

🔋 EMOTIONAL 😰 PHYSICAL 🕕 INTELLECTUAL Ċ CULTURAL 💲 SPIRITUAL

PRINCIPAL'S MESSAGE



Dear Children

Indian Community School Kuwait crossed again new horizons when three international tours were conducted in this Academic year .International trips

actually turned out to be a red letter days on our academic calendar. Educational tours are very important as they provide practical knowledge along with the theoretical knowledge.

The youngsters at ICSK were bestowed with a golden chance to travel to the United States of America, Switzerland and Dubai under the guidance of panel of teachers .Our students experienced and interacted and widen their outlook towards life.

Let me put forward certain inputs regarding educational tours and why children should come forward to avail such opportunities:

1. New sights and Bonding :

When students and teachers are together outside the classroom, new educational environment and experience are possible. Such tours provide students an environment for socialization and hence increases bonding among themselves. They may be able to connect on more of a personal level without the structure of the normal school day.

2. Perspective :

Part of how students benefit from educational tours is by gaining new perspective on the world outside. By coming into direct contact with a different environment or even a new culture or language, students can better understand their place in the community.

3. Fun :

No matter how much students learn during an educational tour ,their favourite memories may be based on their enjoyment of the day .For students ,educational tours are always highly anticipated . Students will have fun with their friends and they may return to the classrooms with a renewed focus on their school work.

4. Variety:

Educational trips also function to put some variety into otherwise regimented lesson plans. Educational tours give students a chance to interact with students and professionals from other schools as they learn and participate in group activities.

5. NASA- A lifetime experience :

Here children had a chance to prove their talents in solving everyday challenges faced by astronauts .The trip activities provided the students with environment to train as the next generation of space explorers .They also experience walking and driving on Mars through virtual and motion stimulation and conducted a space-walk in a microgravity experience .This can be possible availing such opportunities.

6. Acquisition of leadership skills :

Leadership is a crucial life skill that young students should acquire early in their lives. Such educational tours teach youngsters how to lead by instilling attributes that will enable them to assist a group as they encounter everyday challenges through hand on activities and experiments.

Here, I hope these inputs offers to facilitate learning and broaden your perspective greatly.

Have a beautiful time ahead .



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EDITORS' NOTE

Dear Readers

Schooling is our first contact with the world, a period of joy, healthy competitions ,fearing , sharing ,adjustments and love. Our school plays a vital role in the life of young students learning to blend knowledge, wisdom, values at the very outset of the schooling years is in indeed imperative.

We are proud and exuberant to acclaim that we are ready with all hopes and hues to bring out EPICS our school magazine which will surely unfold the unravelled world of the most unforgettable and precious moments of the school. Furthermore, our magazine provides an opportunity to peep into a child's thought process and an axiomatic creative thinking.

The pace at which technological, emotional and social changes are taking place, equipping our children merely with bookish knowledge will be inadequate .lt is thus essential to inculcate right thinking in the future generation to able to meet the challenges that they encounter. Empowerment of our children through their development into wholesome personalities is the need of an hour. And thus we set a right track for our children of ICSK by imbibing our vision to EDUCATE, ENLIGHTEN and EMPOWER by issuing EPICS every month successfully.

I wholeheartedly wish all readers my best wishes. I hope that the NOVEMBER EDITION of EPICS 2022 will enjoy your critical acclaim and prove itself to play a vital role in

An earnest request to give your feedback

Send your valuable contributions to epicseditor@icsk-kw.com





Mrs. Shehnaz Hakim

Mrs. Tintu Wilson



GAUTAM BUDDHA

Born in the 6th century BC, Siddharta Gautama was a prince of a small kingdom in the Terai region of Nepal. His mother dreamed that the boy would grow up to become a great king or saint but died soon after his birth. His father, king Suddhodhana, was worried that he might leave the kingdom to become a saint



and changed the environment of the palace to be one of endless comforts and pleasures. As Gautam grew into a young man, he was kept away from anything that would provoke spiritual thoughts. He was married to Yashodhara, a beautiful princess with whom he had a son named Rahula.

While on a tour of the kingdom one day, Gautam saw an ailing person and a corpse. He was disturbed by it as he had never known suffering in his lavish life. He soon worried that his life of pleasure also had a timeline and nothing was permanent. Deeply troubled by the thought, he looked for answers but found none that satisfied him. Gautam then decided to find the answers for himself and left behind his family and kingdom.

Gautam searched for answers and studied under many gurus but never felt satisfied with the answers. He tried meditation techniques and every trick in the books. Finally, when nothing came to fruition, he starved himself thinking his physical being was the problem. A kind woman offered him rice to eat, and it suddenly rejuvenated him that punishing himself was not the way.

Recovering from starvation, he sat under the bodhi tree and vowed not to leave until he experienced an awakening. His effort paid off, and after six long years of searching, he finally attained enlightenment under the same tree. Gautam Buddha went ahead to teach what he had learned and become a great leader. His teachings eventually became central to Buddhism, one of the most respected religions in the world.



ICSK CELEBRATES CHILDREN'S DAY WITH JOVIALITY AND VIGOUR

"Every child is a different kind of flower and all together makes this world a beautiful garden."



November 14 is celebrated as Children's Day every year in India in remembrance of India's first Prime Minister Pt. Jawahar Lal Nehru, who was fondly called Chacha Nehru or simply Chachaji.

The occasion is celebrated every year with grand splendour and fiesta at ICSK Senior. The teachers showered the children with flowers and blessings at the entrance of the school and welcomed them to the campus.

The Children's Day celebration began with a special assembly, dedicated to the students by their teachers. The assembly was hosted by Ms. Sayed Shibna, faculty of Commerce and Ms. Saritha Umesh, faculty of Chemistry. The proceedings started with Islamic Prayer by Mr. Muneer, faculty of Arabic and its translation by Ms. Sajeena Yusuf, faculty of Commerce. This was followed by the school prayer sung in unison by the team of teachers. Mrs. Shahnas Dalvi, faculty of Mathematics, hoisted the National Flag of Kuwait and Mr. Ali Ahmed, faculty of Arabic administered the salutation, followed by the team of teachers singing the Kuwait national anthem.

Mrs. Susan Rajesh Pothen, Vice Principal, shared the thought for the day and Mrs. Susan George, HOD Physics, said the word of the day. The newscasters for the day were Ms. Saritha, faculty of Mathematics, with International News, Ms. Manu, Academic Coordinator for Senior Secondary Section, with National News, Ms. Nigy, HOD Biology, with Local News, Mr. Nithin, HOD Hindi, with Sports News and Ms. Jayabala, HOD French, with Campus News.

Our honourable Principal and Senior

Administrator, Dr. V. Binumon, administered the national pledge of India. He also blessed the young buds, who were celebrating their birthdays, with tons of wishes.

Mr. Subhash, faculty of English, came in the attire of Pt. Jawahar Lal Nehru and conveyed Chachaji's message. The chocolates for the children were distributed by Chachaji.

The cultural events commenced with the melodious and mesmerising solo songs by Mr. Unnikrishnan, HOD English, Ms. Teena, faculty of Commerce and Ms. Alina, Accounts Officer. Mr. Sanjay Kumar, faculty of Music, stole the heart of the children with an amazing instrumental music with his violin. Mr. Suraj, faculty of art, came up with a live performance by portraying one of the senior most faculties of ICSK Ms. Shenaz Dalvi. Mr. Unnikrishnan, HOD English, Ms. Gurvinder Kaur Maini, faculty of English and Ms. Mehtab, faculty of English sang a euphonious and soothing group song.

The staff of ICSK rocked the stage with an enthralling and mind boggling group dance. The children were charged and encouraged the staff as they performed. Dr. Waseem, faculty of Biology, made the children laugh out loud with his stand-up comedy. All the students and staff got a chance to dance when Mr. Nishad, faculty of Dance, performed zumba dance. It was amazing to see the staff and children dance together.

Mr. Deepak, Administrative Manager, delivered the children's day message. He in his speech asked everyone to celebrate the spirit of child within us and wished the students a very happy children's day. Ms. Deepa Biju, coordinator of children's day celebration, made the announcements. The assembly was dispersed after the Indian National Anthem.

A house wise tug of war competition was conducted for the students after the assembly. The house mentors also participated in the competition. Achievers house became victorious.

It was an unstoppable day as the children enjoyed every minute of it. With such a vast arena of cultural events and fun filled activities, it has proved to be a memorable day for the students.







PSYCHOLOGICAL TRICKS



Do you want people to take your words seriously? Every time you tell them something, say that your father taught you this. People tend to believe parents' advice inherently.

Become an ultimate 'Rock, paper, scissors' champion! To win at the 'Rock, Paper, Scissors' game, right before playing it, ask your opponent a random question. Most of the time your confused friend will throw 'scissors.'

If you want people to agree with you, just nod and maintain eye contact while you're talking. 'The nod' sign means 'everything I'm saying is true.' Plus, following social behavior patterns, people tend to nod back.

Have you ever wished the corridor wasn't that crowded in the morning? In crowded places look right in front of you, in the direction in which you're going. You will be impressed watching the crowd literally give way to you. This trick is very easy to explain: in crowded places we tend to look other people in the eyes so that we know which direction someone is going. We take the opposite way so not to run into each other.

If a certain song is stuck in your head and would love to forget it, try to think of the end of the song. According to the Zeigarnik effect, our brain tends to remember the things that we've left unfinished. So if you think of the end of the annoying earworm, you will be able to get it out of your head.

Want your kids to eat vegetables? Go ahead and ask them if they want two or five stalks of bitter gourd instead of asking them if they want bitter gourd Thus, you've made your mind and chose bitter gourd for their lunch, but they feel like they have really made their own decision. You can use the same old trick in different situations. If you have the feeling that someone is watching you, just yawn and look around. If someone is really stalking you, they will yawn too, since yawning is highly contagious. Your friend will most likely help you carry, let's say, a



box of your stuff if you continue talking while handing over the box. The majority of people won't even notice you're handing them something and will take it. However, some people more attentive and less close to you may get pretty confused.

If you know you're going to shake hands with someone, make sure your hands are warm enough. Warm hands promote a friendly atmosphere while cold handshaking will trigger the opposite effect.

Whatever your friend has just said, paraphrase it and say it again. The person who talks to you will subconsciously get the feeling you are a really great listener. Just don't go too far with the paraphrasing thing.

If you want someone to help you, start your phrase with the words 'I need your help...'People hate feeling guilty and that's why they won't be able to refuse to help.

If you believe a person doesn't like you, ask if you can borrow his pencil or pen. On one hand, people tend not to help those whom they don't like, but on the other hand, it's such a small favor that your 'hater' most likely won't be able to say 'No'. Eventually he will come to the conclusion that you're not that bad.

These are some of the tricks we can use personally and it works like a charm! Try it for yourself!



If you are walking down the right path, and you are willing to keep walking, eventually you will make progress. (Barack Obama)



19th Straight win for ICSK in the CBSE Kuwait Cluster Athletic Meet

If you believe in yourself and have dedication and pride and never quit, you'll be a winner.

The Indian Community School, Kuwait wins the 24th CBSE Kuwait Cluster Athletic Meet which was held on 13th, 14th & 15th November 2022 at Shaabab Sporting Club at Ahamadi with a total of 341 points. The success is indeed glorious as ICSK stands unbeatable for the 19th consecutive year. The prestigious institution stood on top of all the other 16 participating schools in Kuwait. The hard work, determination and dedication of all the athletes of ICSK have paid off.

ICSK bagged the Championships in Under 14 Boys Category, Under 17 Boys Category and Under 17 Girls Category. Master Anand Arjun of Class 8 for Under 14 boys, Master Mohamed Sheeraz of Class 10 for Under 17 boys and Miss Saniya Shajan of Class 10 for Under 17 girls won the prestigious individual championships.

ICSK secured 13 Gold Medals, 19 Silver Medals and 11 Bronze Medals. It has been a monumental achievement. We emerged victorious with the sheer commitment of the students along with the sincere efforts of the physical education teachers and supporting staff.



The board of trustees, principals, vice principals and staff of ICSK family congratulated the athletes and appreciated the efforts of the physical education teachers and the supporting staff, who worked vehemently for bringing this laurel to the school. Every championship victory has been an inspiration and the quest for the next one never stops.





BEST STUDENTS - OCTOBER

- 12E

GRANDHI SAI NANDA JUSTIN SAMUEL SAJI HAARSHITH SANKAR

- 11C

SANA SUDHIR

10A

- 90



- 12A

DARIN BIJU KOLETH

- 12J

SHAIK FATHIMA

· 11I

URVASHI GOPAL

-10F

AARON MATHEW

TINKU- 11A

REUBEN ABEY

- 11K

KASHNI SONEJA

- 9A

HAFSAH ASIF

- 7C

HARINI MAHADEVAN EBENEZER NELSON SAMUEL - 12B

ANNA SARA BENNY

- 12K

ADRIEL JOSEPH

DAVID - 11J

SUHANA SHAIK

-10G

AALIA THARIC

- 8A

ARMAAN TIJU KADIR

- 8B



SAHAL MUHAMMED **KOLLENTAVITA - 12D**

SIDDHARTH - 11B

AMAAN SOHAIL

SAADAN - 11L



JUSTIN GEORGE - 12F

SASIDHR - 11D

MAAZ MUBIN PARKAR

- 10B

NEVAN CAEL

- 9D





RIFANA MUTHAIBA

- 11E

VARSHA AMAL

- 10C



- 12H

AFNAAZ MUJAWAR

- 11F

- 10D



AYISHA SAMEER AHAMED - 12I



ABNER REVEREDO - 11H



MAMUDURI NYREL - 10E











RACHEL SUSAN

THOMAS - 7B

The Golden Gate

Vishnusharma

Shiv Kapoor

Barren Island

GOa

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AFRAH

- 9E



In which city of India would you find the Napier Museum?

Which king composed songs under the name Akhtari Pia?

10. Ville Blanche and Ville Noire once made up which Indian

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What is the literal meaning of 'Nataraj' in Sanskrit?

10. Pondicherry

Lord of Dance

Mound of Dead

Trivendrum

Aswab Wajed Ali Shah



FATHIMA ZAHARA MUHAMMED - 7F









- Catlanchimauli is the highest mountain peak in which Indian state?
- Where in Andaman and Nicobar is India's only live volcano? 2.
- Which Indian won the gold medal in golf in the 2002 Asian 3. Games?
- 4. Who wrote the Panchatantra?
- Which Vikram Seth novel is completely in verse?
- What does the word Mohenjodaro mean?



MONTHLY MAGAZINE THE INDIAN COMMUNITY SCHOOL (SENIOR) KUWAIT



FATIMAH QASI

- 8C



NIVEDITA NARENDRAN

MENON - 7D

CARISSA DANIA - 9B



RUDRA ASOKAN SUDHAKUMARY - 8D



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9.

town?

ZAINAB FAWAZ

MOOSA -7E



















CURRENT AFFAIRS

U-19 Men's T-20 World Cup 2024 to be Hosted by Sri Lanka.



International Cricket Council (ICC) has announced the venue for Under-19 Men's and Women's T-20 World cup. ICC announced that the 2024 Under -19 Men's T-20 World Cup will be hosted by Sri Lanka while the 2026 edition will be staged in Zimbabwe and Namibia.

1995-batch Senior IAS officer Gaurav Dwivedi appointed Prasar Bharati CEO



Senior IAS officer, **Gaurav Dwivedi** was appointed the **Chief Executive Officer** of public broadcaster **Prasar Bharati**. A 1995-batch officer of Chhattisgarh cadre, Mr. Dwivedi will have a five-year tenure from the date he assumes charge. Earlier, Mr. Dwivedi was the Chief Executive Officer of MyGovIndia, the citizen engagement platform of the government. He has been awarded the Prime Minister's Award for his excellent work in administration. He replaces **Shashi Shekhar Vempati**.

Andhra Pradesh Celebrates 55th National Library Week



The **55th National Library Week** will be celebrated in all libraries of **Andhra Pradesh** from 14th November 2022. The 55th National Library Week will be a **weeklong celebration** and will be inaugurated in **Tummalapalli Kalakshetram** by State Ministers Taneti Vanita, Botcha Satyanarayana, and Jogi Ramesh. The 55th National Library Week celebrations would also give impetus to the **School Education Department**'s 'We Love Reading' initiative. The inauguration of Library Week also coincides with **Children's Day** on November 14.

PM Modi Unveiled 108-feet tall 'Statue of Prosperity'



Prime Minister Narendra Modi unveiled a 108 feettall bronze statue of Sri Nadaprabhu Kempegowda in Bengaluru. The 'Statue of Prosperity' is made to commemorate the contribution of Nadaprabhu Kempegowda who is the founder of Bengaluru. The statue was conceptualized and sculpted by Ram V Sutar, who also curated the Statue of Unity. The 'Statue of Prosperity' is made with 98 tonnes of bronze and 120 tonnes of steel.

PM Modi flagged off first 'Vande Bharat' train in South India



Prime Minister Narendra Modi flagged off the first Vande Bharat Express Train on the Mysuru-Chennai route at Krantiveera Sangolli Railway station in Bengaluru. Prime Minister Narendra Modi also flagged off the 'Bharat Gaurav Kashi Darshan' train which is operated by Karnataka's Muzrai Department under the 'Bharat Gaurav' train policy of Railways.

Shlok Mukherjee wins India's 2022 Doodle for Google

Google announces **Shlok Mukherjee** as the winner of the **2022 Doodle for Google** competition. Sholk Mukherjee is from Kolkata and he was declared the winner for India for his inspiring Doodle titled **'India on the Centre State'**. His doddle is also featured on **Google. co.in** on 14th November 2022. Shlok Mukherjee has showcased India's scientific achievements and advancements through his doodle.





41st India International Trade Fair begins in New Delhi



The **41st edition of the India International Trade Fair (IITF)** has started at **Pragati Maidan in New Delhi.** Commerce and Industry Minister **Piyush Goyal** inaugurated the fair. The fair will continue till the 27th of this month. During the inauguration ceremony, Minister of State for Commerce and Trade Anupriya Patel and Som Parkash were also present. This year the theme of the trade fair is **Vocal For Local, Local to Global.**

India's longest river cruise to sail from Varanasi in January 2023



The government is set to launch the **world's longest luxury river cruise** from **Varanasi to Dibrugarh via Bangladesh** next year. The world's longest luxury river cruise aims to give a push to **Indian inland waterways** development. The **50 days cruise** will set sail from Varanasi and pass-through **Kolkata and Dhaka** before reaching Bogibeel in the Dibrugarh district of Assam. The cruise will sail on **10th January 2023** and will cover a **distance of 4,000 km**.



WHAT IF GRAVITY SLOWLY DISAPPEARS?



Ever seen movies where astronauts are fumbling around attempting to place their country's flag on the moon? Most of us know are aware that astronauts bounce up and down due to gravity.

I don't think I need to explain what gravity is in detail. It's a lot more complexed than just the falling of the apple on Newton's head. But in general, it's the force that keeps everything attached to a planet's center.

On Earth, gravity is what keeps our feet on the ground; it's what ensures that we don't just float off into space. In the solar system, it guides the planets to move around as they do; with everything gravitationally bound to the closest object with the most mass, usually the sun. In the universe, it shapes how the entire cosmos is structured - from the tiniest speck of dust to whole, sprawling galaxies. Surprisingly, gravity is also responsible for the spherical shape of

planets.

Ever considered what would happen if gravity were to vanish?

You may be thinking that as soon as gravity disappears, you would start floating and flying over everything – cities, maybe even entire countries. It would be so awesome, right?

If you think that, you're in for quite a surprise... and not a pleasant one.

Without gravity, humans and other objects would become weightless.

If Earth suddenly lost all of its gravity, we wouldn't just start floating. The lack of any forceful gravitational pull would turn humans and anything else with mass, like cars and buildings – into very fast-moving tumbleweeds. That's because Earth would keep spinning, as it does, but you would no longer move with it, you would move in a straight line, upwards. In fact, rather than feeling like you are floating away from the Earth, you would probably feel like the Earth is dropping away from you!

A loss of gravity would also mean that the planet would stop pulling down air, water and Earth's atmosphere.

This means that there would be a sudden and drastic change in air pressure,

which would lead an immediate and simultaneous rupture of the inner ears of every human being on the planet. Scary stuff!



Oh, and since Earth's atmosphere would evaporate, we wouldn't just face the absence of oxygen. Think about it, what's H2O without O? Only Hydrogen. Only Hydrogen which will cause immediate explosions among every living cell.

Those were just the consequences on Earth. Continue reading to find out what would occur in space.

No gravity means no order, structure or predictability in space, and the chances of anything surviving at that point would be absurdly low.

Eventually, without gravity, all chunks of matter would break down... meaning no planet, no Earth, at all. Away from Earth, the outlook for everything else is just as bleak. The sun would break apart, too, as the solar system descends into a dusty, soupy mess. And the rest of the entire universe would suffer the same fate - breaking apart into smaller and smaller pieces.

Sure, it could be over in 5 seconds, but none of us would be around by the time gravity came back.

EMOTIONAL WELL BEING



In 1947 the World Health Organization defined health as "a state of complete physical, mental and social wellbeing." Until now the NHS has given precedence to promoting physical wellbeing, but the green paper Our Healthier Nation signals that this may need to change. It emphasizes the importance of emotional wellbeing for health: indeed, health is defined as "being confident and positive and able to cope with the ups and downs of life."

The concept of mental and social wellbeing is less well defined than that of physical wellbeing.

Nevertheless, some research shows that emotional distress creates susceptibility to physical illness. Exam stress increases susceptibility to viral infection. Studies provide supporting evidence that emotional distress can lead to physical illness by affecting the immune response.

The mind is one of the most powerful organs in the body, regulating the functioning of all other organs. When our minds are unstable, they affect the whole functioning of our bodies. Being both physically and emotionally fit is the key to success in all aspects of life. People should be aware of the



consequences of mental illness and must give utmost importance to keeping the mind healthy like the way the physical body is kept healthy. Mental and physical health cannot be separated from each other. And only when both are balanced can we call a person perfectly healthy and well. So, it is crucial for everyone to work towards achieving a balance between mental and physical wellbeing and get the necessary help when either of them falters.



CHOCOLATE CAKE



Two The Best Chocolate Cake for any special occasions. This is the kind of chocolate cake everyone should have in their recipe collection. An easy, one-bowl cake with the perfect crumb that's covered with a simple homemade chocolate buttercream frosting. This moist cake is made completely from scratch and has incredible chocolate flavor.

1 h 10 m 16 ingredients

Refrigerated 2: Eggs, large

Baking & spices 6 oz: (1 cup | 169g) semi sweet chocolate chips 2 cups: All purpose flour 2 tsp: Baking soda 1¾ cup: Cocoa powder, natural unsweetened

- 9 cups: Powdered sugar
- 1 tsp: Salt
- 1: Sprinkles
- 2 cups: Sugar
- 3 1/2 tsp: Vanilla

Oils & vinegars 1 cup: Vegetable oil

Dairy 2 1/2 cups: Butter 1 cup: Buttermilk 1/2 cup: Heavy whipping cream 4 tbsp: Water/milk

Liquids 1 cup: Water, hot

Make the Cake

Prepare your pan & preheat the oven. Prepare three 8 inch cake pans with parchment paper circles in the bottom, and grease the sides. Preheat oven to 300°F (148°C).

Mix the dry ingredients. Add all dry ingredients to a large bowl and whisk together.

Add the wet ingredients. Add eggs, buttermilk and vegetable oil to the dry ingredients and mix well. Add vanilla to boiling water and add to mixture. Mix well.. Bake. Divide batter evenly between cakes pans and bake for 30-33 minutes, or until a toothpick comes out with a few crumbs.



Cool. Remove cakes from oven and allow to cool for about 10 minutes, then remove to cooling racks to cool completely.

Make the Chocolate Buttercream Frosting I usually make the chocolate frosting while the cakes cool. Here's how:

Beat the butter in a stand mixer until smooth.

Add the sugar. Slowly add 4 cups (460g) of powdered sugar and mix until smooth.

Add vanilla and half of the water or milk and mix until smooth.

More sugar. Add another 5 cups (575g) of powdered sugar and mix until smooth.

Mix in the cocoa powder. Add cocoa and mix until smooth.

Add remaining water or milk until the frosting is the right consistency.

MENTAL HEALTH



In today's world, mental health has been given the utmost equal importance when compared to our physical health. Your mental health is an important part of your well-being. This aspect of your welfare determines how you're able to operate psychologically, emotionally, and socially among others. Stress, Anxiety, and Behavioural problems are common illnesses among many on much of youth in today's world. This could be caused due to poor means that negatively affecting routines and may lead to social exclusion, exhaustion, violation of their human rights and so on. Stress among students can be caused due to various problems like examinations, deadlines, poor time management, feeling unprepared and overwhelmed for doing certain tasks etc. Stress is good up until a limit. Good stress pushes you to get your work done and acts as a motivation to achieve your objectives. Whereas, an excess amount of it can cause anxiety and can disturb the flow of work in a student's life. Now one can maintain good mental health and proper well-being

by inculcating habits of meditating, eating healthy, getting plenty of sleep, exercising and looking after your body. Meditating and following deep breathing patterns



can control sudden anxiety attacks. Taking some time off to do the things you love can also contribute to reducing stress. This energizes and boosts the individual to start fresh on their tasks. This helps you slow down and relaxes your mind. In the end, it is normal to get overwhelmed by certain things in your life. But you need to set time aside to unwind, otherwise your mental and physical health can suffer.



EPICONE OF SUCCESS RISHI SUNAK



Rising In Power

Rishi Sunak born on 12 May 1980 is a British politician who is serving as Prime Minister of the United Kingdom since 25th October 2022 and Leader of the Conservative Party of the United Kingdom. Rishi Sunak made history as the country's first leader of color and its youngest in recent centuries, taking office aged just 42.

He attended Stroud School, a preparatory school in Romsey, and Winchester College, a boys' independent boarding school, where he was head boy. He read Philosophy, Politics and Economics at Lincoln College, Oxford, graduating with a first-class honor student in 2001. He got married to the daughter of Narayana Murthy (founder of Infosys, and has been the Chairman, Chief Executive Officer, President, and Chief Mentor of the company) and Sudha Murthy (a famous Indian author and educator. She was awarded the Padma Shri, the fourth highest civilian award) their daughter, Akshata Murthy.

Rishi Sunak also breaks the record for being the wealthiest-ever occupant of Downing Street - with a fortune estimated to exceed that of King Charles III. Sunak worked as an analyst for the investment bank Goldman Sachs between 2001 and 2004. He then worked for Hedge Fund Management firm the Children's Investment Fund Management, becoming a partner in September 2006. He left in November 2009

to join former colleagues in California at a new Hedge Fund Firm. At both Hedge Funds, his boss was Patrick Degorce. Sunak was also a director of the investment firm Catamaran Ventures.



owned by his father-in-law, the Indian businessman N. R. Narayana Murthy between 2013 and 2015.

He soon was elected by the conservative party and served for 7 years and took his opportunity and was running to be the Prime Minister of England against Liz Truss in September. Liz Truss won the election and was the shortest-serving (44 days) occupant of Downing Street in 300 years of British history as she only lasted for a few weeks until she resigned due to a failed tax-cutting budget that rocked financial markets and which led to a revolt within her own Conservative Party. Rishi Sunak confirmed and joined the contest to replace Liz Truss as British prime minister with his only remaining opponent Penny Mordaunt, who withdrew after failing to reach the threshold of 100 nominating votes from Conservative lawmakers thus, leading to Rishi Sunak becoming UK's next PM.

As the Rishi Sunak himself says, "This is who I am. This is what I stand for. This is what it will take."

PANCAKE - RECIPE



Inaredients 1. 1 cup all-purpose flour, (spooned and leveled)

- 2 tablespoons sugar
- 2 teaspoons baking powder
- 4. 1/2 teaspoon salt
- 5. 1 cup milk
- 2 tablespoons unsalted butter, melted, 6 or vegetable oil
- 7. 1 large egg
- 8 1 tablespoon vegetable oil

Assorted toppings, such as butter, maple syrup, confectioners' sugar, honey, jams, preserves, sweetened whipped cream.

STEP 1

BUTTERMILK: In step 1, add 1/2 teaspoon baking soda to dry mixture. In step 2, replace the milk with low-fat buttermilk.

STEP 2

YOGURT: In step 1, add 1/2 teaspoon baking soda to dry mixture. In step 2, replace the milk with 2/3 cup plain lowfat yogurt and 1/3 cup milk.



STEP 3

WHOLE-GRAIN WITH YOGURT: In step 1, replace the all-purpose flour with 1/2 cup whole-wheat flour, 1/4 cup each cornmeal and wheat germ, and 1/2 teaspoon baking soda. In step 2, replace the milk with 2/3 cup plain low-fat yogurt and 1/3 cup milk.



EPIstory

Choose Your Words Wisely

Once Upon a time, there lived an old man who used to dig his nose into others business. He used to spread rumors about everyone he disliked. Likewise, one fine day, he started to shout, "Jim was a thief." Because of that, Jim was arrested. As the investigations went on, the young man was proven innocent. Jim felt humiliated as he walked back to his home after getting released. He sued the old man for wrongly accusing him. In the court, the old man told the judge, "They were just comments, it did not harm anyone." The judge before passing sentence on the case, said to the old man, "Write whatever you want to say on a piece of paper. Tear the paper into small pieces as you go back home. Tomorrow come back to hear the sentence." As he was walking to his home, he did as a judge told him.

The next day the judge told the old man, "Before receiving the sentence, you have to go out of the courtroom and collect the pieces of paper that you threw yesterday." The old man said, "I can't do that! The wind must have spread them, and I won't know where to find them."

To this the judge replied, "In the same manner, simple



manner, simple -12F comments may destroy the honor of a man

to such an extent that one is not able to fix it." The old man now realized his mistake and pleaded for forgiveness.

Moral: Do not blame anyone without knowing the actual truth. Your words might ruin someone's reputation without their fault.

GENDER INEQUALITY



What is gender inequality ?

The simplest way to explain what gender equality is when men, women, boys and girls are treated unequally on the basis of their gender. It is also often known as Gender discrimination.

To give a clearer picture let's take a simple scenario from our daily life that points towards gender inequality. Most of the companies pay a higher salary to men than women even though they might posses the same qualification and does the same amount of work. Another common example that we can see is that boys aren't given chores often at home , whereas girls are expected to do almost all the household chores along with their mothers.

One point that should be noted is that gender inequality not only exist between men and women but also genders that are of the minority (aka LGBTQ+ Community).

How Gender Inequality impact oneself? Gender Inequality has a great impact on an individual on the choices they make for themselves. Girls as they get older are advised to focus more on their studies rather than join for activities related to sports. Boys are often told to "Man Up" and hide their emotions rather than share their emotions with someone.

These common stereotypes can lead to self-doubt in oneself and one might end up



taking decisions that they don't want to take. This might also affect their health to a great extent which can also lead to suicide.

How to promote Gender Equality?

A society can only be fully developed only if all the genders are treated equally in the society. The idea of women being treated differently or as inferior to men has to be changed in the society. This includes treating men and women at all places equally, i.e., at school, workplace, home, etc. As the world progresses, let's take an initiative to treat men and women equally.



Children are like buds in a garden and should be carefully and lovingly nurtured, as they are the future of the nation and the citizens of tomorrow. (Jawaharlal Nehru)



CAPTAINS & VICE CAPTAINS - NOVEMBER

CLASS 12C



CLASS 12F

AARON REJI



DHRUVAN SHAJAN EBENEZER NELSON









CLASS 12D

CLASS 12I





HIBA SARA REGI

CLASS 12E





AMATULLAH UNDIYA

NANCY JOHNSON SEANNA ANTHONY



CLASS 11K

CLASS 10D

CLASS 9B

CLASS 9G

VISMAYA

NEEDA KHALID

SNEHA MARIA SUJO

JERRIN JOHN

HRIDYA

12



AYESHA ZAKIR

ROVEL NIKHIL

ZARA MOHAMMED FATHIMA MUHASINA



ZEHRA ASHHAR



NAKSHATHRA

NUHA KAZI KEZIA REJI MATTHEW



CLASS 10A

CATHERINE ANN ABRAHAM RUEBEN

CLASS 10F

CLASS 11C CALEB KURIAN SAI VARSHA



CLASS 10B

CLASS 10G

JOANN SERLYN

SYED MOHAMMED

IRIN MATHEW

CP.

MAHASIN

ESTHER LAUREN

CLASS 11D







DEVIKA SURESH











BRITNEY JOHN MATHEWS ABRAHAM



CLASS 8D



AALIA THARIC REUBEN CEDRIC AAMINA SHAIKH



GAURIKRISHNA























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CLASS 11L







SANJIT VELU









HUZAIFA ZOHAR







CLASS 9E

































COOKIES - RECIPE

DIYAA PANDYA

BURHANUDDIN



AADHISESHAN MANOJ

RAFIKA

INGREDIENTS

8 tablespoons (113g) unsalted butter, room temperature.

1/3 cup + 1 tablespoon (85g) granulated sugar

1/3 cup (71g) light brown sugar or dark brown sugar, packed

1/2 teaspoon salt

RAJAT RAKESH

- 1 teaspoon King Arthur Pure Vanilla Extract
- 1/4 teaspoon baking soda
- 1/2 teaspoon baking powder

HELENA CATHERINE

1 large egg

1 1/2 cups (180g) King Arthur Unbleached All-Purpose Flour

2 tablespoons (28g) milk, optional

2 cups (227g to 340g) chips, nuts, and/or dried fruit, optional

Preheat the oven to 375°F. Lightly grease two baking sheets, or line with parchment.

Beat together the butter, sugars, vanilla, salt, baking powder, and baking soda till well combined.

Add the egg, beating till smooth. Scrape the sides of the bowl, and beat again till smooth.

Add the flour, mixing it in completely.

lf you're making cookies using chips, nuts, etc, beat in the milk, then the add-ins.

If you're making plain cookies, without addins, omit the milk.

Drop the cookies by the traditional "tablespoonful" onto the prepared baking sheets, spacing them about 2" apart.

here.

up to 16 minutes; ovens may vary).

The cookies should be a light golden brown, and a bit darker around the edges.

For softer cookies, bake the shorter amount of time; for crunchy cookies, bake longer.

Remove the cookies from the oven, and cool right on the baking sheets.

HE PAINTING

"Nothing better than going to the art museum on a Saturday evening. Being used to going to art galleries and vintage museums I mostly get fascinated by all the different art pieces of legends. But this one painting caught my attention more than anything ever. Its beauty is just indescribable and the way how it speaks through its aesthetics are unnatural.



This peace of amazingness seen in a go-by museum however a bit

low expresses more than enough for my day to become brighter. This deserves more." And through that thought, now I stand here with this abstract art piece to be brought high and to make other people's days better. A little piece of art can change the way you are or mostly the way how you feel and this is an abstract art piece that did.



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A tablespoon cookie scoop works well

DISHLEEN KAUR

Bake the cookies for 10 to 14 minutes (or

Birthday Arcade - November

YUSUF HABIB KHANJI ZAINAB ALI ASGAR

8C - NOV 1

12K - NOV 3

OMAIMA MOHAMMED

ANWAR 12I - NOV 5

NIDHI MYTHILY

12C - NOV 7

ASMI MAHESH

11A - NOV 9

ABBAS KUTBUDDIN ALWIN SAJI VARGHESE FATHIMA SHIZA

11J - NOV 11

AUSTIN VINU

8E - NOV 14

8C - NOV 1

TAHA

11J - NOV 3

JOSWIN JEEMON

11B - NOV 5

DERRICK MATHEWS

11L- NOV 7

ARDIII A717

10C - NOV 9

12F - NOV 10

ANNS ANNA BOBY

9C - NOV 14

ZAIRAH VINU

9B - NOV 1

VYSHNAV SATHIS YAQOOB MOHAMMAD PREINEL SILFORD

10A - NOV 3

YOHAN LIONEL

12A - NOV 5

11B - NOV 7

DANIEL VARGHESE

12F - NOV 9

7A - NOV 11

NAMITH JAYAKUMAR

11I - NOV 14

AASHKA ESTHER

10D - NOV 2

ABREU 12F - NOV 4

FATEMA ALIASGAR

11F - NOV 6

12H - NOV 7

MARIYAH

10C - NOV 9

12H - NOV 11

SARA YASIN KHAN SHABBIR HUSSAIN

YASH GIANANI

9F - NOV 1

SRINIKETHAN

9B - NOV 3

IDRIS BOHRA

9E - NOV 5

AARON RAJISH

9A - NOV 7

9B - NOV 8

AYRA AQTHAR

7A - NOV 10

AISHWARYA

11A - NOV 14



ADITHYA RAMESH PILLAI MOHAMED FAHAD 12E - NOV 1

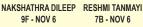


11L - NOV 2



SAAD MOHAMMED 11L - NOV 4







12G - NOV 8







ANSON JOJI 7A - NOV 13



AARON SHIJU 7B - NOV 15



DHANYA SEJA MALLA 7D - NOV 16

FPI

14



SUMAIYA ABDUL THARUN JANAKIRAMAN MUSTAFA MUSHALA 8E - NOV 2 12B - NOV 2

SHREE HARI

10A - NOV 1

TAHER HUSSAIN

8B - NOV 1

11I - NOV 3

THARUSHA NETHMI

10F - NOV 4

AARON JOSEPH

10F - NOV 7

12C - NOV 8

AYESHA AHMED

7E - NOV 10

ADONA VINU MATHEW

10C - NOV 14



10F - NOV 4

7B - NOV 6

12A - NOV 9

SAM THOMAS 8B - NOV 4



SHIFA ABDUL 8A - NOV 6



HARSIMAR KAUR INSIYA FAKHRUDDIN MUHAMMED UMAR KHAN SARA ELENA SAJI YUSUF MOHAMMED 8B - NOV 8 8C - NOV 8



AAYUSH VAIBHAV

10E - NOV 10



AYAAN HUSSAIN FAISAL ALI KHAN 7D - NOV 13 11J - NOV 13

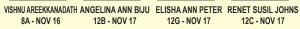


12F - NOV 15 12B - NOV 15



JENESSA AMY 9E- NOV 16







7E - NOV 15



12G - NOV 17





12C - NOV 17

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7A - NOV 15

















AYESHA ABDUL 9A - NOV 18





















HATIM HAKIMUDDIN

12G - NOV 2

RAJARATINAM

11I - NOV 4

MARYAM SHEIKH

7D - NOV 6



REHANNA JOANNE 7A - NOV 9



GHANASHYAM

KEZIAH ANA KOSHY





AARON MANOJ

















SURABHI MISTRI







AARON BOBY

10C - NOV 19

AMEEN ABDUL

8F - NOV 20

ASHMIT SRIVASTAVA

12C - NOV 21

ASKRY 7B - NOV 23

BRITNEY JOHN

9E - NOV 19

BURHANUDDIN

12D - NOV 20

12F - NOV 21

SYED ABBAS JAFFAR BAASIM MUSTAKHUSEN JUWAIRIYA SAJID ALI

9C - NOV 24

DEVIKA MENON

11F - NOV 27

WHETVIN LEON

12D - NOV 28

GOPINATH

9D - NOV 19

CHISTY ROJI

10G - NOV 20

HEGDE SHRADDHA NAINA SAHIB VILACK SAI NITHISH KUMAR

10C - NOV 21

10C - NOV 24

SHYAM

8E - NOV 25

GARY MALOWNEY

8A - NOV 27

AARON VARKEY

11E - NOV 29



AISWARYA 9G - NOV 20



12C - NOV 21



CHELSEA DINA 12H -NOV 23



ATIFA SHABBIR CHIKTE NOORA MOHD RAFIQ SHIBANI KARTHIKA 9C - NOV 25 12K - NOV 25 8B - NOV 25

ADHUL DUDY JOSE

11J - NOV 27

ROSANNE MARIA

9A - NOV 28

11B - NOV 30



MUHAMMAD 8C - NOV 26



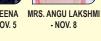
RIDDHI JINDAL 11E - NOV 28



SANIDHYA KUMAR ANDRIYA SEBASTIAN KEZIA REJI MATHEW 6A - NOV 29



MRS. SHEREENA MOOSA - NOV. 5



MR. SUJITH KRISHNAT - NOV. 8



11B - NOV 30



MRS CHANDRAKALA NOV. 8



BHAVISHYA MANISH

9C - NOV 29





MRS JAYABALA





- NOV. 15

JAYARAM - NOV. 12



10E - NOV 19

7B - NOV 22

GURWINDER GILL

11J - NOV 19

GUNEET KAUR

10B - NOV 20

12G - NOV 21

LEON JOHNY

9A - NOV 24

ABNER JANUARIO

11H - NOV 26

KHADEEJA IMRAN 8C - NOV 19



HARGUN KAUR MARWAH IFFAT KUBRA KHAN 11I - NOV 20 12C - NOV 20



ADLINE BENNITA DHYAN THOMAS 9D - NOV 22



LOVIS LIZA POTHEN MOHAMED ARHAAAN SHAIKH AYESHA 8B - NOV 24 7C - NOV 24



AFRA ANSARI ANOOJ JACOB 12J - NOV 26 12E - NOV 26



ABEL MATHEW 8A - NOV 28



7F - NOV 29







KYRA DEBRIS 9E - NOV 19





10C - NOV 19

SYED ABDULLAH

7F - NOV 20

8F - NOV 22

AAMENA SHABBIR

9A - NOV 25



12H - NOV 20

KHADIJA HUSAIN 11F - NOV 20



KEZIAH MARIA GEO MOHAMMED ABDUL 8E - NOV 22 11D - NOV 22



10B - NOV 24

te -



KEVIN BAIJU KOSHY 12A - NOV 26





KARTHIK NARAYAN K RAFA RIZWAN PATNI 9C - NOV 29 11A - NOV 29



7B- NOV 10



MRS. TEENA FLIZABETH - NOV. 21 - NOV. 20



11D - NOV 26

MANMEET SINGH MOHAMMED YAHIYA 11J - NOV 26



NYNIESHIA 7B - NOV 28



REMAS FATHIMA 9B - NOV 29



GAURI KRISHNAN 11D - NOV 20

AMALIA ROSE

7B - NOV 18

- NOV. 24



MRS. ANII A - NOV. 27



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JEEVAN SHAJU 12G - NOV 27







DINESH KUMAR DIYA A PANDYA 11D - NOV 29





PARVAN PRASANTH PRANATHI PULLUR MOHAMMED AIMAN

7B - NOV 30

MR. SURESH PETER

BIRTHDAY CUM CHARITY FUND									
BALANCE SHEET FOR	R THE	MONTH OF OCTOBER 2022							
INCOME (SEPTEMBER2022)	KD	EXPENDITURE (October) 2022)	KD						
Balance c/f from September 2022	3248.400	1. Cancer Patient	150.000						
		2. Cancer Patient	150.000						
		3. Cancer Patient	150.000						
		4. Cancer Patient	150.000						
		5. Cancer Patient	150.000						
		6. Cancer Patient	150.000						
			900.000						
Balance c/f from September 2022	2348.400								
Contribution from students (October 2022)	152.010								
Miscellaneous	11.750								
Balance in Hand	2512.160								

BIRTHDAY FUND AND CHARITY FUND COLLECTION - OCTOBER 2022

CLASS / SEC	Birthday Fund	Charity Fund	Sub Total	CLASS / SEC	Birthday Fund	Charity Fund	Sub Total
12A	-	3.600	3.600	8A	-	1.525	1.525
12B	-	3.000	3.000	8B	-	1.675	1.675
12C	-	6.140	6.140	8C	-	3.550	3.550
12D	-	2.950	2.950	8D	-	2.250	2.250
12E	-	1.700	1.700	8E	-	4.500	4.500
12F	-	1.000	1.000	7A	-	0.450	0.450
12G	-	1.000	1.000	7B	-	1.830	1.830
12H	-	2.300	2.300	7C	-	2.150	2.150
11A	-	8.915	8.915	7D	-	2.280	2.280
11B	-	4.025	4.025	7E	-	1.000	1.000
11C	-	6.130	6.130	6A	-	3.100	3.100
11D	-	1.700	1.700	Tota	l 10.000	127.680	137.680
11E	-	2.170	2.170	AFTERNOON			
11F	-	1.455	1.455	7 F	-	1.000	1.000
11H	-	17.410	17.410	8 F	-	0.750	0.750
10A	-	3.070	3.070	9 G	-	2.750	2.750
10B	-	8.000	8.000	10 F	-	1.605	1.605
10C	-	6.055	6.055	10 G	-	1.005	1.005
10D	-	1.100	1.100	11	-	1.430	1.430
10E	-	0.500	0.500	11 J	-	0.410	0.410
9A	10.000	0.800	10.800	11 K	-	1.000	1.000
9B	-	5.310	5.310	12	-	1.230	1.230
9C	-	7.000	7.000	12 J	-	-	-
9D	-	1.695	1.695	12 K	-	3.150	3.150
9E	-	5.345	5.345	Tota	l	14.330	14.330
9F	-	1.000	1.000	Grand Tota	l 10.000	142.010	152.010

- It is imposible for most people to lick their own elbow. (try it!)
- A crocodile cannot stick its tongue out.
- A shrimps heart isin its head.
- If you could sneeze too hard, you could frature a rib.
- Wearing headphones for just an hour could increase the bacteria in your ear by 700 times.
- Some lipsticks contain fish scales.
- The gaint squid has the largest eyes in the world
- Most people fall asleep in seven minutes.





CHARITY CONVENOR - NOVEMBER

SNEHAL PANWAR

- 12E

MARIA CHANDAN

- 11C

SAKINA ALI ASGAR

HASNAIN ALI KHAN

- 9C

HUSSAIN NAJMI- 11L BHARUCHWALA - 10A

- 8D



AFRAA BEGUM - 12A



ALIAS SAJU - 12J



MOHAMMED FAIZ - 111



SHARON UTAMA PAI -10F



NAILA NAJEEBUDDIN - 8A



ADITHYA



NETHANEEL NEVIL KUPPALA NARASIMHA





TAHURA FATIMA - 7C

ROHIT KRISHNAN

- 12C

RAFA RIZWAN

- 11A

MURTHY - 11K

MERYLE EVONA

D'SOUZA - 9A

SHADA FATHIMA

- 12B

RUBEN SANTHOSH

- 12K

- 11J

CHRISTY ROJI

-10G

WHETVIN LEON

VEIGAS - 12D

MILASHA RACHEL

BISSY - 11B

BURHANUDDIN

MARIAM

- 9B



SURABHI MISTRI



-7E



- 7F

- 8E





- 6A



ALBIN BENNY PAUL - 12G

RITHIN PHILIP JOSE

- 11E

LIVA MARIA SUNIL

- 10C

SEHRISH KHANAM

SAYEEDA FATIMA

- 12F

NATHAN JOHN JIBI

- 11D

ISAAC MATHEW

THOMAS - 10B

SAMEEKSHA SHIJU - 12H

AYISHA NOORA

- 11F

AASHKA ESTHER

KURIAKOSE - 10D

SAKINA





SAKINA TAHA - 11H

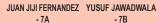


KHADEEJA MATEEN - 10E



MADHAV VINAYAGE MOORTHY - 9G





The Ice Queen's Perspective

Running through the veins, The cold blood of the past heirs, Thy queen of the realm.

Places so frosted, Hearts so cold. Watching by the windows, out the sky castle doors, the hostile breeze and their vows.

Looking up the aether the White sky, the Cold breeze, Maybe the end and epilogue.



8E



17

MONTHLY MAGAZINE THE INDIAN COMMUNITY SCHOOL (SENIOR) KUWAIT

NAIR - 9D SHRUTHIKA

ADITYA ULLAS

- 8F

SABIA AHMED

- 9F

- 7A



EPICS CAREER Software Testing

Prepared by Mr Riaz, Psychology Dept.



Software testing is a process to ensure the accuracy and quality of software programs. As a result software tester detect software bugs or errors in the software program. Software testing ensures smooth functioning of software application and provides accurate results.

What are the roles and responsibilities for Software test and quality engineer?

• Involve in the quality assurance

stage of software development and deployment.

- Examination and execution of the code in various environments and conditions to check all the aspects of code.
- Conduct automated and manual tests to ensure the software created by developers is fit for purpose.
- Software testing involves the analysis of software, and systems, to avert risk

and prevent software issues.

Find bugs and issues within a product before it gets deployed to everyday users.

What are the key skills required for Software Testing & Quality Assurance?

- Analytical Skills
- Time Management
- Organization Skills
- Automation Testing
- MYSQL
- Selenium Automated Test Tool

What are the career opportunities in <u>Software Testing & Quality Assurance?</u>

- Quality Assurance Analyst (QA Analyst)
- Quality Assurance Director (QA Director)
- Quality Assurance Engineer (QA Engineer)
- Quality Assurance Practice Manager (QA Practice Manager)
- Quality Assurance Test Program Manager (QA Assurance Test Program Manager)

Role of Youth in Nation Building

Role of Youth in Nation Building



Swami Vivekananda once said, 'My faith is in the younger generation, the modern generation and out of them will come to my workers. This quote describes the impact the Youth can have on society. More than 60% of the Youth helped Germany win the first world war far better or the worst. The mission to make the first person walk on the moon consisted of more than 80% of the Youth who helped in planning the whole mission. Likewise, Indian Youth also played an important role to make our country free from British rule. Youth has the power to change the world. When the Youth is united, we can make the world a better place to live, and when we are divided, we also have the power to destroy the world. Youth is the most dynamic and important segment of the population in any country. Statistics show that the developing countries

which have a huge youth population could be seeing tremendous growth in all the sectors of the countries provided they invest in young people's education, health and protect and guarantee their rights. It is believed that today's young minds and tomorrow's leaders, creators, builders, and innovators. For Youth to be good leaders, inventors and innovators, it is important that they are supported and are provided good health, training, and education to transform the future. There will be a boost in the economy of the country when the Youth is working and earning rather than being dependent on anyone.

As we all know, half of the world's population is now under the age of 25, and 1.8 billion people are between the age of 11-25. This is considered to be the largest youth generation to ever exist.

Youth has the power to bring change. They have the power to demand justice. For example, a mass protest by the Youth against the CAA bill in Delhi or the mass protest by the Youth in Delhi for justice of Nirbhaya cases are some of the examples of the strength of the Youth. TRO makes the Youth the ultimate power of the country, and educational programs should be developed that aims to teach the



young people from the school level the importance and the impact they can have on the country. They should be taught about how the country works and how it can be a significant part of the development of the country. Youth should be motivated to consider different career options such as politics, which eventually helps in running the country.

The role of the Youth is very important in the building of a nation. They can be a positive influence in society and can also solve the problem by introducing innovative and impactful ideas that will only help in the betterment of the country. They have the ability to create an identity for themselves, which will help in creating an impact. All the youth need is the support of their family and friends, and I can assure you that they can make our country great.



RAJA RAVI VARMA: Controversy of India's most iconic artist



Often referred to as the father of modern Indian art, Raja Ravi Varma is widely known for his realistic portrayal of Indian gods and goddesses. While he majorly painted for the royalty, he is also credited for taking art to the masses with his prints and oleographs. On April 6, one of his significant paintings, Draupadi Vastraharan, will be going under the hammer for the first time. Estimated to fetch between Rs 15 and Rs 20 crore, the canvas depicts the disrobing of Draupadi in a scene from the Mahabharata. We take a look at what helped shape Varma's art and how he finally took it to the masses.

He was the first Indian artist who successfully combined Indian iconography and subjects with Western techniques and styles. His art influenced Indian literature, music, films, advertising and textiles, and even India's largest selling comic book series, the Amar Chitra Katha comics. His themes revolved around Hindu mythology and religion, with portraits of gods and goddesses, studio-style portraits of aristocrats and maharajahs in courtly attire, along with scenes from everyday life.

As an artist he changed India's vision of gods and goddesses from supernatural imagery to a human style, with an attention to minute details, from fabrics, hair styles and jewellery to artefacts and furniture. His style used textures, light and shadows to help evoke the mood. It is famously said in India that in his paintings you can almost hear the rustle of silk sarees.

Ravi Varma was born in Kilimanoor, Kerala, 25 miles from the capital city of Trivandrum, in April 1848, into a family of poets and scholars with royal connections. Kilimanoor was famous for producing consorts for the princesses of the matrilineal royal family of Travancore.

Varma was criticized severely by later artists who saw the content of his work as only superficially Indian because, despite depicting mythological Indian themes, it imitated Western styles of painting. That view was instrumental in the formation of the Bengal School of Art (or Bengal school), whose members explored ancient Indian artistic traditions with a modernist sensibility.

Despite the dismissal of Varma's work by some as "calendar art," interest in his work has remained



constant. In 1997, for example, The Begum's Bath sold for a record price for an Indian artist. Works such as The Maharashtrian Lady, Shakuntala, The Milkmaid, Expectation, and Pleasing exhibit Varma's characteristic sense of beauty and grace.



FILM ANALYSIS: EVERYTHING EVERYWHERE ALL AT ONCE



It's been a while since I felt that I'm experiencing something new while watching a film. In the era of cookie cutter franchise films and remakes, EVERYTHING EVERYWHERE ALL AT ONCE is a breath of fresh air. A new thing that seemed to be capturing something I had felt but hadn't yet seen conveyed in art.

It's hard to describe exactly what Everything Everywhere All At Once is as a movie.

As the name implies, it's a lot. Trying to summarize it would be a disservice to the film, and to those who haven't seen it yet who should watch it knowing as little as possible going in. But one thing I can say is that, for me, it is clearly at least partially a commentary on the difficulty of grappling with the loss of reality that often comes with the overwhelming nature of the internet age we live in. the Hypermodern era that is fractured, self-reflexive, referential, and overwhelming. There's meaning to be found, but it's a fleck of meaning that must be extracted from the swirling chaos. kinetic, daring, expertly choreographed, endlessly creative, out-loud funny, doesn't look like bland CGI, and anchored by a genuine emotional core. It is nothing short of a visionary masterpiece. A meticulously crafted symphony of chaos that defies

expectation. I am gob smacked. Stunned. Flabbergasted. All of the above and all at once.

The film finds balance in the chaos and chaos in



YUKTA MENON - 12C

the balance; a mess of contradictions that's actually not messy at all, because every detail in every sequence is discernibly crafted with zealous care. The film deals with existentialism, identity, perfectionism, anxiety and love with a Kafkaesque portrayal of these themes.

Watching Everything Everywhere All at Once felt like I was watching a once in a generation movie. A movie that can't be imitated but a movie that will inspire thousands.



USA AT A GLANCE

With a plethora of sightseeing options in the vast country, it is very difficult to know where to start when it comes to planning a vacation in everyone's favorite, the United States of America. Most popular cities, some famous for fun and glamour and others are known for history, offer tourists a broad spectrum of destinations to choose from. To make it easier for you to plan your trip, we have curated a list of the best places to visit in the USA.

NEW YORK CITY

New York City or NYC is one the most unique city in the world that should be experienced by each and every traveler visiting the USA. Strolling around the city might feel like walking through a movie set, with popular tourist attractions at every turn, from Rockefeller Plaza to Empire State Building, the Times Square, Chrysler Building, Central Park, Broadway, 5th Avenue, and the Statue of Liberty.

New York is home to numerous Michelin Star winner restaurants and worldrenowned fashion houses. It is a city where



there is too much to see and do in a day or a weekend.

SAN FRANCISCO

San Francisco is a picturesque and charming city that is a perfect getaway. The beautiful views, outdoor dining, charming streets, and famous sites, all are equal parts in making San Francisco a great place to visit.

Visitors love visiting Alcatraz, taking a cruise on San Francisco Bay, wandering



around Fisherman's Wharf, driving over the Golden Gate Bridge, or hopping on a streetcar to explore the tourist attractions. The best time to visit San Francisco is during the summer or fall



months, but the climate here remains mild throughout the year.

ORLANDO

Orlando is the land of theme and entertainment parks. The world's most







famous theme parks like the Universal Studios, Walt Disney World Resort, Sea World, and more attracts visitors in large numbers. It is a family-oriented destination and is loved and liked by kids and adults alike. Besides enjoying rides, games, and various entertaining and engaging activities, these parks are well-known for amazing shopping and dining options. You can shop for a variety of things and enjoy an array of delectable cuisines. While visiting the city a visit to the Kennedy Space Center on the Atlantic Coast at Cape Canaveral is a must.



DIWALI, The Festival of Lights



Diwali or Deepavali, the Indian festival of lights, is a festival that symbolizes the victory of good over the evil or darkness prevailing within oneself. Lightening up the darkness of the Amavasya moon, this festival reinforces our bonding with our family members, friends and loved ones. This is one festival where people of all age groups, irrespective of colour, creed and caste join hands and celebrate the festival. Diwali is celebrated by lighting earthen divas or lamps, decorating the houses and bursting firecrackers. One of the relevant parts of this festival is sending gifts to your loved ones. It is said that the celebrations remain incomplete if gifts are not exchanged between near and dear ones. Sending gifts to your loved ones in Diwali marks the prime essence of this

auspicious occasion.

THINGS PEOPLE DO ON DIWALI

Before Diwali night, people clean, renovate, and decorate their homes and offices. On Diwali night, people dress up in new clothes or their best outfit, light up divas (lamps and candles) inside and outside their home, participate in family puja (prayers). After puja, fireworks follow, then a family feast including mithai (sweets), and an exchange of gifts between family members and close friends. Deepavali also marks a major shopping period in nations where it is celebrated. People buy new clothes for themselves and their families and even expensive items such as cars and gold jewellery. People also buy gifts for family members and friends which typically include sweets, dry fruits, and seasonal specialties depending on regional harvest and customs. It is also the period when children hear ancient stories, legends



SHRUTHIKA V. - 8E

about battles between good and evil or light and darkness from their parents and elders. Girls and women go shopping and create rangoli and other creative patterns on floors, near doors and walkways. Youth and adults alike help with lighting and preparing for patakhe (fireworks).

SIGNIFICANCE OF DIYA

A Diya or an earthen lamp is synonymous to the festival of Deepavali or Diwali. Diyas adorn every corner of the house on this very auspicious day and add fervor to the festive spirit which is accompanied by a number of delicacies to relish on, bright and new clothes to wear, splash of rangoli on the floor and above all a time for families and friends to get together.

SWEETS

Diwali is the festival of lights, crackers and sweets. Day before the festival, the women in the family start preparing traditional delicacies for the family and friends. The list of diwali special sweets is exhaustive. On Diwali there is a custom to exchange sweets to friends and neighbour's that is why Diwali can't even be imagined without sweets. The festival is complete without sweets.

Grow more trees to reduce pollution



"Trees are poems the earth writes upon the sky." Trees and plants are one of the main reasons why mankind came into existence. The importance of planting trees has been emphasized time and again. This is because of the numerous benefits they offer. They make the world a better place to live in. They exhale oxygen and inhale carbon dioxide to maintain the **ecological balance in the environment.** They also absorb all the harmful gases and give us fresh air to breathe.

Trees build a sheet to protect us from the harmful ultraviolet rays. Not only this, they serve as a habitat for birds and various species of animals. This is not it. Trees help in controlling water pollution and preventing soil erosion.

The places inhabited by large numbers of trees are quite cooler compared to the concrete jungles that cannot do without air conditioners. Unfortunately, urbanisation is leading to clearing of forests and parks despite the numerous benefits they offer. People come here for morning walks, evening strolls, yoga sessions and laughter therapy. These also serve as a safe place for the kids



HASNAIN ALI KHAN MOHAMMED - 9C

to play and socialise. The only way left to preserve them and reap these benefits is by growing them at a faster rate.

As a Chinese proverb states, "The best time to plant a tree was 20 years ago. The second best time is now." So do your bit and make this place more beautiful.





DISCOVER IOC JAMIMU AND

Jammu and Kashmir is a region administered by India as a union territory and consists of the southern portion of the larger Kashmir region, which has been the subject of a dispute between India and Pakistan since 1947, and between India and China since 1962. The Line of Control separates Jammu and Kashmir from the Pakistani-administered territories of Azad Kashmir and Gilgit-Baltistan in the west and north. It lies to the north of the Indian states of Himachal Pradesh and Punjab and to the west of Ladakh, which is also subject to the dispute as a part of Kashmir, and administered by India as a union territory.

1) Srinagar



Srinagar is the largest city and the summer capital of Jammu and Kashmir, India. It lies in the Kashmir Valley on the banks of the Jhelum River, a tributary of the Indus, and Dal and Anchar lakes. The city is known for its natural environment, gardens, waterfronts and houseboats.

The capital city of Srinagar is located 1585 meters above sea level. The city is famous for its gardens, lakes and houseboats. It is also known for traditional Kashmiri handicrafts and dried fruits. The city is located on both the sides of the Jhelum River, which is called Vyath in Kashmir.

2) Jammu Jammu is the winter capital of the Indian



union territory of Jammu and Kashmir. It is the headquarters and the largest city in Jammu district of the union territory. Known as the City of Temples for its ancient temples and Hindu shrines, Jammu is the most visited place in the union territory. Jammu city shares its borders with the neighbouring Samba district.

3) Gulmarg



Gulmarg, known as Gulmarag in Kashmiri, is a town, hill station, popular skiing destination, and notified area committee in the Baramulla district of Jammu and Kashmir, India. It is located at a distance of 31 km from Baramulla and 49 km from Srinagar. Gulmarg is very famous for its skiing scenes in India. This town is located on the Pir Panjal Range, which is a part of the western Himalayas. Pahalgam is a hill station in the north Indian state of Jammu and Kashmir. Mountain trails run northeast to Amarnath Cave Temple, a Hindu shrine and site of the annual Amarnath



Yatra pilgrimage. Overa Aru Wildlife Sanctuary is home to animals including brown bears and musk deer. Northeast, the Lidder River runs through scenic Betaab Valley. Southeast, Tulian Lake is flanked by mountain peaks and often frozen.

5) Sonamarg.

Sonamarg or Sonmarg, known as Sonamarag in Kashmiri, is a hill station located in the Ganderbal District of Jammu and Kashmir, India. It is located about 62 Kilometers from Ganderbal Town and 80 kilometres northeast of the capital city, Srinagar.

It is the best lake for nature lovers and one of the most picturesque places you can ever visit. It is an ideal paradise for all nature lovers and the lake also makes sure it attracts a lot of people who love fishing. One of the best relaxing activities to do in Sonamarg is trout fishing and angling.

4) Pahalgam







If Dinosaurs are resurrected



Well, we've all heard of this of course! Dinosaurs a very particular piece of history which is still so distinct and very intricate to have a thought about. Yes, needless to say we all have at least pondered about this once to get a golden opportunity to see a dinosaur up close in real life, but yet we all still do know that it isn't possible in the near future. While scientists are still trying to figure out a way to try and revive them back to life the consequences are yet unknown about how efficient they will be for the human livelihood or earth. They are yet making an effort to at least make an unharmful species of these creatures but are yet to be decided back. But apart from all the things that can actually happen in the forthcoming how about you visualize through a reading journey of how it would be like seeing a dinosaur, but this time we're going ahead into the future.

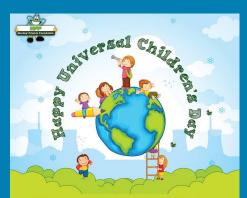
It's the year 2594, you wake up in some sort of a weird looking spaceship like capsule where everything is technology. You turn on your AR headset to see what's going on in the world. Swiping a few pages, you come across an article that says "They are released". You seem very curious about it as there is no description, and what you see there stuns you in a split-second. "We've finally acquired enough resources to begin the new-old Mesozoic era. Yes, we've brought back-" suddenly you hear something crash from a distance outside, vou look down the window and what you see makes you skip a beat... A dinosaur. You look at it in shock. The article is still turned on so you continue reading it apart from all the astonishment, "Yes we've brought back dinosaurs. They are made sure not to be harmful and they do not possess too much real character of their real ancestors. They are quite harmless until displeased quite a bit like our usual guard pets. Humans can freely go by their everyday jobs despite them roaming around. Well of course they aren't going to be out for long and we have all control over where they are but are unable to control their doings." The alarm



goes off signing you it's time to leave. Here goes nothing you say and continue going downstairs and reaching the road. You usually take the bus as car usage is limited at the society because of pollution. You stand in there and just look outside trying to search for the creature. Ahead a few minutes and you see everyone gathering at one side of the vehicle and looking in awe, a dinosaur. You see it and are pretty curious to learn about them. Fast forward a few years of the creatures into being, everyone is now living normally with the dinos and people are even starting to have them as pets! The world's now changed a bit with the new comers but of course everyone's happy with the change and the new living conditions. Spectating the new beginning of the planet you hope for a better later and start the day.

A short yet depth script, hopefully it gave you an idea of how it would be if dinosaurs were resurrected. But not to lose hope we someday shall be meet them.

Universal Children's Day



Children are like seeds, nurture them like plants so that they become shade for tomorrow.

Universal Children's Day was first established in 1954 as Universal Children's Day and is celebrated on 20 November each year to promote international togetherness, awareness among children worldwide, and improving children's welfare. On the same day in 1989, the Children's Rights Agreement was signed which was passed by 191 countries.

Commemoration of Children's Day

Children's Day was first started in 1856 on the second Sunday of June by the revered Dr. Charles Leonard. He was a pastor at the Universalist Church of the Reader, Chelsea Massachusetts.

Dr. Charles Leonard devoted his entire life to children and did many things for children First International Day of Children's Day Children's Day was first celebrated in Geneva in October 1953 in collaboration with the International Union for Child Welfare. The World Children's Day was conceived by the late Shri VK Krishna Menon and adopted by the General Assembly of the United Nations in 1954.

Importance

The significance of 20 November as Children's Day increases further because in 1959, the United Nations General Assembly declared the rights of children. The rights of children other than adults are called child rights. Child rights are divided into four different categories namely right to life, right to safety, right to participation and right to development.



ANAND ARJUN - 8D

Jawaharlal Nehru believed that children are the foundation of the development of any country. That is, if we have to decorate our future, children have to be healthy and literate.

The conclusion

Children's Day is celebrated all over the world for the development of children. Since children are the future of the nation, special attention is paid to uplift the status of children all over the world. On this day, all countries pledge to contribute their feelings and work for the betterment of young children.



EPHILATELY

Bikaner and actively participated in the

non-cooperation movement and in the

RAMANIA BHARAT 1882-1921

Bharathi" ("Great Poet Bharathi"), he was

a pioneer of modern Tamil poetry and

is considered one of the greatest Tamil

literary figures of all time. His numerous

works included fiery songs kindling

patriotism during the Indian Independence

movement. He fought for the emancipation

of women, against child marriage,

vehemently opposed the caste system, and

stood for reforming society and religion.

500

2003

movement. He was a well known lawyer of

Mukat Behari Lal Bhargava

Subramania

Bharathiyar

journalist, Indian

Popularly known

Mukat Behari Lal

Bhargava was an

Indian politician,

Freedom fighter

a member of the

Indian National

and a member

1951 to 1967. In

the

party

Lok

from

Congress

political

Sabha

of

"Mahakavi

independence

Tamil poet,

social

and

was a

activist,

reformer

polyglot.

as

writer.

1942 Quit India Movement.

Subramania Bharati

INDIA POSTAGE

15

Abdul Qaiyum Ansari



Abdul Qaiyum Ansari was a participant in the freedom struggle of India. He was known for his commitment to national integration, secularism and communal harmony. He was a leader who worked against the demand of Muslim league for creation of a separate Muslim nation from India as an independent state. Mr. Ansari fought against Jinnah's two nation theory through All India Momin Conference of which he was the President.

Radha Govinda Baruah



Radha Govinda Baruah was the founder of The Assam Tribune, a group of news papers. Radha Govinda Baruah, an enterprising person in Dibrugarh, first conceived the idea of

launching an English daily. He was a sports enthusiast and was president of the Assam Cricket Association for over a decade. He is also called the Sinhapurush ("Lion Man") for his immense bravery and enthusiasm.

Pannalal Barupal



Pannalal Barupal was an Indian politician, Indian independence activist and a member of the Indian National Congress

political party. He was member of the Lok Sabha representing Ganganagar constituency in Rajasthan state for five terms from 1952 to 1977. He was born in

1928, Bhargava joined the Indian National Congress and the All India States Peoples Conference. He fought for the Indian independence and was jailed in guit India

Arun Kumar Chanda

his times.



Chanda, an independence activist from Cachar district of Assam. The India of а stamp honour. He

a social worker and writer who also edited the Bengali Weekly Saptak. In Silchar, a law college named A. K. Chanda Law College was established in 1960 in his memory.



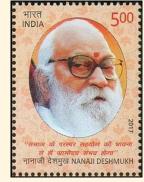
Omeo Kumar Das



लोकनायक अमिय कुमार दास LOKANAYAK OMEO KUMAR DAS Omeo Kumar popularly addressed as Lok Nayak, was an Indian social worker. Gandhian, educationist, writer and former а minister at the Government

of Assam. He held various ministerial portfolios such as Education, Labour and Food and Civil Supplies, during various periods, in the state of Assam. He translated The Story of My Experiments with Truth, the autobiography of Mahatma Gandhi, into Assamese language and contributed to the implementation of Tea Plantation Worker's Provident Fund in the state. The Government of India awarded him the third highest civilian honour of the Padma Bhushan in 1963 for his contributions to society.

Nanaji Deshmukh



Amritrao Deshmukh, better known as Nanaii Deshmukh, was a social reformer and politician from India. He worked in the fields of education

Chandikadas

health, and rural self-reliance. He was posthumously awarded the Bharat Ratna, India's highest civilian award in 2019 by Government of India. He was a leader of the Bharatiya Jana Sangh and also a member of the Rajya Sabha.

Kumar Arun was Indian

Government issued in his was





Jurassic Park, later also referred to as Jurassic World, is an American science fiction media franchise created by Michael Crichton and centered on a disastrous attempt to create a theme park of cloned dinosaurs. It began in 1990 when Universal Pictures and Amblin Entertainment bought the rights to Crichton's novel Jurassic Park before it was published. The book was successful, as was Steven Spielberg's 1993 film adaptation. The film received a theatrical 3D re-release in 2013, and was selected in 2018 for preservation in the United States National Film Registry by the Library of Congress as being «culturally, historically, or aesthetically significant». A 1995 sequel novel, The Lost World, was followed by a film adaptation in 1997. Subsequent films in the series, including Jurassic Park III (2001), are not based on the novels.

The Jurassic Park franchise focuses on resurrected dinosaurs which wreak havoc on humans. The dinosaurs, created as theme park attractions, are cloned through genetic engineering. The process is accomplished by extracting ancient DNA from mosquitoes, which sucked the blood of dinosaurs and then became fossilized in amber, preserving the DNA. Scientists then fill gaps in the genome using frog DNA. Although the films primarily take place on islands located in the Pacific coast of Central America, Jurassic World: Fallen Kingdom (2018) sees the dinosaurs relocated throughout the world, including the U.S. mainland.

The film series is notable for its recreation of dinosaurs, achieved primarily through animatronics and computer-generated imagery. The first film was praised for its dinosaur effects, and created an





EPI tainment

increased interest in the field of paleontology, while changing the public perception of dinosaurs with its modern portrayal Jurassic World Dominion (2022) introduces feathered



dinosaurs, in line with modern discoveries. In 2015, a second trilogy of films began with the fourth film in the series, Jurassic World. The film was successful, becoming the first film to gross over \$500 million worldwide in its opening weekend, and grossed over \$1.6 billion through the course of its theatrical run, making it the third highestgrossing film at the time. It became the second highest-grossing film of 2015, and is currently the seventh highest-grossing film of all time. When adjusted for monetary inflation, Jurassic World is the second highest-grossing film in the franchise after Jurassic Park. A sequel, Jurassic World: Fallen Kingdom (2018) grossed over \$1.3 billion worldwide, making it the third Jurassic film to pass the billion-dollar mark. It is the third highest-grossing film of 2018, and currently the 17th highest-grossing film of all time. The final film in the trilogy, Jurassic World Dominion, was released in 2022. It has grossed over \$1 billion worldwide and is currently the second highest-grossing film of 2022. Jurassic World Dominion became the fourth film in the franchise to pass the billion-dollar mark.

Numerous video games and comic books based on the franchise have been created since the release of the 1993 film, and several water rides have been opened at various Universal Studios theme parks. Lego has produced several animated projects based on the Jurassic World films, including Lego Jurassic World: Legend of Isla Nublar, a miniseries released in 2019. DreamWorks Animation also produced an animated series, Jurassic World Camp Cretaceous, which ran on Netflix from September 2020 to July 2022. As of 2000, the franchise had generated \$5 billion in revenue making it one of the highest-grossing media franchises of all time. Jurassic Park franchise is also one of the highest-grossing film series of all time, having earned over \$6 billion at the worldwide box office. Everywhere, we can see people regardless of their age enjoying these masterpieces in the form of Movies, Novels, Toys, Board Games and Comics. Jurassic World is no doubt a lifetime entertainment in all its forms.







Microsoft CEO Satya Nadella formally receives Padma Bhushan in US: he 55-year-old CEO of Microsoft formally received the Padma Bhushan for distinguished service from India's Consul General in San Francisco, Dr TV Nagendra Prasad. Nadella was one

of the 17 Padma Bhushan awardees named earlier this year. The Padma Bhushan is the third-highest civilian award of the country, following the Bharat Ratna and the Padma Vibhushan. The award recognises the achievements of people from all disciplines where an element of public service is involved.



India, EU Discuss Issues Relating to Mobility and Migration of Professionals and Students: India and the European have explored ways to facilitate mobility and migration of talented professionals, students and skilled workforce for the mutual benefit

of both the sides, the Ministry of External Affairs (MEA) said .The issues figured at the 6th High Level Dialogue on Migration and Mobility (HLDMM) between India and the European Union that took place in Brussels on October 27.



PM Modi launches Mission LiFE in Gujarat in presence of UN chief: Prime Minister Narendra Modi launched the Lifestyle for Environment - Mission LiFE - at the Statue of Unity in Ekta Nagar in Gujarat's Kevadia in the presence of United Nations Secretary General

Antonio Guterres. Envisaged by the Prime Minister, Mission LIFE aims to be India's signature initiative at the United Nations to nudge individual and collective action to protect and preserve the environment.



Rise in demand for India-trained nurses after pandemic: Following a Iull over the course of the COVID-19 pandemic, government data now indicates a continued sharp rise in the demand for nurses trained in India from several countries, including Ireland,

Malta, Germany, the Netherlands, Finland, the U.K. (Wales), and Belgium.India ranks second after the Philippines in the number of nurses working overseas for better employment opportunities, higher salaries, and other benefits.



IIT Madras wins National Intellectual Property awards for 2021, 2022: The Indian Institute of Technology Madras (IIT Madras) has won the 'National Intellectual Property Awards 2021 and 2022' organised by the Government of India. The varsity has been identified as

the top Indian academic institution for patents filing, grants and commercialisation. This award is given out by the Department for



Promotion of Industry and Internal Trade, Ministry of Commerce and Industry, Government of India. The officials decide the winner on the basis of the patent applications, grants and commercialisation.



NASA To Launch "Flashlight" To Search For Drinking Water On Moon: American Space Agency NASA has been in the process of launching various missions with an aim to return people to the Moon. But finding water under the lunar surface continues to

be the biggest stumbling block in launching missions that ensure long-term presence of humans. In good news, the space agency has said that there may be reservoirs of water ice there that could be purified as drinking water, converted into breathable oxygen and used as fuel by astronauts.



In A First For Paramilitary Force CRPF, 2 Women Get Inspector General Rank: For the first time in 35 years since the first women's battalion was raised in Central Reserve Police Force (CRPF), two lady officers, Seema Dhundiya and Annie Abraham, have

been promoted to the rank of Inspector General (IG) for the first time after their induction into the force in 1987. Inspector general Seema Dhundiya will head the Bihar Sector of the CRPF while IG Annie Abraham will be posted as the head of the Rapid Action Force (RAF) of the CRPF.



UK PM Rishi Sunak Holds His First Cabinet Meeting With New Team: Prime Minister Rishi Sunak held his first Cabinet meeting with the new team as he prepares for his debut at Prime Minister's Questions(PMQ), the first big test of Britain's Indian-origin

Launches

Chapter Of Radio4Child To Raise

Awareness About Mother And Child

Health: UNICEF has launched the

Northeast chapter of a radio platform to encourage professionals in the region

Northeast

premier's leadership. PMQs is a highprofile weekly event in UK politics, happening every Wednesday at noon when the House of Commons is sitting.

UNICEF

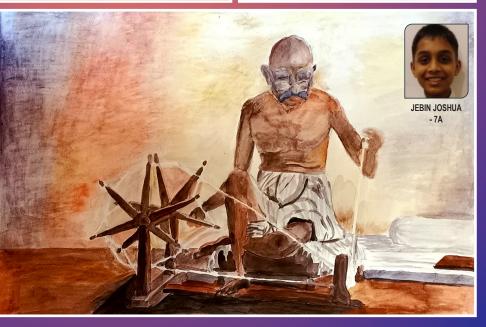


to spread awareness on issues related to children and women. The Radio4Child chapter was launched by Assam's Additional Chief Secretary Maninder Singh. Radio has the power of reach-it reaches the remotest of regions of Northeast. If key messages are integrated with the popular shows that people tune into, then the information will stay with them.











EPIctionary

1. Camaraderie: a sense of solidarity arising out of familiarity and sociability

Usage in a sentence: He likes the enforced camaraderie of professional life.

- 2. Convivial: enjoyable atmosphere or jovial company Usage in a sentence: It is a convivial cocktail party.
- Gratuitous: uncalled for or unwarranted
 Usage in a sentence: Gratuitous violence was reported.
- 4. Inveterate: habitual Usage in a sentence: She is an inveterate adventurer.
- Embezzlement: misappropriation of funds
 Usage in a sentence: He has charges of fraud and embezzlement.
- Disparate: of a distinct kind
 Usage in a sentence: They inhabit disparate worlds of thought.
- **7. Clamor:** proclaim something noisily Example: The subjects rose to a clamor in the conference.
- Stan A devoted fan Usage in a sentence : Everyone knows I stan for Taylor Swift.
- 9. WIP work in progress

unfathomable to me.

Usage in a sentence : I feel it's pointless to share wips and projects that I may never finish.

10. Unfathom – PuzzlingUsage in a sentence : The point of this board game remains

UNICORNS OF THE SEAS Narwhals

The narwhal is a medium-sized toothed whale that possesses a large "tusk" from a protruding canine tooth. It lives year-round in the Arctic waters around Greenland, Canada, and Russia. It is one of two living species of whale in the family Monodontidae, along with the beluga whale. Narwhals are strange and beautiful creatures with long tusks protruding



LOVIS LIZA POTHEN - 8B

from their heads. Members of the population of more than 80,000 can weigh up to 4,200 pounds and grow as long as 17 feet in length. These legendary animals have two teeth. In males, the more prominent tooth grows into a swordlike, spiral tusk up to 10 feet long. The ivory tusk tooth grows right through the narwhal's upper lip. Scientists are not certain of the tusk's purpose, but some believe it is prominent in mating rituals, perhaps used to impress females or to battle rival suitors. Females sometimes grow a small tusk of their own, but it does not become as prominent as the male's. As Europeans naturalists became more familiar with the world's animals, the myth of the unicorn faded, and it became clear that Frobisher's sea-unicorn was actually a whale-what is known today as the narwhal. Narwhals are related to bottlenose dolphins, belugas, harbor porpoises, and orcas. Like some other porpoises, they travel in groups and feed on fish, shrimp, squid, and other aquatic fare. They are often sighted swimming in groups of 15 to 20, but gatherings of hundreds - or even several thousandc - of narwhals have been reported. Sometimes these groups become trapped by shifting pack ice and fall victim to Inuit hunters, polar bears, or walruses. Inuit people hunt the narwhal for their long tusks and their skin, an important source of vitamin C in the traditional Arctic diet. Narwhals' Arctic habitat makes them difficult to study, and scientists still have plenty to learn about them. These unicorns of the sea might be mysterious, but they're certainly no myth. Oil and gas development and climate change pose threats to narwhals. Increased development means more shipping vessels, creating more opportunities for collisions and more underwater noise that can interfere with communication among the whales. Narwhals can dive about a mile deep in the ocean. Cracks in the sea ice above allow them to pop up for air when they need it. Narwhal symbolizes magic powers, freedom, and empathic abilities. Narwhal is the Unicorn of the sea - channeling magic through its tusk as it points to the sky, constantly remembering its spiritual mission.



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