why do you punish me?"
The lion replied:
"That has nothing to do with the question of whether the grass is blue or green. The punishment is because it is not possible for a brave, intelligent creature like you to waste time arguing with a donkey, and on top of that to come and bother me with that question".

The worst waste of time is arguing with the fool and fanatic who doesn't care about truth or reality, but only the victory of their beliefs and illusions. Never waste time on discussions that make no sense... There are people who for all the evidence presented to them, do not have the ability to understand, and others who are blinded by ego, hatred and resentment, and the only thing that they want is to be right even if they aren't. When ignorance screams, intelligence shuts up. Your peace and tranquility are worth more.

Send your valuable contributions to
epicseditor@icsk-kw.com



Mrs. Susan George



Mrs. Tintu Wilson



You actually lose a large percentage of your taste buds while in an airplane. This might explain a lot about those less-than-stellar in-flight meals

Like humans, Koalas actually have unique individual fingerprints.

The Hollywood sign in Los Angeles once said "Hollywoodland".

Buzz Lightyear's original name is Lunar Larry.

Russia has whopping 11 time zones within the country.

Clocking in at 1,560 words, "Rap God" by Eminem is the song with the most words.

Ketchup was once sold as medicine to treat Diarrhea and indigestion.

In Denmark, you must name your child a government approved name.

Saint Lucia is the only country in the world named after a woman.

Broccoli contains more protein than a lot of meats, including steak.

When lady Gaga went to NYU, a group of students started a Facebook group about how she would never be famous.

Pistachios are technically fruits.

Every two weeks, another language or dialect goes extinct.

Honey is the ONLY food that includes all the substances necessary to sustain life, including water and it never goes bad.

Only 5% of the ocean has been explored.

There are more people in California than Canada.



INAS MOHAMMED
11 B



Power is of two kinds. One is obtained by the fear of punishment and the other by acts of love. Power based on love is a thousand times more effective and permanent than the one derived from fear of punishment

Mahatma Gandhi

Children's Day



Educators of ICSK celebrate Children's Day Teachers encourage minds to think, hands to create and hearts to love

The mentors of ICSK hosted a special assembly to celebrate Children's Day in a very unique and informal way through online mode on 14th November, 2021. They donned a variety of roles and mesmerized the audience with their lively performances. The celebration was attended by Dr. V. Binumon, Principal and Senior Administrator ICSK Senior, Vice-Principal Mrs. Susan Rajesh, Deputy Vice Principal, Mrs. Mini



some touching thoughts on children's day. This was followed by an energetic group dance and a medley of songs.

Art is the best way to express thoughts and emotions. To establish this fact, Mr. Mukundan P. demonstrated a portrait painting of our beloved Principal Dr. V. Binumon. Mr. Joel D'Souza as Cha Cha Nehru enlightened the children with words of wisdom. Dr. V. Binumon Principal and Senior Administrator, addressed the gathering and wished all the students a Very Happy Children's Day. He gave an inspiring and motivational speech which strung the right cord with the students.

You never become old if you carry your childhood with you!!!

Shaji, the entire teaching and administrative staff and students. The host for the show was Ms. Teena.

The program kick started with the Islamic Prayer followed by the school prayer and Kuwait National Anthem. The 'Word of the

Day' was shared by Vice Principal Mrs. Susan Rajesh, she gave us the word and the meaning and affirmed it with a befitting example. The entire assembly was led by the teachers. Thereafter began the cultural programs which were really entertaining and energizing. Mrs. Elizabeth Thomas shared

EPITOME OF SUCCESS SUDHA MURTHY



Some women are born to inspire. Be it Mother Teresa, Sarojni Naidu, Kalpana Chawla, or Indira Gandhi, women have always been a source of motivation and a catalyst for social change. One such name is Sudha Murthy who has made a prominent impact on the Indian society. A writer, philanthropist, and entrepreneur, Sudha Murthy is revered for being a prolific writer, facilitating the education of poor children and for being one of the brains behind Infosys, India's leading IT company. Soberly dressed in traditional Indian attire, Sudha Murthy's philanthropic work has garnered global recognition. From becoming the first female Engineer of India to heading a company like Infosys,

her seriousness towards making a change in society and her educational journey has played a significant role in her making.

Sudha Murthy has always been an advocate of women's rights and a pioneer in the development of education. Once she wrote to Tata Motors, also known as Telco about their men-only policy, and for that she was called to an interview, and later became the first female engineer to be employed in India. Her position at Telco was important in redefining the company's jobs policies.

Besides supporting her husband Narayana Murthy in establishing Infosys and giving him

the initial investment, she has written a humongous volume of literature which includes books for kids as well. Through her books, she has encouraged the young and elderly to inculcate a habit of reading in them. Sudha Murthy's education and relentless efforts at contributing towards the improvement in society has made her a brand name. Through her Infosys Foundation, she has helped in spreading awareness about education, public hygiene, poverty alleviation. Sudha Murthy is also the chairperson and trustee of Infosys Foundation. With her Master's in Electrical Engineering from the Indian Institute of Science, Bangalore, she started Infosys Foundation in 1996. She has built 2300 houses in flood-affected areas through the foundation. She also covers public hygiene, healthcare, education, art and culture and poverty alleviation. She has built 7000 libraries in schools, 16,000 toilets.

The greatness of Sudha Murthy and her ideology to lead society towards a better future has inspired many to take philanthropy as a way of living. Personalities like her inspire us to believe in dreams and working hard towards achieving them.



RYAN DIAS
- 111

India Administers Over One Billion Covid Vaccine Doses



Since launching its massive vaccination campaign in January, India has administered over 1 billion doses of Covid-19 vaccine.

According to government data, 708 million people, or almost 75% of the eligible population, have gotten at least one dose of vaccination, with 30% having been fully immunized against the disease. Only anyone over the age of 18 are currently permitted

to receive the shots. According to CNBC'S translation of Prime Minister Narendra Modi's Hindi speech, "This achievement belongs to India, every citizen of India." "I extend my thanks to all of the country's vaccine manufacturing businesses, vaccine transportation workers, and health-care experts working on vaccine development."

New Delhi plans to fully vaccinate all of India's

adult population by the end of the year, but some, including the Delhi High Court, have expressed reservations about the country's capacity to fulfill that deadline. The number of daily doses has not been consistent. For example, data from the last month showed that India administered as many as 10 million tablets on certain days and as few as 900,000 on others.

Since the inoculation programme began, India has approved a number of vaccinations. The AstraZeneca shot, locally called as Covishield and made by the Serum Institute, Bharat Biotech's Covaxin, and Russia's Sputnik-V are among others.

Between February and early May, India was hit by a devastating second wave, with daily infection cases and death rates skyrocketing. India's health-care system was pushed to the breaking point by the crisis.



JENESSA MATHEWS
- 8C



Expo 2020 is a World expo, hosted by Dubai in the United Arab Emirates from 1 October 2021 to 31 March 2022. The Bureau International des Expositions (BIE) general assembly in Paris named Dubai as the host on 27 November 2013.

So what exactly is the World expo?

A world’s fair is a large international exhibition designed to showcase achievements of nations. These exhibitions vary in character and are held in different parts of the world at a specific site for a period of time, ranging usually from three to six months.

Since the 1928 Convention Relating to International Exhibitions came into force, the Bureau International des Expositions has served as an international sanctioning body for international exhibitions. Four types of international exhibition are organized under the auspices of the BIE: World Expos, Specialized Expos, Horticultural Expos (regulated by the International Association of Horticultural Producers) and the Milan Triennial. Depending on their category, international exhibitions may last from three weeks to six months.

A brief history

The first World Expo – the Great Exhibition – took place in London in 1851. The concept became popular and was repeated across the globe, demonstrating an unparalleled power of attraction and a record of world-class legacies.

Since the BIE was created to regulate and oversee these mega-events, World Expos have explicitly been organized around a theme that attempts to improve humankind’s knowledge, takes into account human and social aspirations and highlights scientific, technological, economic and social progress.

Why Expo?

Expos are global events dedicated to finding solutions to fundamental challenges

facing humanity by offering a journey inside a chosen theme through engaging and immersive activities. Expos have the capacity to unleash dreams, desires and inspiration, boosting mobility and elevating self-awareness. They are large-scale platforms for education and progress that serve as a bridge between governments, companies, international organizations, and citizens.

A dive into Expo 2020

The expo will have a theme called “Connecting Minds, Creating the Future”.

The expo will also have three subthemes:

1. Opportunity
2. Mobility
3. Sustainability

Each of them will have its own pavilion.

Over 190 countries are gathered for Expo 2020 Dubai, the highest number of

countries ever to participate in a World Expo, with each participating country having its own pavilion, situated in either the Opportunity District, Mobility District, or Sustainability District. The Expo experience, in addition to national, thematic and corporate pavilions, also features a bespoke calendar of thematic, cultural and entertainment events, such as the programme for People and Planet. During the next six months, key stakeholders will meet for fruitful exchange around some of the most important pressing challenges including climate and biodiversity, water, and urban and rural development, while thousands of cultural performances and sports activities will take place on the 4.38 square kilometre site.



FUAD MERCHANT -12B

Initially scheduled to open on 20 October 2020, the World Expo was postponed for one year due to the impact of the Covid-19 pandemic around the world. Keeping the name “Expo 2020 Dubai, the Organizer has worked closely with the BIE and International Participants to deliver a safe visitor experience with enhanced digital outreach. In addition to reinforced entry measures that require adult visitors to show proof of Covid-19 vaccination or a recent negative PCR test, the Expo applies social distancing and offers a Smart Queue system for pavilion visits.



BIRTHDAY CUM CHARITY FUND

BALANCE SHEET FOR THE MONTH OF NOVEMBER 2021

INCOME (OCTOBER 2021)	KD	EXPENDITURE (NOVEMBER 2021)	KD
Balance c/f from October 2021	2830.340		
Contribution from students (November 2021)	29.575		
Miscellaneous	7.000		
Balance in Hand	2866.915		

BIRTHDAY FUND AND CHARITY FUND COLLECTION - NOVEMBER 2021

CLASS / SEC	Birthday Fund	Charity Fund	Sub Total	CLASS / SEC	Birthday Fund	Charity Fund	Sub Total
11 D	-	0.500	0.500	7A		1.405	1.405
11 E	-	-	-	7 B	-	4.905	4.905
11 F	-	0.250	0.250	7 C	-	0.18	0.18
9 B	-	0.700	0.700	7 D		0.800	0.800
9 D		2.270	2.270	7 E	-	1.500	1.500
9 E		0.455	0.455	6A	-	0.850	0.850
8A	-	5.400	5.400			26.745	26.745
8 B		0.200	0.200	AFTERNOON			
8 C	-	1.455	1.455	10 F		0.330	0.330
8 D		2.080	2.080	12 J		1.500	1.500
8E		2.410	2.410	12 K		1.000	1.000
8 F		1.390	1.390	TOTAL		2.830	2.830
				GRAND TOTAL		29.575	29.575

If music was a drug, it would be marketable



"I think music in itself is healing," American musician Billy Joel once said. "It's an explosive expression of humanity. It's something we are all touched by. No matter what culture we're from, everyone loves music." Most of us would wholeheartedly agree with this statement, and it is this universal bond with music that has led researchers across the globe to investigate its therapeutic potential. We can all think of at least one song that, when we hear it, triggers an emotional response.

A 2011 study by researchers found that listening to music increases the amount of dopamine produced in the brain— a mood-enhancing chemical, making it a feasible treatment of depression. Bob Marley once.

A 2011 study by researchers found that listening to music increases the amount of dopamine produced in the brain— a mood-enhancing chemical, making it a feasible treatment of depression. Bob Marley once sang: "One good thing about music, when it hits you feel no pain." According to some studies, this statement may ring true. Certain songs have the ability to remind us of certain periods or events in our lives – some that

make us smile, and some we would rather forget. With this in mind, researchers are increasingly investigating whether music may aid memory recall. Based on the research to date, there is certainly evidence that we have much more than just an emotional connection with music. So the next time you put on your favorite track, have a little dance around safe in the knowledge that you are likely to be reaping some health benefits.

"If music was a drug, it would be marketable"



MANNA ANN MATHAI
-11C



CHARITY CONVENERS - DECEMBER



ZAINAB SYED
- 12A



ALEENA MANU
- 12B



GEOFFREY GEORGE
- 12C



FAHAD MOHAMED
- 12D



VYSHNAVI
- 12E



SAYEDA BUSHRA
- 12F



HRISTUN
- 12G



JOSHUA GEORGE
- 12H



TOBY GEORGE
- 12I



ABDUL REHMAN
- 12J



VEERLA NEHA
- 12K



SANIYA ASIF
- 11A



TANJOT SINGH
- 11B



NUHA ZAYNAB
- 11C



AYAAN ISMAIL
- 11D



BASMA SABAH
- 11E



ANJO CHERIYAKAVIL
- 11F



SIDHAN
- 11G



JEWEL JANE
- 11H



YOUSUF KHALID
- 11I



KRIS BENNY
- 11J



THAMEEM SALWA
- 10A



JOANNA ABIGAIL
- 10B



SAIF RFIQ
- 10C



ZEHRASAGAR
- 10D



RIYON SAM
- 10E



ALWIN
- 10F



PRAJITH DAMODAR
- 9A



RAYZEL MENEZES
- 9B



SAKINA
- 9C



ROHAN STEPHEN
- 9D



FATIMA ZAMEER
- 9E



QUNOOT NADEEM
- 9F



NEO NOBY
- 8A



NEHA ANN
- 8B



HIBAH FARHATH
- 8C



ZAID MUFFASSIR
- 8D



YOUKTA SADVI
- 8E



VIGNESH KISHOR
- 8F



SHAIK ABDUL
- 8G



MICHELLE PINTO
- 7A



DARREN JIMMY
- 7B



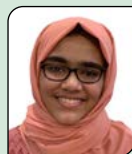
EMAN MOHAMAAD
- 7C



KISHORE RAMESH
- 7D



GAYATHRI SENTHIL
- 7E



AMNA ZARIYA
- 7F



TEJU
- 6A



ALIYA MALAYANOOR
- 6C



Ingredients:

- 1.5 cup milk
- 2 tbsp (12 grams) cocoa powder
- 2 tbsp (16 grams) corn flour
- ¼ cup (60 grams) sugar
- ½ cup cream
- ½ cup (95 grams) chocolate chip
- 1 tsp vanilla extract
- ¼ tsp salt

Preparation:

In a large bowl take 1 cup milk and add 2 tbsp cocoa powder and 2 tbsp corn flour. Whisk well until the mixture is well combined without any lumps. Transfer the mixture to a kadai and add ½ cup milk. Cook on low flame stirring continuously. Once the mixture is well combined add ¼ cup sugar. If you are looking for slightly sweeter pudding then add ½ cup sugar. Stir until the sugar is dissolved completely. Further, add ½ cup cream and continue to stir until the mixture turns smooth

and silky. Now add ½ cup chocolate chip. I have used a milk chocolate chip, you can use dark chocolate for intense chocolate flavour. Stir until the chocolate chip melts completely. Keep cooking on low flame until the mixture thickens and turns glossy. Turn off the flame and add 1 tsp vanilla extract and ¼ tsp salt mix well. Transfer the chocolate pudding into small cups and cover with a lid. You can alternatively use cling wrap to cover.



MUSKAN NISAR
- 12D

BEST STUDENTS - NOVEMBER



AMMAR ZAMIN
- 12A



SYED ATIF
- 12B



ADITYA
- 12C



ASHTON AFFOS
- 12D



FATEMA ALI
- 12E



SAUOD
- 12F



HUSSAINA
- 12G



MOHD
- 12H



ELEORA ANDRADE
- 12I



ALBIN VARGHESE
- 12J



ANNA SARA
- 12K



SIHAAM MOHAMMED
YUSUF- 11A



ATIYAH
- 11B



MANNA ANN
- 11C



ANEEQA MUJEEB
- 11D



JOELLA JOE
- 11E



ABBAS ALI
- 11F



DANNY
- 11G



ADITHYA HARSHA
- 11H



JEROME JOHN
- 11I



AMINA SHAJI
- 11J



SIVANESAN
- 10A



NEHA ANN
- 10B



MAZIN MAHIR
- 10C



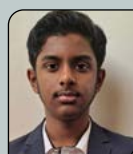
ISHAAN
- 10D



ABHINAV
- 10E



MANO JOSEPH
- 10F



KARAN RAMESH
- 9A



BRITWIN ROY
- 9B



AAVANI VINOD
- 9C



REVA BAVIN
- 9D



JEREMAI COLACO
- 9E



KULSUM SYED
- 9F



KARTHICK
- 8A



ROSHIL REJI
- 8B



S. FARAH AFSHEEN
- 8C



AASHITA UPADHYAY
- 8D



AMOGH RASTOGI
- 8E



NEVAN CAEL
- 8F



NOUMAN
- 8G



ROSHAN BINISH
- 7A



ERIC LAKH
- 7B



SANJAY
- 7C



ANIRUDDH
- 7D



CHRISTY ROJI
- 7E



NAKSHATRA NISHAD
- 7F



RIZWANA
- 6A



BHAVANA SIBBALA
- 6C

PUZZLES

- 1) What has many keys but can't open a single lock?
- 2) A man dies of old age on his 25 birthday. How is this possible?
- 3) What goes up and down but doesn't move?
- 4) If you're running in a race and you pass the person in second place, what place are you in?
- 5) It belongs to you, but other people use it more than you do. What is it?
- 6) What has hands, but can't clap?
- 7) What kind of band never plays music?
- 8) What has 13 hearts, but no other organs?
- 9) I have no life, but I can die, what am I?
- 10) I never ask questions, but always answers. What am I?

- Answers:
- 1) A piano
 - 2) He was born on February 29
 - 3) A staircase
 - 4) Second place
 - 5) Your name
 - 6) A clock
 - 7) A rubber band
 - 8) A deck of cards
 - 9) A battery
 - 10) A doorbell



JERRY SAM JOSE
- 12D

Is taking stress bad?



Yes. Stress, particularly distress, has adverse effects on health and no one should take stress. Now a days life is very stressful but we should learn to keep calm and avoid any stress. Here are some of the disadvantages of taking stress.

1. Stress makes it difficult to control your emotions

It's no secret that stressed people can fly off the handle. But new research reveals just how little stress is actually required for you to lose your cool.

A 2013 study by neuroscientists found that even mild levels of stress can impair our ability to control our emotions.

2. Stress can promote disease

Some people are more prone to certain diseases, and chronic stress can give these conditions the green light.

Stress has been linked to illnesses that include cancer, lung disease, fatal accidents, suicide, and cirrhosis of the liver.

3. Stress can ruin your teeth and gums

Some people respond to stressful situations through nervous tics or by grinding their teeth.

While people often grind their teeth unconsciously or when they sleep, it can do lasting damage to your jaw and wear your teeth thin.

A multi-university study in 2012 also linked stress to gum disease.

4. Stress can ruin your heart

Stress can physically damage your heart muscle.

Stress damages your heart because stress hormones increase your heart rate and constrict your blood vessels. This forces your heart to work harder, and increases your blood pressure.

According to the American Institute of Stress, the incidence rate of heart attacks and sudden death increases after major stress inducing incidents, like hurricanes, earthquakes, and tsunamis.

5. Stress can make you gain weight

In the ancient days of hunter-gatherers, harsh conditions forced people to eat as much as possible when food was available in order to store up for lean times.

That compulsion lives on inside us, and comes out, when we are stressed.

Researchers at the University of Miami found that when people find themselves in stressful situations, they are likely to consume 40 percent more food than normal.

6. Stress can make you look older

Chronic stress contributes significantly to premature aging.

Researchers at the University of California, San Francisco, discovered that stress

shortens telomeres - structures on the end of chromosomes - so that new cells can't grow as quickly.

This leads to the inevitable signs of aging: wrinkles, weak muscles, poor eyesight, and more.

7. Stress weakens your immune system

The connection between mind and body is often underestimated.

The high demands stress puts on the body can make the immune system suffer, which makes you more vulnerable to colds and infections.

The American Psychological Association (APA) recommends calming exercises, as well as social outlets to relieve stress.

8. Stress can lead to long-term disability

The potential dangers created, even by mild stress, should not be underestimated. It can lead to long-term disability, serious enough to render you unable to work.

Researchers reached this conclusion after their five-year study of 17,000 Swedish working adults, ages 18 to 64. One in four study subjects, in the Stockholm area who had mild stress, were awarded disability benefits for physical conditions like angina, high blood pressure, and stroke. Nearly two-thirds drew benefits for a mental illness.



SUHEERA MUJEEB
-12B

DID YOU KNOW?

- A crocodile cannot stick its tongue out.
- The students in China receive the most homework in the world.
- Caterpillars have 12 eyes.
- An Ostrich's eye is bigger than its whole brain.
- Number four (4) is the only one with the same amount of letters.
- A bolt of lightning is 5 times hotter than the Sun.
- The human nose can detect and recognize three trillion different scents.
- French Fries are originated from Belgium, not France
- Hot water will turn into ice faster than cold water.
- People say "Bless you" when you sneeze because when you sneeze, your heart stops for a millisecond.



ASHIMA
ELIZABETH BOBY
- 6A

APPRECIATION CORNER

KUWAIT CHILDREN'S SCIENCE CONGRESS (KCSC 2021)

Kuwait Children's Science Congress (KCSC) along with the Department of Science and Technology, Govt. of India organised an innovative program on 26th November, 2021 for young student scientists to showcase their scientific knowledge and aptitude. Focal theme for the year 2021 was "Science for Sustainable Living". Team consisting of Aaron Varghese James and Nesline Maria Shibu from grade 9 received the honor of Outstanding Project with A grade. Team comprising of Karthik Narayan and Aniruddh Vimal from grade 8 and 7 was declared as the Best Creative Project under junior category.

Senior Category (Outstanding performance with GRADE A)

Junior Category (Best Creative project)



Aaron Varghese James
9C



Nesline Maria Shibu
9C



Karthik Narayan
8D



Aniruddh Vimal
7D



Aashna Ram of 7 D received consolation prize for "Best out of waste" contest organized by Indiansinkuwait.com under IJK Spectrum, in association with Green Rubber Recycling.



Nuzha Mohammed Shaikh of 12 K participated in 5 km Gulf Bank Marathon



Alex Jayson
6 A



Amalia Rose James
6 A

The Indian community School Junior Branch conducted Smartcus Quiz on 18th November 2021 for classes 4th to 6th. The winners are Amalia Rose James and Alex Jayson of ICSK Senior bagged the 1st position. It was really a knowledge hunt for the students of ICSK.

THE INDIAN COMMUNITY SCHOOL, KUWAIT



**Extends its
Heartiest Congratulations to**



ETHAN SANJAY CHERIAAN
Grade 10



MOHAMMED THOUFIQ
Grade 12

for being selected to be a part of the

**PRESTIGIOUS ASIA CUP U-19 CRICKET TEAM
REPRESENTING THE STATE OF KUWAIT**

Their enduring qualities of Perseverance, Passion and Skills helped them emerge victorious in the final team selection.

'Self-belief and hard work will always earn you success.'

Best wishes from the ICSK family...



THE STRUGGLES OF OUR LIFE

Once upon a time, a daughter complained to her father that her life was miserable and that she didn't know how she was going to make it. She was tired of fighting and struggling all the time. It seemed just as one problem was solved, another one soon followed.

Her father, a chef, took her to the kitchen. He filled three pots with water and placed each on a high fire. Once the three pots began to boil, he placed potatoes in one pot, eggs in the second pot, and ground coffee beans in the third pot. He then let them sit and boil, without saying a word to his daughter. The daughter moaned and impatiently waited, wondering what he was doing. After twenty minutes he turned off the burners. He took the potatoes out of the pot and placed them in a bowl. He pulled the eggs out and placed

them in a bowl. He then ladled the coffee out and placed it in a cup.

Turning to her, he asked, "Daughter, what do you see?" "Potatoes, eggs, and coffee," she hastily replied. "Look closer," he said, "and touch the potatoes." She did and noted that they were soft. He then asked her to take an egg and break it. After pulling off the shell, she observed the hard-boiled egg. Finally, he asked her to sip the coffee. Its rich aroma brought a smile to her face. "Father, what does this mean?" she asked. He then explained that the potatoes, the eggs, and coffee beans had each faced the same adversity-the boiling water. However, each one reacted differently. The potato went in strong, hard, and unrelenting, but in boiling water, it became soft and weak.

The egg was fragile, with the thin outer shell protecting its liquid interior until it was put in the boiling water. Then the inside of the egg became hard. However, the ground coffee beans were unique.

After they were exposed to the boiling water, they changed the water and created something new. "Which one are you?" he asked his daughter.

Moral of the story:

In life, things happen around us, things happen to us, but the only thing that truly matters is how you choose to react to it and what you make out of it. Life is all about learning, adapting, and converting all the struggles that we experience into something positive.



RIDA FAISAL KHAN
-9E

How to know if you are on the Right path or wasting time.



(Or grab them both.) When people tell you to find your passion, they never tell you how difficult it's going to be. The majority of people change careers more than once. How are you supposed to know which food you like unless you taste it all? You can't find your passion unless you follow all the things, you're curious about.

What to do if you realize you're on the wrong path.

In case you realize, by the end of this piece, that you're not on the right path, don't sweat it. Don't get angry or feel afraid. Some people think they've wasted time when they realize they've been pursuing the wrong career. They didn't. Life has a funny way of working out. Whatever you learned in one career is somehow going to help you with the next. Your education doesn't go to waste. If you're living the wrong life, then try something new. It doesn't have to be complex.

So, how do you know you're actually doing what you love?

1. You're willing to do what it takes (and all the work associated)

2. You play the long game with patience
3. You love to learn about it

That's how you know you've found a winner.

One More Thing...

It's obvious, but if what you do makes your heart glow, you're on the right track.

Does your thing do that for you? Is it your safe place? If it does, you're on the right journey. Hope you keep going for as long as it makes you happy despite the results. If this article made you realize you're on the wrong route, don't worry about it. It's no big deal. You just have to move on and find something else.

Be brave.



YUVATHI
ARUNKUMAR - 11B

The Truth About Finding Your Passion.

You don't have to stick with your choice. You can turn around, walk back to that dessert table, and trade your snack for another.

Birthday Arcade -December



ELIJAH RICHARD
11B - DEC 1



JAMILA SHAMOON
9D - DEC 1



JOSHUA JOHN
12J - DEC 1



ALI ASGHAR HUSNA
11G - DEC 2



ANTON K SAM
12A - DEC 2



MAZIN MAHIR
10C - DEC 2



VAIBHAV SREEJITH
9F - DEC 2



JESU JOEL GEORGE
12C - DEC 3



ABEL GEORGE
12I - DEC 3



NIKHIL SUNIL
8D - DEC 3



RIZWANA
6A - DEC 3



ZIYAD ZUBER
11C - DEC 3



DAANYA
12A - DEC 4



KARTHIK NANDAN
9B - DEC 4



MAAZ MUBIN
9E - DEC 4



RIAN SWITHIN
8F - DEC 4



WASIYA SULTANA
9D - DEC 4



ZAINAB AFZAL GORI
9E - DEC 4



ADNAN
11F - DEC 5



ROYCE NINAN PHILIP
12F - DEC 5



ANNISHA RACHEL
12D - DEC 5



JAMIE JAYSON
12C - DEC 5



SAI SAANVI ROKKAM
8C - DEC 5



SANJANA KIRAN
12E - DEC 5



SUDEV
11D - DEC 5



AARON JOE
10C - DEC 6



POORVA NIRMAL
11I - DEC 6



AMIL MATHEW ALEX
10E - DEC 6



ROOPAN RATHISH
7B - DEC 6



AARON MATHEW
10A - DEC 7



ABDULLAH QUADRI
7A - DEC 7



ANGELO MANFRED
11I - DEC 7



MOHAMMED
12H - DEC 7



RENIAL D. SOUZA
12E - DEC 7



RONAL SHOEY
12D - DEC 7



SERENA DAISY D
7A - DEC 7



AADIL MOHAMED
12C - DEC 8



FAIZA BEGUM
12I - DEC 8



KATHERINE MARY
12B - DEC 8



MARIA MOJALI
11A - DEC 8



SHRUTHIKA
9C - DEC 8



SYED ALMAN
7C - DEC 8



SHARON ELZA
9B - DEC 9



ACHU JOHN
12I - DEC 10



AISWARYA SUNIL
12A - DEC 10



SAKINA ARJAN
12I - DEC 10



YASH GAUR
10E - DEC 10



ARTHISH GANI
10E - DEC 11



UMAIR ZAHID RAUT
11A - DEC 11



PRATHIYUSH
11D - DEC 11



ADHINYA SUSHANT
7D - DEC 12



ALEXANDER
12K - DEC 12



NIYO BIJU
9C - DEC 12



SHAIK MOHD FAIZ
12H - DEC 12



SNEHA
12B - DEC 12



MERLIN MATHEW
11I - DEC 13



DIYA AFRIN
11A - DEC 14



FAIHA FATHIMA
7E - DEC 14



HANA SAALIM
12A - DEC 14



KATHERINE
11D - DEC 14



NEAHA MARIA JOSE
11A - DEC 14



TEHZEEB
12E - DEC 14



MARIYA |
9F - DEC 14



KHALID FAYYAZ
7A - DEC 15



ZAHRA
11G - DEC 15



GAURAV JAGDISH
12E - DEC 16



JOHAAN STEPHEN
12J - DEC 16



KUPPALA RAMYA
9F - DEC 16



MOHAMMAD
7D - DEC 16



OMAR
8G - DEC 16



SAMINA MUNAVVER
7E - DEC 16



SARRA MUSTUFA
7C - DEC 16



ZOYA JAYAULHAK
8D - DEC 16



AHEED ALI ANSARI
8E - DEC 17



HIBA AHMED
8D - DEC 17



OLIVIA ANN ANEESH
7B - DEC 17



SAYED MOHAMMED
11I - DEC 17



SHREDHA SUNIL
11A - DEC 17



IDRIS MAZAHIR
8G - DEC 18



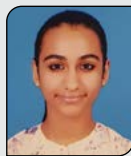
MOHAMMED OMAR
12H - DEC 18



THAARINI
10E - DEC 18



DEESHA
9A - DEC 18



SAMIKSHA ARUN
11H - DEC 19



JADEN FURTADO
9A - DEC 19



ABRAHAM RUEBEN
9B - DEC 20



AMATULLAH
10F - DEC 20



GEOFFREY GEORGE
12C - DEC 20



NAKSHATRA NISHAD
7F - DEC 20



SAKINA YUSUF
12I - DEC 20



YUSUF ATEEB
8D - DEC 20



SEHARISH KHANAM
8B - DEC 20



ANNA SHEJU
11E - DEC 21



GODLY VARGHESE
8E - DEC 21



JANE GISELLE
12E - DEC 21



PARTH LOHAR
8F - DEC 21



ANDRIYA PIGREZ
10B - DEC 21



ROAN RIJO RAPHAEL
8C - DEC 21



SAFA SAJID
11B - DEC 21



EVELIN BERNICE
9A - DEC 21



HAIDER ALI ASGAR
12G - DEC 22



IMTIAZ MOHAMMED
10A - DEC 22



MOHAMMED AFFAN
7A - DEC 22



JAYDEN VARGHESE
11C - DEC 23



ROSHIL REJI
8B - DEC 23



SHABBIR BURHANI
8F - DEC 23



TRAVIS REGO
11I - DEC 23



ANUM IMRAN
8A - DEC 24



CELIN JAMES
12A - DEC 24



JOSEPH DAVID
11B - DEC 24



MARYAM
7C - DEC 24



MIDHUN SUDHEESH
11C - DEC 24



MOHAMMAD ATHAR
9A - DEC 24



RYAN HENRY DIAS
11I - DEC 24



SYED ABID MUSTHAK
11I - DEC 24



ABHISHEK
12E - DEC 25



ANNA NIXON
12E - DEC 25



KUSAY KUTBUDDIN
12F - DEC 25



MOHAMMED SHAFE
8A - DEC 25



AMAAN SOHAIL
10B - DEC 26



26 ATHUL SHIJU
12H - DEC 26



ATIF BASHIR DADAN
9E - DEC 26



JANVI RAJESH
9C - DEC 26



JEWEL JANE SIMON
11H - DEC 26



ISRAA IBRAHIM
9E - DEC 27



MERINA JOE
12E - DEC 27



ANVIN SHAJI
8D - DEC 28



G V DHEERAJ
8E - DEC 28



HUZAIFA KAID
8F - DEC 28



KHADEEJA MATEEN
9E - DEC 28



SHRUTI BHAGAT
12H - DEC 28



SAUD MOHAMED
11F - DEC 28



ASHIMA ELIZABETH
6A - DEC 29



JYOTSSANA DHYANI
11F - DEC 29



KEREN ELSA
12B - DEC 29



NISHINTH
12C - DEC 29



NIYANTH VENKATESH
12E - DEC 29



RACHEL ANN JACOB
10A - DEC 29



SYED ABDUL
7E - DEC 29



DHANUSREE SURESH
10F - DEC 30



EBENEZER NELSON
11B - DEC 30



HELENA SHIJU
9B - DEC 30



PRIYAMANI KONANKI
9B - DEC 30



AASIM
11A - DEC 31



JOANA ANNA
11B - DEC 31



NATHAN JOSEPH
9B - DEC 31



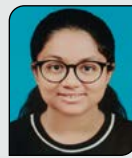
NIKITA MERLYN
12B - DEC 31



SHANA SAHIR
8E - DEC 31



URVASHI
9D - DEC 31



VRISHYA AMIT
7E - DEC 12



MR. MURTAZA ALI
DEC. 1.



MR. NISHAD
DEC. 1.



MRS. MARIAMMA
SHAJI - DEC. 5



MRS. THASNEEM
- DEC. 21



MRS. MERINE JOBY
- DEC. 23



MRS. SARITHA NAIR
- DEC. 30



MR. SUBHSH T.
- DEC. 31

True beauty lies in the way we think,
conduct and behave with ourselves as
well as with others.

EPITravel GERMANY

Germany is a country in Central Europe. Germany is situated between the Baltic and North seas to the north, and the Alps to the south; it covers an area of 357,022 square kilometers with a population of over 83 million within its 16 constituent states. It borders Denmark to the north, Poland and the Czech Republic to the east, Austria and Switzerland to the south, and France, Luxembourg, Belgium, and the Netherlands to the west. The nation's capital and largest city is Berlin, and its financial center is Frankfurt.

1) Berlin

Berlin, Germany's capital, dates to the 13th century. Reminders of the city's turbulent 20th-century history include its Holocaust memorial and the Berlin Wall's graffitied remains. Divided during the Cold War, its 18th-century Brandenburg Gate has become a symbol of reunification. The city is also known for its art scene and modern landmarks like the gold-colored, swoop-roofed Berliner Philharmonie, built in 1963.



2) Munich

Munich, Bavaria's capital, is home to centuries-old buildings and numerous museums. The city is known for its annual



Oktoberfest celebration and its beer halls, including the famed Hofbräuhaus, founded in 1589. In the Altstadt (Old Town), central Marienplatz square contains landmarks such as Neo-Gothic Neues Rathaus (town hall), with a popular glockenspiel show that chimes and reenacts stories from the 16th century.

3) Brandenburg Gate

The Brandenburg Gate is an 18th-century neoclassical monument in Berlin, built on the orders of Prussian king Frederick William II after the temporary restoration of order during the Batavian Revolution. One of the best-known landmarks of Germany, it was built on the site of a former city gate that marked the start of the road from Berlin to the town of Brandenburg an der Havel, which used to be the capital of the Margraviate of Brandenburg. One block to the north stands the Reichstag building, which houses the German parliament (Bundestag). The gate is the monumental entry to Unter den Linden, a boulevard of linden trees which led directly to the royal City Palace of the Prussian monarchs.



4) Neuschwanstein Castle.

Neuschwanstein Castle is a 19th-century historicist palace on a rugged hill above the village of Hohenschwangau near Füssen in southwest Bavaria, Germany. The palace was commissioned by King Ludwig II of Bavaria as a retreat and in honor of Richard Wagner. Ludwig chose to pay for the palace out of his personal fortune and by means of extensive borrowing, rather than Bavarian public funds. Construction began in 1869, but was never fully completed.

The castle was intended as a private residence for the King, until he died in 1886. It was open to the public shortly after his death.[1] Since then more than 61 million people have visited Neuschwanstein Castle.[2] More than 1.3 million people visit annually, with as many as 6,000 per day in the summer.



5) Berlin Cathedral.

The Berlin Cathedral also known as, the Evangelical Supreme Parish and Collegiate Church, is a monumental German Evangelical church and dynastic tomb (House of Hohenzollern) on the Museum Island in central Berlin. Having its origins as a castle chapel for the Berlin Palace, several structures have served to house the church since the 1400s. The present collegiate church was built from 1894 to 1905 by order of German Emperor William II according to plans by Julius Raschdorff in Renaissance and Baroque Revival styles. The listed building is the largest Protestant church in Germany and one of the most important dynastic tombs in Europe.



JERRY SAM JOSE
- 12D

“YOU’RE ON MUTE.”

Sounds familiar, doesn't it? It doesn't matter if you're a student or a teacher, all of us have heard that repetitive yet alerting statement; well that is if the people we're conveying to, are actually listening.

How did the students of the world go from “Ma’am I put it in my bag, but I don’t know where it went.” to “Ma’am I did it, but I forgot to save it on my laptop.”?

The world is growing more and more every single day. Elon Musk created robots and paranoia of “the end of humanity” took over the people of the internet for a while. So is the growth of technology at such a fast rate a good thing or a bad thing? Growing, in whatever aspect of life, has its own positives and negatives.

With technology, it has made things much easier for students. Answers to all the questions are just a click away with an in depth explanation. On the other hand, the same technology has put the social skills and mental health of students under the bus. Concentration and focus has lowered and interests have changed. And you know what, that’s okay.

As humans on this beautiful planet, we’re always learning, changing and adapting; and we will in this situation too. No one knows if it’s going to be for the better or worse, but we do know that whatever be the situation, we will learn, change and adapt in no time, because that’s what we always do. So take it easy and go with the flow. Things will get better for our generation. 😊

“Worrying doesn’t take away tomorrow’s troubles. It takes away today’s peace.”

RIDDLES

1. What can be seen once in a minute, twice in a moment, And never in a thousand years?
2. I am not alive, but I have 5 fingers?
3. People buy me to eat, but never eat me. What I am I?
4. Feed me, and it will give me life. But give a drink, and I will die. What am I?
5. What gets wet when drying?
6. I exist only when there is light, but direct light kills me. What am I?
7. What travels around the world staying in the same corner?
8. I only increase and never decrease. What am I?
9. There were 10 fish in an enclosed tank. 2 of them sank, 4 swam away and 3 died. How many fish are there now?
10. What goes through cities and fields, but never moves?
11. What’s always on the floor but never gets dirty?
12. What’s broken every time it’s spoken?
13. I have streets but no sidewalks. I have cities but no buildings, I have forests yet no trees. What am I?



KHALID SHAF
- 11 C

Answers:- 1. Letter M, 2. A glove, 3. A Plate, 4. Fire, 5. Towel, 6. A Shadow, 7. A Stamp 8. height, 9. 10 fishes, 10. Road, 11. Our Shadow, 12. Silence, 13. Forest.

CAPTAINS & VICE CAPTAINS - DECEMBER

CLASS 12A



SHRAVYA SHETTY



ZAINA MUNIR



MARIA ROBY



ALISAR SHARMA



ABEL JOSEPH



DANICA WILONA



BURHANUDDIN



MEGHANA



ZOAYA DEEPAK



RUHI FAISAL

CLASS 12B

CLASS 12C

CLASS 12D

CLASS 12E

CLASS 12F

CLASS 12G

CLASS 12H

CLASS 12I

CLASS 12J



MOHAMMED



RENO REJI



HRISTUN FERNANDES



MUNIRA ABBAS



MUSTAFA AKHIL



TAWHIDUL ALAM



KRUPA SARA



SUDEV VASUDEVAN



SHALOM PHILIP



MOHAMMED ALEEM

CLASS 12K

CLASS 11A

CLASS 11B

CLASS 11C

CLASS 11D



NANCY JOHNSON



SARA DORAH



SHREDHA SUNIL



ADITYA KUMAR



ALONA ANN



NABILAH NOWSHATH



RYAN SAVIO



NITHYA



BURHANUDDIN



HUDA FATHIMA

CLASS 11E

CLASS 11F

CLASS 11G

CLASS 11H

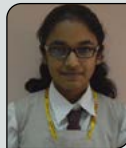
CLASS 11I



JENNIFER



MUNEERA YUSUF



ANNA JAMES



FATHIMA MOHAMED



DANNY T GEORGE



JOEL MATHEW



ANKHITA MENON



SENETH NISHAN



DEONNA ELSA



SYED ABID

CLASS 11J

CLASS 10A

CLASS 10B

CLASS 10C

CLASS 10D



YOHAN YUSUF



AMATULLAH UNDIYA



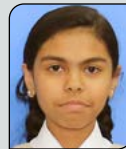
EMMA KURIAN



AARON MATHEW



ANDRIYA PIGREZ



C. B. JOHN BAMISHA



NAWAAL SHAFEEQ



ZAIMA MOHAMMED



FATIMA SAYEED



HANNA THRESIA

CLASS 10E

CLASS 10F

CLASS 9A

CLASS 9B

CLASS 9C



SAKINA ANIS



TANYA SARAH



REUBEN ABEJ



SEANNA ANTHONY



SAHAD



AKSHA SARA



PRIYAMANI



OMEGA WILLIAM



SAMUEL SAJI



NIHAL KATTUPARAMBIL

CLASS 9D

CLASS 9E

CLASS 9F

CLASS 8A

CLASS 8B



SAKINA ALI



SUCHIT



FAJAR NISMA



FAWAZ AHMAD



MAMUDURI NYREL



MOHAMMED VERDA



BERIN GLADYSY



NIRANJANA



BILAL AHMED



CARISSA DANIA

CLASS 8C

CLASS 8D

CLASS 8E

CLASS 8F

CLASS 8G



CAROLINE EVANS



ANDERS RICHARD



FATIMA ALTAF



SAKINA



HUZAIFA



AKSHA ADNAN



NAUFEL SAALIM



SAFA KADRI



NOUF NADEEM



QUASI MOIZ

CLASS 7A



ANDRIA ALPHONSA



PRITHVI PRAKASH



RENA ANN BABU



MAMUDURI NOEL



SNEHA THANKAM



SEHRISH NIYAS



FARASEEN FATIMA



AASHNA RAM



LOVIS LIZA POTHAN



CHRISTY ROJI

CLASS 7B

CLASS 7C

CLASS 7D

CLASS 7E

CLASS 7F

CLASS 6A

CLASS 6C



ABDUL SAMAD SOLANKI



ERWIN MATHEW



BRYANA JOHN



AHMED



BURHANUDDIN BOHRA



SYED ABDULLAH

HYGGE



Hygge (pronounced "hue-guh") is a concept originated in Danish culture that focuses on living with a sense of comfort, cosiness and

peace. It has been described as, "creating a warm atmosphere and enjoying the good things in life with good people." It is acknowledging a feeling or moment, whether alone or with friends, at home or out, ordinary or extraordinary as cosy, charming or special. There have been a variety of benefits tied to the practice of hygge.

Since we make sense of, our experiences and environment through the use of sight, sound, touch, taste and smell, it may come as no surprise that creating a cosy living space would help us feel less anxious, promote

a sense of emotional well-being, comfort and safety. A hygge-style environment promotes an atmosphere of safety. At its core, Hygge is about finding contentment in life's simple pleasures whether at home, in our community, or in the natural world. It encourages slowing down, nurturing ourselves, our relationships and communing with nature and mindfully living in the present. And with this enlightened mindset, let's embrace the small things in life that matter.



SAIMA MAGESH-
WARAN - 12D



Making bad chemistry jokes because all the good ones Argon

Parallel lines have so much in common ... It's a shame they'll never meet

MAG JOKES

Why doesn't anybody talk to circles? Because there's no point.

Why can't you trust an atom? They make up everything.

Where did the viruses go? They flu away.

Why was the amoeba sad? His parents just split

Why do clowns make bad entrepreneurs?

Because they're into some funny business

I know an introverted entrepreneur in the coal industry. He mined his own business.

Why were the early days of history called The Dark Ages? Because there were so many knights.



SHAIK MOHAMMED
SAAD - 12D

Quote Garden

- "Don't let the noise of other's opinions drown out your own inner voice." – Steve Jobs
- "Start where you are. Use what you have. Do what you can."-Arthur Ashe
- "To improve is to change; to be perfect is to change often." Winston Churchill.
- "Opportunity is missed by most people because it's dressed in overalls and looks like work." Thomas Edison.
- "Have the courage to follow your heart and intuition. They somehow know what you truly want to become." – Steve Jobs



REVA KANTARIA
- 9D



DISCOVER

India

MADHYA PRADESH

INDORE, THE CLEANEST CITY OF INDIA

Indore is the most populous and the largest city in the Indian state of Madhya Pradesh. In the early years, Indore had been referred to as the City of Cotton Mills. It is industrial, cosmopolitan, prosperous and resembles Mumbai as far as the lifestyle is concerned. Therefore, Indore is also called as Mini-Mumbai. Indore proves to be promising educational hub and home to both IIT and IIM, the most reputed technological and management institutes of India. RRCAT or the Centre for advanced technology is present in this city.

Survekshan 2021. Indore became the only Indian city to be selected for International Clean Air Catalyst Programme.



CULTURE:

Besides, the city is also widely popular for its delicacies. It is popularly referred to as the food city and the food that is demanded amongst the people across the globe is Jalebi and Poha. Indore has received two tags from FSSAI for being 'Clean Street Food Hubs' serving good quality and hygienic street food.

'Sarafa Bazaar' and '56 Dukan' are the two popular places in Indore serving delightful street food. Indore is also well-known for the availability of different types of Namkeens. It is also highly recognized for its drinks, including the Shikanji – an amusing mixture of dry fruits and milk.

PLACES TO VISIT:

In Indore there are a many places to visit while on a sightseeing tour of the Indore. Indore is blessed with some exciting and wonderful places. The historic city has age old forts, magnificent palaces and intricately carved temples. Some of the important tourism spots in Indore are; Rajwada, Chhatra Bagh, Chokhi Dhani, Kanch Mandir, Lal Bagh Palace, Central Museum, Bijasan Mata and Bada Ganpati are all set to fascinate you with the charm of its architectural grandeur and historical enigma. Lal Bagh

Palace is the most elegant and beautiful entrance widely famous across the globe and is present in Indore. Patalpani waterfalls is a magnificent cascading marvel surrounded by dense forests It is among the must-visit places on a trip to Indore. During monsoons, it flows down in its full glory, leaving tourists mesmerized. Descending from a height of 300 feet, this roaring, gurgling, and foamy waterfall creates a spectacular sight, to say the least.



AMMAR SABIR
- 7C



HISTORY:

During the days of the British Raj, Indore State ruled by the Maratha Holkar dynasty. Rani Ahilya Bai Holkar was a great architectural patron and the queen is taken in great regard by the people of Indore and as a tribute her statue was built in the center of the city, near Rajwada.

RECOGNITION ON NATIONAL AND INTERNATIONAL FRONT:

Indore has been selected as one of the 100 Indian cities to be developed as a smart city under the Smart Cities Mission. It has been ranked as India's cleanest city five years in a row as per the Swachh Survekshan for the years 2017, 2018, 2019, 2020 and 2021. Meanwhile Indore has also been declared as India's first 'water plus' city under the Swachh



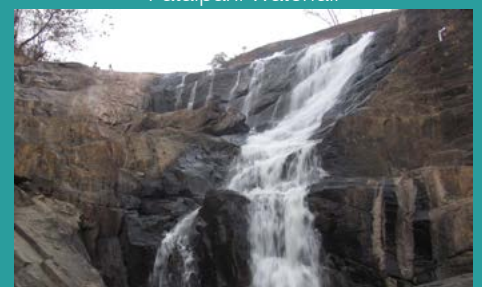
Kaanch Mandir



Lal Bagh Palace



Patalpani Waterfall



Rajwada Palace

BECAUSE WINNING ISN'T ALWAYS ABOUT DEFEATING ANOTHER



It was one of those classic hot and tedious Sunday afternoons. My brother and I were getting bored and wanted to see some action so we decided to watch one of the Tokyo 2020 Olympic events - Men's High Jump.

So, the event began. Athletes gave flashy entrances with fans cheering on for their favourite sportsperson. They began jumping. Tough competition. But by the time the bar was raised to 2.39 m (more than 7 feet), only 2 athletes were still in the competition- Mutaz Essa Barshim of Qatar who jumped with dark glasses on and Italy's Gianmarco Tamberi who is quite the show-man.

Both of them had 3 tries, no one cleared 2.39m. It was a tie! Before further declarations, the two players congratulated each other for

putting in their best efforts. Round after round, the two-star athletes simply could not outdo one another - prompting an official to tell them the next step was a «jump-off,» to see who could outlast the other. But that's when things took a turn - one that quickly became a symbol of the sportsmanship and friendship the Olympics were designed to create.

One look, no words exchanged, they know they're sharing it. "Can we have two golds?" Barshim asked the official. "It's possible, yes," the official replied - and that was all the athletes needed to hear.

Barshim, 30, and Tamberi, 29, slapped hands and hugged, celebrating a dual finish atop the podium. Loud cheers rang out from the small crowd in the stadium as the two men ran toward their coaches and teammates. In 2016, just before the Rio Olympics, Tamberi suffered a career-threatening injury while attempting a 2.41m high jump to break his own Italian record. The shoe tore apart, the ankle ruptured and he stared at his leg and sobbed as he realized he would be out of the upcoming Rio Olympics.

After a detailed analysis, the doctor, found a 50% lesion of the left ankle's deltoid ligament, an accident that couldn't be recovered in a few days and that forced the Italian athlete to skip the competition for which he had been training since years.

11 years ago, Tamberi and Barshim struck up a friendship at the world junior championships in Canada. They both have supported each other through their highs and lows ever since. In an interview, Tamberi mentioned, "The most important thing that Barshim helped me realize was that I had to do it for myself, not for others. Something inside me changed and then I really started to live again. I was a high jumper again."



REVA KANTARIYA
- 9D

Then just as fate decided, Barshim too injured his ankle at a sports meet in Hungary in 2018 and couldn't participate in the 2018 sports events. He too underwent the same surgery. This time, Gianmarco offered a shoulder to cry on. The fact that Barshim did it gave Tamberi hope and confidence for the Tokyo 2020 Olympics. "We would often joke about winning the Olympic gold together." Tamberi recalled. Three years later, he is a joint Olympic gold medalist with his friend.

My takeaways from this thrilling story are-

Never let a stumble on the road be the end of the journey. The one who falls and gets up is a lot stronger than someone who never fell. It's not just about winning; it's about giving your best and motivating others to do so too. What are yours?



Kindness is a virtue that many do not possess but they expect it from others. Kindness is valued in all aspects of life no matter how old one is, whether you are 5 or 60 years old. It is an act or a good deed done selflessly. Kindness is a quality one possesses and acts on it by exhibiting behaviors of friendliness, generosity, and being considered. It is a benevolent attitude that one possesses.

Kindness is actually inherent to human beings and we are inculcated with and reminded of it since our childhood. Kindness can be developed through empathy.

KINDNESS

Empathy is what one feels when they put themselves in other's shoes and kindness is how they express that by helping them and making their lives a little bit easier and better. Every living being is deserving of kindness. One only needs to have good intentions to be kind, nothing else. When one has good intentions, they are attentive to others, they lend a helping hand, lend a good ear and listen to other's problems, help someone in need. When you show respect to your elders it is also an act of kindness.

You can also be kind to your friends and siblings, by helping and supporting them in every way. Sharing is the best form of kindness, sharing things or feelings and problems. Listening to others, your parents, and teachers and understanding

their perspectives is also a kind act. Kindness is not a cowardly act, it is for the brave and the bold. Standing up for the right and helping those in need shows our truth. Kindness truly is a selfless act when one helps others without expecting anything in return. When you are kind you lead a peaceful, happy life and you sleep better at night. A kind act is truly magical when you are kind to someone, they forget all about their problems and even a bad day becomes a good one. Kindness has the power to change the world. The world would be a more beautiful place if we were a little kinder to each other. Let's all be kind to one another. Every day, consciously do one act of kindness. Ask yourself, "Was I kind today?"



RIDA FAISAL
KHAN - 9E

NEERJA BHANOT



Neerja Bhanot, Ashoka Chakra was an Indian head purser who died while saving passengers on Pan Am Flight 73 which had been hijacked by terrorists from a terrorist organization during a stopover in Karachi, Pakistan, on 5 September 1986, just two days before her 23rd birthday. Bhanot's calm courage and quick instincts led to a slew of posthumous awards, including the Ashoka Chakra - India's highest peacetime gallantry award. She was the first woman and youngest recipient of the award. Her citation states: "Her loyalties to the passengers of the aircraft in distress will forever be a lasting tribute to the finest qualities of the human spirit." Among other honours, Bhanot was conferred with the Tamgha-e-Insaniyat award by Pakistan, and in 2004, the Indian Postal Service released a stamp in her memory.

A.VAIDYANTHA IYER



On July 8, 1939, the then president of Harijan Seva Sangam, A. Vaidyanatha Iyer, led a group of Dalits and Nadars into the Meenakshi Sundareswarar Temple. Following this, the entry of Dalits into Alagarkoil, Tirupparankundram, Palani, Srirangam and Srivilliputtur temples was made possible that year. The Temple Entry Authorisation and Indemnity Act was also passed by C. Rajagopalachari in 1939 where restrictions prohibiting Nadars and Dalits

from entering temples were removed. Iyer was dedicated to the freedom movement and helped socially depressed people as well as the people of his constituency. A postage stamp was issued in his memory by the Government of India on 9 December 1999.

RUKMINI LAKSHMIPATHI



the age of 31, her first act was to donate all her jewellery to the Harijan welfare fund. Opposing the Simon Commission vehemently and celebrating a hypothetical Independence day (January 26th) by raising the Tricolour in Triplicane brought her into the forefront of the freedom fight. She was the first woman in the nation to be arrested under the salt laws and sentenced to undergo imprisonment for one year. Rukmini contested in the women's constituency of Madras and won. She became the Minister for Public Health in the T Prakasam Ministry in Madras. Rukmini was chosen to hoist the national flag in the Royapettah Congress office to commemorate the Independence Day. In her memory, a postage stamp was issued in 1997.

SS VASAN



ordinary man. Colossal production values, huge sets, mammoth dances, thousands of extras, unusual items were hallmarks of his films.

Rukmini Lakshmi Pathi joined the Indian National Congress in 1923 and played an active role in organising the Youth League of the Congress. A late entrant into politics, at

Vasan got involved with films when his serialized novel, Sathi Leelavathi, was made into a film in 1936. Vasan was the President of the Film Federation of India for two terms and was even nominated to the Rajya Sabha. He was the given the Padma Bhushan by the Government of India in 1969, the year of his death – he passed away on August 26th, 1969. The Government of India and the Postal department released postage stamps bearing his likeness on 26 August 2004, the year of his centenary.



VIGNESH NITHYANANDAM - 11 C.

ARJAN SINGH



Marshal of the Air Force Arjan Singh, DFC, was one pilot who grew up in the records of the Air Force

as the first Chief for leading the force into war. He was Chief of the Air Staff when the IAF saw action in its first combat of the modern age in 1965. On 01 August 1964, Arjan Singh took over as the Chief of the Air Staff in the rank of Air Marshal, which became the pinnacle of his career. Arjan Singh was the first Air Chief who kept his flying category till his CAS rank. He was awarded the Padma Vibhushan for his leadership of the Air Force, and subsequently in recognition of the Air Force's contribution in the war, the rank of the CAS was upgraded to that of Air Chief Marshal and Arjan Singh became the first Air Chief Marshal of the Indian Air Force. In recognition of his services, the Government of India conferred the rank of the Marshal of the Air Force onto Arjan Singh in January 2002 making him the first and the only 'Five Star' rank officer with the Indian Air Force. The Government of India released a postage stamp in honour of Arjan Singh on 9 October 2019.

The SOUND OF MUSIC



THE TUNEFUL AND HEARTWARMING STORY

alone using strict military discipline following the death of his wife. After bringing love and music into the lives of the family, she marries the officer and, together with the children, finds a way to survive the loss of their homeland to the Nazis.

When the Captain returns to the villa with Baroness Elsa Schraeder, a wealthy socialite, and their mutual friend, "Uncle" Max Detweiler, they are greeted by Maria and the children returning from a boat ride on the lake that concludes when their boat overturns. Displeased by his children's clothes and activities, and Maria's impassioned appeal, the Captain orders her to return to the abbey. Just then he hears singing coming from inside the house and is astonished to see his children singing for the Baroness. Filled with emotion, the Captain joins his children, singing for the first time in years. He apologizes to Maria and asks her to stay.

The Sound of Music was released on March 2, 1965, in the United States, and was a major commercial success, becoming the number one box office movie just in four weeks, and the highest-grossing film of 1965. By November 1966, The Sound of Music had become the highest-grossing film of all-time and held that distinction for five years. The film was just as popular throughout the world, breaking previous box-office records in twenty-nine countries. Following an initial theatrical release that lasted four and a half

EPItainment



JOHANN PREMJI
- 10B

years, and two successful re-releases, the film sold 283 million admissions worldwide. The Sound of Music received five Academy Awards, including Best Picture and Best Director. The film also received two Golden Globe Awards, for Best Motion Picture and Best Actress, the Directors Guild of America Award for Outstanding Directorial Achievement, and the Writers Guild of America Award for Best Written American Musical. In 1998, the American Film Institute (AFI) listed The Sound of Music as the fifty-fifth greatest American movie of all time, and the fourth greatest movie musical.

The message from this great entertainer is definitely the words of Mother Abbess to Maria "THESE WALLS ARE NOT MEANT TO SHUT OUT PROBLEMS. YOU HAVE TO FACE THEM AND LIVE THE LIFE YOU WERE BORN TO LIVE."



The Sound of Music is the best family film of all time because it brings everyone together with its great, true-life story of the Von Trapp family. The songs are all wonderful and unforgettable. Each song is a masterpiece. The quality of the song and the lyrics, just cannot be compared with anything else. It is a 1965 American musical drama film produced and directed by Robert Wise, and starring Julie Andrews and Christopher Plummer.

The film is about a young Austrian postulant in Salzburg, Austria, in 1938. Maria is a free-spirited young Austrian woman studying to become a nun at Nonnberg Abbey in Salzburg in 1938. Her youthful enthusiasm and lack of discipline cause some concern. The Mother Abbess sends Maria to the villa of retired naval officer Captain Georg von Trapp to be governess to his seven children. The Captain has been raising his children

DREAMING BIG ENOUGH

away from your real stuffed up life. You can often find yourself asking the holy place for questions - The Google, 'How to become successful?'. The solutions there may help to be physically prepared but who is going to prepare you mentally? Who is going to fuel up your soul? Obviously, it's you who will do all this work but how? Dream! Dream! Dream!

When we dream big, we see a higher level of connection and ascension. To consider a big dream is to consider your potential as a powerful creator, and this is a really a good thing! If you think that you are meant to do something great, like be a famous actor or musician, and have yet to do anything about it, you are not dreaming big enough. Dreaming is a multi-step process. Although coming up with the idea of how you want to

spend your life is important, acting upon that idea is half the battle. I believe that there are three kinds of people in the world. Those who dream, those who encourage the dreamers and those who do nothing. We have found many people who limit their dreams. They dream according to the situation they are standing at the right moment. Then that is not dreaming big enough. A big dream is your soul way of reaching the highest vibration from this place in universe. If you know you are truly dreaming big enough, then your soul will let you dream manifest and your heart sing. So, what do you think? Are you dreaming enough?



MIDHUN
SUDHEESH 11 C



'It is a crime to dream small. The world out there wants you to be like everyone else but I want you to strive hard to be unique.' - APJ Abdul Kalam.

We all have an attitude of grabbing everything for free. Why not for dreams then? We live in a world with limits for each and everything except for one thing and that is - to dream. Dreams take you to a different world far





Sri Parag Agrawal is the New CEO of Twitter: Indian-origin Parag Agrawal became the new chief executive officer (CEO) of social networking company Twitter. With that, he joins an elite club of Indian-origin CEOs of top US technology companies, which includes Alphabet CEO Sundar Pichai, Adobe CEO Shantanu Narayen and Microsoft CEO Satya Nadella. Mr. Agrawal joined Twitter as a software engineer and has been with the company for over a decade. He was appointed Chief Technology Officer in October 2017. Agrawal has a Ph.D. in computer science from Stanford University and a bachelor's degree in computer science and engineering from Indian Institute of Technology, Bombay.



India's Harnaaz Sandhu crowned Miss Universe 2021: Actor-model Harnaaz Sandhu made history on December 13 as she was crowned Miss Universe 2021 beating contestants from 80 countries - 21 years after India last brought home the title. Only two Indians before Ms. Sandhu have won the title of Miss Universe - actors Sushmita Sen in 1994 and Lara Dutta in 2000.



India urges global firms to join its energy transition journey: India has invited global companies to invest in its energy transition and work with it to achieve its vision to expand the green footprint by more than doubling the share of natural gas in the country's energy basket. India is currently the third-largest primary energy consumer after China, and the U.S., and it is one of the fastest-growing energy consumers across the world. The country aims to enhance the share of natural gas in its energy basket from 7.6% to 15% by 2030.



NASA's 10 new astronauts: pilots, doctor, physicist, cyclist: NASA selected 10 new astronauts, half of them military pilots, as it looks ahead to the moon and Mars. The space agency introduced the six men and four women during a ceremony in Houston, home to Mission Control and the astronaut corps. More than 12,000 applied for the coveted spots. The 10 selected are in their 30s and 40s, and face two years of training before becoming eligible for spaceflight. Besides the combat and test pilots, the astronaut candidates include a medical physicist, drilling specialist, maritime roboticist, NASA-turned-SpaceX flight surgeon and bioengineer who was a champion cyclist. Two astronauts from the United Arab Emirates will train with them.



Railways announces 'Bharat Gaurav' scheme to tap huge potential of tourism: To tap the huge potential of tourism, the Railways announced the 'Bharat Gaurav' scheme, under which theme-based tourist circuit trains, on the lines of the Ramayana Express, can be run either by private or State-owned operators. They will offer an all inclusive package to tourists including rail travel, hotel accommodation and sightseeing arrangement, visit to historical/heritage sites, tour guides etc and have full flexibility to decide the package cost.



Lifter Ajay Singh wins India's third gold in Commonwealth Weightlifting Championships: Ajay Singh clinched India's third gold medal of the Commonwealth Weightlifting Championships here by winning the men's 81kg category. Singh lifted a total of 322kg and also set a national record in snatch (147kg). He became the third Indian to directly qualify for next year's Commonwealth Games (CWG) in Birmingham. Jeremy Lalrinnunga (67kg) and Achinta Sheuli (73kg) had already qualified for after winning the gold in their respective competitions.



China launches its first cross-border BRI train with Laos: China launched the first cross-border train of its multi-billion-dollar Belt and Road Initiative (BRI) from Laos, which Beijing says will help the small and only landlocked country in South East Asia turn into a land-linked hub, boost regional connectivity and supply chain resilience.

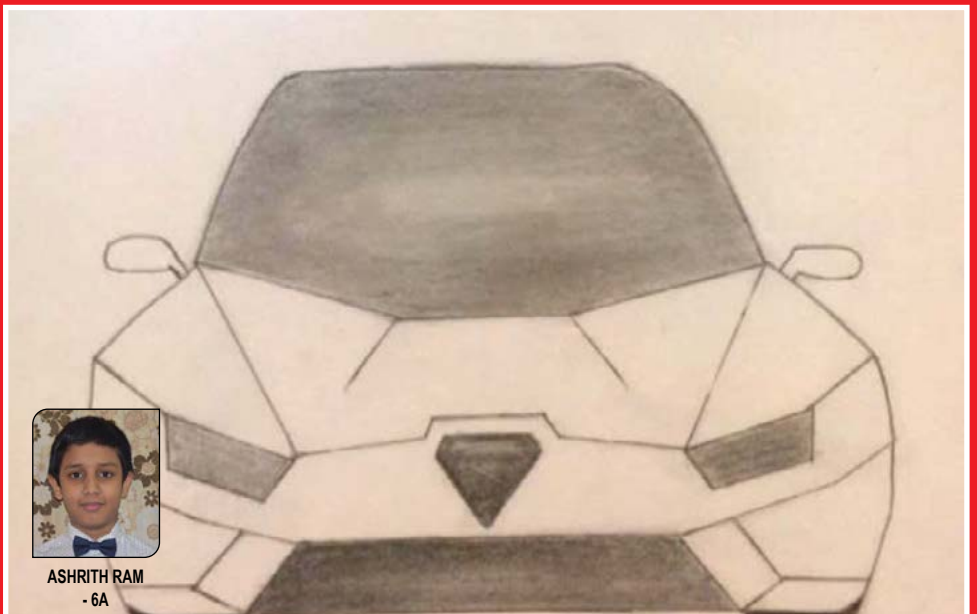


Amazon's cloud unit launches new chips to take on Intel, Nvidia: Amazon.com Inc's cloud computing unit introduced two new custom computing chips aimed at helping its customers beat the cost of using chips from Intel Corp and Nvidia Corp. Amazon Web Services (AWS) is the world's biggest cloud computing provider and one of the biggest buyers of data center chips, whose computing power AWS rents out to its customers. The company released the third generation of its Graviton chip that is designed to compete with central processors from Intel and Advanced Micro Devices. The Graviton3 is 25% faster than its predecessor, the company expects it to provide a better performance per dollar than Intel's chips. AWS also said that a new class of chip called Trainium, which is designed to train machine learning computer models and will compete against chips from Nvidia, will soon be available to its customers. AWS expects it to train machine learning models for a cost that is 40% lower than Nvidia's flagship chip.



Gita Gopinath to take on new role at IMF as First Deputy Managing Director: Gita Gopinath, the chief economist of International Monetary Fund, will take over as the First Deputy Managing Director, the institute informed. She will become the second-ranking official, replacing Geoffrey Okamoto who plans to leave the Fund early next year. The first deputy managing director will take the lead on surveillance and related policies, oversee research and flagship publications.

Art Gallery



EPIctionary

- 1. Obdurate:** being stubborn and refusing to change one's opinion
Usage in a sentence: I argued this point with him, but he was obdurate.
- 2. Clamor :** proclaim something noisily
Usage in a sentence: The questions rose to a clamor in the meeting.
- 3. Cognizant :** awareness or realization
Usage in a sentence: Politicians must be cognizant of the political boundaries within which they work.
- 4. Disparate :** of a distinct kind
Usage in a sentence: They inhabit disparate worlds of thought.
- 5. Equanimity :** maintaining composure in stressful situations
Usage in a sentence: He accepted both the good and the bad with equanimity.
- 6. Largess :** Kindness or Generosity in bestowing gifts or money
Usage in a sentence: The king can't bestow these costly jewels with such largess.
- 7. Phlegmatic :** expressing little or no emotion
Usage in a sentence: He portrays the phlegmatic British character on the show.
- 8. Promulgate :** to broadcast or announce
Usage in a sentence: These objectives have to be promulgated within the organization.
- 9. Solipsism :** the philosophical theory that only the self-existence is known and all that exists
Usage in a sentence: We cannot avoid the popularity of solipsism mentality.
- 10. Ubiquitous :** omnipresent or existing everywhere
Usage in a sentence: His ubiquitous influence was felt by all the members of the family.

The Devils's Triangle

UFO's, Bermuda etc. There are many of us who are bewitched by inexplicable phenomenon. The Bermuda Triangle is a fictitious area of the Atlantic Ocean roughly encompassed by Miami, Bermuda, and Puerto Rico, where dozens of ships and planes have vanished. Some of these incidents are shrouded in mystery, such as one in which the pilots of a squadron of US Navy bombers were disoriented while flying over the area and were never located.



SYEDA HIBA
- 11B

The Bermuda Triangle also known as "The Devils Triangle", which covers 500,000 square miles and is a peculiar in the North Atlantic Ocean. It came into cognizance in the year 1945 when flight 19 disappeared, mislaying 14 airmen and later 13

Five Navy jets set off from their base in Florida on a regular training exercise known as Flight 19 on a bright day, 58 years ago. The planes, as well as the personnel, were never seen again.

Airmen. Later on, there were many more such events. A Douglas C-54 crashed off the coast of Florida, killing another pilot.

Avro Tudor G-AHNP Star Tiger, with 6 crew members and 27 passengers were lost and later in 1948, The Douglas DC-3 NC16002, with 3 crew members and 36 passengers were lost, and there were numerous such occurrence that took place in the future.

However, some pilots came forward with their own accounts. For example, after his jet crashed, a pilot donned a life jacket and dove into the ocean, but was rescued by a coast guard plane flying overhead. In 1970, Pilot Bruce Grennon flew from the Bahamas to Florida with two passengers. Storm clouds began to form, and they appeared so swiftly that he didn't have time to respond, so he opted to fly through. The plane began to shake violently, yet he arrived in Miami in 45 minutes, considerably ahead of schedule.

There are a variety of ideas surrounding the Bermuda triangle's enigma, including allegations of alien activity, time gateways, the paranormal, the lost city of Atlantis, and a crystal pyramid below Bermuda.

Regarding the theory of 'The Atlantis', Berlitz claimed in the 1970s that Atlantis was a real continent off the coast of the Bahamas that had been engulfed in the infamous "Bermuda Triangle," a region of the Atlantic where a number of ships had allegedly vanished under inexplicable circumstances. Supporters of this notion point to the discovery of what appear to be man-made walls and streets off the coast of Bimini, despite the fact that scientists have evaluated the findings.

Who could resist the Bermuda Triangle legend if faced with the terrifying prospect of a massive squid's tentacles pulling an innocent ship to the sea floor, or an alien abduction, Vs human error, bad engineering, and a fickle of Mother Nature? In any case, The Bermuda Triangle's mystery remains unsolved.



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