



■ EMOTIONAL P PHYSICAL I INTELLECTUAL C CULTURAL S SPIRITUAL

MARCH 2017



PRINCIPAL'S MESSAGE

Dear Children,

We are @ the final phase of 2016-17 academic year and only few more days are remaining. At this moment have a self talk about your

achievements in 2016-17. Children, If yesterday was lost in grief, don't lose today and tomorrow by keeping it in your memory.

Every day we spent a lot of time having conversations with the self, sometimes consciously and many a time without even being conscious about it. We need to be extremely careful about self-conversations which may very strongly influence our perception i.e. the way we see ourselves, others, situations as well as our personalities and also mould them. If channeled properly, they can be constructive i.e. ones that empower the self; if not, they can be destructive i.e. ones that bring the self down or weaken it in some way or the other. They possess immense potential, both positive and negative, if we want we can use them to liberate us or they can even limit us. We can judge, criticize and threaten ourselves or praise and encourage the self in a positive way. It's important to create thoughts of acceptance, respect and approval for ourselves, even if situations don't go the way we desire or expect.

Positive self-conversations are not fantasies or disconnecting from reality and a few minutes given to the activity do a lot of benefit and no harm at all. Some actions like going for shopping, tutions, having a meal

or simply taking a walk or going on a jog allow self-conversations to take place alongside. At these times we give less mental energy or attention to the conversations i.e. we can have a merged conversation so that the respective action is not affected adversely in any way. We can choose how much mental energy to give to the activity, depending on the karma alongside.

To make things easy; have priorities organized; keep things short and sweet and maintain a clear focus.

Living a simple life is a nice idea, but not so simple in a world that's complicatedly complex.

When we see someone with positive qualities, even during negative situations, we really admire their positivity. It could be patience, wisdom or any other positive quality that comes across. But much more than that, it is the happiness or contentment that is visible in the form of a cheerful face. This is the true personality of royalty that we too need to make an attempt to imbibe.

Take a decision that, today I will smile at whatever happens. Even if something goes wrong, I will find something to learn from it or something positive and be happy for it. Even if I can't find it right away, I'll at least take the thought that this has happened for a reason, because I know whatever happens, happens for the best. With a positive belief let us march towards the new academic year 2017-18. Wish you all the best.

17 EDITORS' NOTE

EXCELLENCE @ ICSK

BIRTHDAY ARCADE -MARCH

AASHIRVAAD 2017 -THE BLESSING CEREMONY OF CLASS XII

11 KNOW OUR CAPITAL : DELHI

WORLD IN A NUTSHELL

WHAT'S INSIDE

A LESSON IN CHARITY AT ICSK



"We make a living by what we get...but we make a life by what we give."

The young philanthropists of the Indian Community School (Senior), handed over a corpus amount to an Indian National Mr. Satheesh who had been under medical treatment at Adan Hospital for the last few months. In

response to the news that appeared in a local daily about the need of this 38-year-old Indian, undergoing dialysis due to kidney failure, the students and staff of ICSK Senior made this generous contribution from the "Birthday Charity Fund" that enabled him to seek special treatment in India. The staff and students have been facilitating philanthropic support to the cancer patients since 2014 and have already provided Rs.20 lakhs for the needy patients undergoing medical treatment in Kuwait. The school magnificently succeeded to generate a feeling of empathy and social commitment among the students through the charity programme. Students are made to learn that charity is one of the noble tasks that a human should practice in his/her life.

Dr. V. Binumon, Principal ICSK (Senior) appreciated the students and staff for their effort in collecting birthday fund on a monthly basis. Student conveners, staff and parent representative were present on the special occasion.

EDITORS' NOTE

Dear Children.

Once upon a time two brothers who lived on adjoining farms fell into conflict. It was the first serious rift in 40 years of farming side by side, sharing machinery, and trading labour and goods as needed without a hitch.

Then the long collaboration fell apart. It began with a small misunderstanding and it grew into a major difference, and finally it exploded into an exchange of bitter words followed by weeks of silence

One morning there was a knock on John's door. He opened it to find a man with a carpenter's toolbox. "I'm looking for a few days' work," he said.

"Perhaps you would have a few small jobs here and there. Could I help you?"

"Yes," said the older brother. "I do have a job for you. Look across the creek at that farm. That's my neighbour, in fact, it's my younger brother. Last week there was a meadow between us and he took his bulldozer to the river levee and now there is a creek between us. Well, he may have done this to spite me, but I'll go him one better. See that pile of lumber curing by the barn? I want you to build me a fence - an 8-foot fence - so I won't need to see his place anymore. Cool him down, anyhow."

The carpenter said, "I think I understand the situation. Show me the nails and the post-hole digger and I'll be able to do a job that pleases you."

The older brother had to go to town for supplies, so he helped the carpenter get the materials ready and then he was off for the day.

The carpenter worked hard all that day measuring, sawing, nailing.

About sunset when the farmer returned, the carpenter had just finished his job. The farmer's eyes opened wide, his jaw dropped.

There was no fence there at all. It was a bridge... a bridge stretching from one side of the creek to the other! A fine piece of work handrails and all - and the neighbour, his younger brother, was coming across, his hand outstretched.

"You are quite a fellow to build this bridge after all I've said and done"

The two brothers stood at each end of the bridge, and then they met in the middle, taking each other's hand. They turned to see the carpenter hoist his toolbox on his shoulder. "No, wait! Stay a few days. I've a lot of other projects for you," said the older brother.

"I'd love to stay on," the carpenter said, "but, I have many more bridges to build."

So dear children keep in mind that

"A good character is the best tombstone. Those who loved you and were helped by you will remember you when forget-me-nots have withered. Carve your name on hearts, not on marble."

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Mrs. Sicy Abraham Mrs. Priya Ashok Kurup





STUDENT EDITORIAL

Terry fox was a young, athletic boy very involved in his school's sports activities. At 18 years of age, he was diagnosed with cancer near the knee of his right leg which then had to be amputated. Imagine an athlete losing his leg to cancer at 18! Fox started walking with an artificial leg and soon joined a wheelchair basketball team, winning 3 national tournaments. He



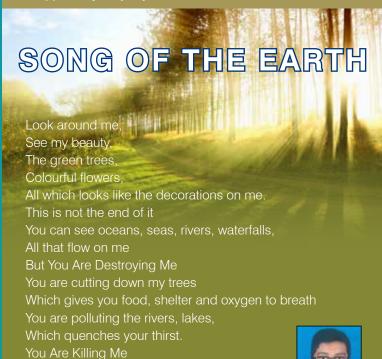
MOHAMMAD MISHAL

had to continue 16 months of chemotherapy at this stage and was saddened by how his fellow patients were suffering and dying. He wasn't satisfied with the funding that cancer research or treatment was given and decided to take matters into his own hands.

He started the Marathon of Hope, saying, "I soon realized that that would only be half my quest, for as I went through the 16 months of the physically and emotionally draining ordeal of chemotherapy, I was rudely awakened by the feelings that surrounded and coursed through the cancer clinic. There were faces with the brave smiles, and the ones who had given up smiling. There were feelings of hopeful denial, and the feelings of despair. My quest would not be a selfish one. I could not leave knowing these faces and feelings would still exist, even though I would be set free from mine. Somewhere the hurting must stop....and I was determined to take myself to the limit for this cause."

He began the marathon and raised 1.7 million dollars before he came to know that the cancer had spread to his lungs. Subsequent chemotherapies could not save him and he died a peaceful death. The heroic Canadian was gone, but his legacy was just beginning.

To date, over \$650 million has been raised worldwide for cancer research in Terry's name through the annual Terry Fox Run, held across Canada and around the world. The Terry Fox foundation has been actively working in his name for the past 30 years. His life gives us a very powerful message; everything you consider a setback in life is an opportunity, it's just your attitude that matters.



But I don't complain;

MY END IS YOUR END.

UNCOMPROMISING DRIVE FOR EXCELLENCE @ ICSK



Through awards and mementos, The Indian Community School, Kuwait lauded the academic achievement of its meritorious students of both AISSCE and AISSE (classes XII & X) Exams conducted in March, 2016. It was a matter of great pride to honour 137 students as subject toppers for various streams. The students brought laurels to the school by achieving cent percent results in all the three streams - Science, Commerce and Humanities - and with a centum in Psychology. Out of 288 students who appeared for the exam 99.65% of the students secured First Class.

Commencing from the Commerce Stream Kaushik, adorned the



honour board being the Kuwait Topper with 95.80%. The other shimmering stars of Commerce Stream are Jerrin Jose with 95.4% and Ansu Joseph with 95%. They have also secured the 2nd & 3rd position in the Kuwait toppers list. In the Science Stream Shebin Thomas John brought laurels to ICSK with the top score of 97.4%. Adding splendour to Class XII Board performance, Anand Suresh Nair topped the Humanities Stream with a commendable 88.8%. ICSK has the glory of creating 11 subject toppers in Kuwait.

This year too ICSK Class X students had passed out with flying colours, bringing immeasurable joy to the school. 70 students scored CGPA 10 with A1 Grade. The award ceremony commenced with the Islamic Prayer followed by the National Anthems of both Kuwait and India. The Principal & Senior Administrator of the Indian Community School, Kuwait welcomed the eminent personalities, which comprised of the honourable members of the Board of Trustees, Principals, Vice Principals of the other branches and the delighted parents.

Prof. Joseph Fiannaca, Head of the Department - French, American University of Kuwait was the Chief Guest on this occasion. He praised the invincible spirit and enthusiasm of the toppers and urged them to work hard and shine in the years to come. The CBSE Gulf Council



honoured ICSK with the Best School Award for the year 2016-17. The best performers of the school were also awarded by the CBSE Gulf Council with mementos and certificates for their achievements. These special awards were distributed by the Chief Guest. Students who scored 10CGPA in standard tenth at ICSK were also awarded with mementos. 61 mementos were given away to 12th standard students who were Kuwait Toppers, Subject Toppers and ICSK Toppers and to the students who scored 90% and above. Adding grandeur to the occasion, 137 mementoes and certificates were given away. The programme concluded with the Vote of Thanks by Mrs. Binu Jacob, programme coordinator.





The astounding results reflect the determination, persistence and endurance of the students and the faculty, with the bountiful and generous support of the management. Highly competent faculty and excellent infrastructure facilities coupled with remedial classes for under achievers and special attention to the bright students have made this success possible. Reciting the hymns of success, ICSK resumes its journey, to gleam again with meritorious victories in the field of education. The ICSK management, staff and students congratulate the achievers of ICSK for their spectacular performance.

HAROLD MAGMILLAN



"The wind of change is blowing through the continent. Whether we like it or not, this growth of national consciousness is a political fact."

Born 10 February 1894, London

Died 29 December 1986, Chelwood Gate, Sussex

Maurice Harold Macmillan, 1st Earl of Stockton, OM, PC, FRS was a Conservative politician and statesman who served as the Prime Minister of the United Kingdom, nicknamed "Supermac" and known for his pragmatism, wit and unflappability.

The half-American son of a publisher, Harold Macmillan was educated at Eton and Balliol College, Oxford, and served in both World Wars.

He rose in ranks quickly - he was made Minister of Housing, and finally Chancellor of the Exchequer.

In domestic policy, he was determined to avoid the mass

unemployment he had witnessed. A champion of economic planning, he helped improve living standards in Britain.



On the international scene, Macmillan was busy with the complexities of the Cold War. He led the country through the Cuban Missile crisis and was the first

truly nuclear-armed Prime Minister, taking steps to maintain the effectiveness and credibility of nuclear power.

He was responsible for reorienting British foreign policy and he repaired the damage done to the Anglo-American relationship through his close relationships with Presidents Eisenhower and Kennedy.

With his 'Winds Of Change' speech, he distanced himself and the country from apartheid and he sped up the process of decolonization.

Macmillan's plans for entry into the European Economic Community were set back by the French. His greatest achievement on the international scene came later in 1963, when he was heavily involved in negotiating the Nuclear Test Ban Treaty.

Macmillan was the last British prime minister born in the reign of Queen Victoria, the last to have served in the First World War, and the last to receive a hereditary peerage.

Towards the end of his career, Harold was also increasingly portrayed as out of touch. The sacking of 6 cabinet ministers in an event that became known as the 'night of the long knives' did little to refresh the government. After a series of scandals, he resigned in October 1963.

Macmillan was made Earl of Stockton in 1984 and died in 1986.

KNOW YOUR MEME

An image, video, piece of text, etc., typically humorous in nature, that is copied and spread rapidly by Internet users, often with slight variations- this is what Google says a meme is. From a dead gorilla in Cincinnati zoo to a teenager at the Dr.Phil show, memes seem to have taken over in all major social networking platforms. They are a goto method for most people to express support, criticism, anger and opinions on all sorts of issues. Though memes are usually images, there are plenty of text and video memes around.

According to Wikipedia "An Internet meme may take the form of an image (typically an image macro), hyperlink, video, website, or hashtag. It may be just a word or phrase, including an intentional misspelling. These small movements tend to spread from person to person via social networks, blogs, direct email, or news sources." Memes have undergone rapid changes in the last few years; we've gone from templates like 'Bad luck Brian' and the 'Success Kid' to self-made and more expressive media.

Memes have almost predictably been taken up by both governments and corporations for spreading safety awareness and marketing all kinds of products(including movies) showing itself to be a double edged sword.

Two words mostly seen in association with memes are 'dank' and

'normie'. Dank used to be a word used by hippies and stoners to refer to something of high quality and it carries pretty much the same meaning when you say a meme is dank. The word normie usually refers to anybody who embraces mainstream culture but a normie meme is one of low quality that is neither MOHAMMAD MISHAL funny nor relevant. Memes happen to be a subject



of criticism and offence among large sections of internet users who have not yet grasped the essence of the World Wide Web. Until they do, all we can do is browse, upvote and share dank memes.



You can't be broke if you don't check your bank account

BEST STUDENTS - FEBRUARY



RONALD ANTHONY



SHERLIN - 12K



AARON ANTONY D'COSTA - 10 A



SHARON JUDITH LOBO - 10 B



MANNAH ACHU ALEX - 10 C



AYISHA SHAHAMA



SANTOSH KUMAR



MUKUND MENON



SOPHIA SAJI VARGHESE - 9 B



SANIA KAUR



HIBA HAMEED



ASHWIN DAN PHILIPS



TASNEEM -

WHY IS IT ALWAYS 10:10?



Have you ever noticed that the watches and clocks found in product photographs and advertisements usually show the time 10:10?





MARIA NIXON -120

If you have noticed this, do you know why 10:10 is the default time for watch photographers?

There are number of visual advantages to having the hand set at 10:10 positions. One is that the hands are kept from overlapping Having them on both sides of the watch face ensures that the hands themselves are visible and can be appreciated.

The 10:10 position is symmetrical, and the human brain tends to appreciate symmetry and orderliness.

Another advantage is that in that position, the manufacturer's trademark or logo on the top of the dial is fully visible.

Some rumors are also there regarding this some say, it is the time Abraham Lincoln was shot, some others say it is the time th inventor of the wrist watch died.

DEAR MARCH -COME IN - (1320)

by Emily Dickinson, 1830 - 1886

Dear March - Come in How glad I am I hoped for you before Put down your Hat You must have walked How out of Breath you are Dear March, how are you, and the Rest Did you leave Nature well Oh March, Come right upstairs with me I have so much to tell -

I got your Letter, and the Birds The Maples never knew that you were coming I declare - how Red their Faces grew But March, forgive me And all those Hills you left for me to Hue There was no Purple suitable You took it all with you -

Who knocks? That April Lock the Door I will not be pursued He stayed away a Year to cal
When I am occupied But trifles look so trivial
As soon as you have come

That blame is just as dear as Praise And Praise as mere as Blame -

Birthday Arcade - March



AAYUSHI C BHATT HAWRA HAKIMUDDIN 12F - MAR 1



9B - MAR 1



HOOR BANU 12 - MAR 1



JOSHUA SHIBU 12F - MAR 1



RANJANA RAJENDRAN REBECCA R. JOSEPH SAKINA FAKHRUDDIN SAMANTHA SUNIL SHABBIR SHOYAB ZEENATHUL HASNA M. 12A - MAR 1 10B - MAR 1



8 B - MAR 1



12 - MAR 1



12 - MAR 1 12I - MAR 1



AMENA JOHAR ALI 12 - MAR 2



ELMA JOHN 12 - MAR 2



KULSUM FATIMA 12 - MAR 2



12C - MAR 2



MARIA NIXON G. MARIYA SYED FEROZ 12D - MAR 2



MEHEDI IMRAN 12G - MAR 2



9A - MAR 2



12 - MAR 2



12 - MAR 3



12G - MAR 3



FERIK GEO MELBIN HOLIN JOSE MACHADO BURHANUDDIN ASGAR 8A - MAR 4



12I - MAR 4



12G - MAR 5



HANA MARIKAR 10E - MAR 5



MOHAMMED SAAD 8 B - MAR 5



SALAMUDEEN T. 12D - MAR 5



RANIA GHOUSE 10E - MAR 6



SAIF MOHAMMED 11L - MAR 6



AARON ROY 12 - MAR 8



ABDE MANAF IDRIS 12C - MAR 8



11H - MAR 8



11K - MAR 8



9B - MAR 8



ALBAN ANTONY SAFWAN SAUD THAKUR SAKINA YUSUFI K. ABISHEK VENKATESAN 10C - MAR 9



HASAN ALLJ. 12A - MAR 9



JITHISH KUMAR GOPI ALI MOHAMMED 9A - MAR 9



12 - MAR 10



ALISTAIR DIAS 12F - MAR 10



FATEMA ABBAS B. MARWAH MAHMOOD 12F - MAR 10 12 - MAR 10



MOHAMMED MAFAS THANSIHA KHATHOON YOUSUF INAYATULLA DEVANG DINESH 10E - MAR 10



11E - MAR 10



12 - MAR 10



10C - MAR 12



12A - MAR 12



MOHAMMAD MISHAL RUQAYYAH SHERIFF ASISH DAN PHILIPS ASMA ATHAR SIDDIQUI CHER PHIL D'SILVA 8A - MAR 12



12 - MAR 13



10C - MAR 13



LARSEN LAWRENCE 12 - MAR 13 10C - MAR 14



MARIYA MUSTAFA P.



ASHBINN MANAS 8 B - MAR 15



12I - MAR 15



GAYATHRI NAIR NOYAL SUSAN SAJU 9B - MAR 15



SHRAVAN RAVI 10A - MAR 15



ATEKA RAJ 10A - MAR 16



STANLEY NELSON 12G - MAR 17



AFIFA NADEEM 9C - MAR 18



ALVINA CARLITA AMATULLA BUNDIWALA 12G - MAR 18 12E - MAR 18





8B - MAR 19



10E - MAR 19

12F - MAR 19



12 - MAR 19



12 - MAR 20

KEVIN C KOSHY FATHIMATHUL R. FATHIMA JIHAN S. WASSIM AHMED S. SWASTIK PATRO SILLA SWADIB PATRO KHULOOD SYED RITAJ FAROOQ

10B - MAR 20



ROOSFIDA P. 12 - MAR 20



HASEEB ABDULLA SAKEENA KOUSAR 11 D - MAR 20 9C - MAR 20



VALUSHA ANTAO 10C - MAR 22

12 - MAR 29



12 - MAR 19

12J - MAR 22

HOZEFA KALLUWALA IMANA NAUSHAD SANDRA ANN THOMAS

12D - MAR 29



10C - MAR 23

12 - MAR 29



12G - MAR 24

10C - MAR 30



9C - MAR 30

SIMRAN CHABBA 12 - MAR 24

SANDRA SHAJAN AADITYA KRISHNA ARJEET SINGH REKHI

9C - MAR 31

ALLASGAR

12 - MAR 25



12G - MAR 31



SHAIKH BUSHRA B.





MUSTANSIR

12 - MAR 26



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AMITH SONY

12B - MAR 30



MRS MANU ANN V. MAR 2



MR JUSTIN MAR 2



MR. JOSEPH FRANCIS MR.VINOD LAKSHMAN MAR 4



MAR 10



MRS. CHANDRIKA RAVI MRS. RACHEL SHERJY MR. ATIQ DHANSE KUMAR - MAR 13



SYRIAC - MAR 14



- MAR 18



MRS. AASIA BAIG MAR 19



GEORGE - MAR 21



MR. RIYAZ



MRS. NIRMALA **RAJAN - MAR 27**



DR. S. EZHILVISHIAN

HOW PHYSICS SAVED TWO MILLION PREEMIES

Until a few decades ago, almost half the babies born more than six weeks premature died within a few hours or days of birth due to a mysterious ailment, now known as Respiratory Distress Syndrome. Though the name sounds obscure, it is just a basic physics problem. which happens deep in the lungs, in the alveoli (tiny air sacs which exchange carbon dioxide for oxygen).

In healthy babies, the alveoli are like perfectly inflated balloons. In babies with RDS, doctors found that the alveoli had either permanently collapsed or stretched out, interrupting gas exchange and causing the babies to suffocate. This is where the physics comes in. If you've ever blown up a balloon, you must have noticed that the hardest part is getting it started. That's partly because of the "law of Laplace", which states that the more curved a stretchy surface is, the more pressure it exerts on the fluid inside. You can easily experiment this by taking two balloons and inflating them, one small and the other big and connect them with a straw. You'll see that the smaller balloon will squeeze so much harder that some of the air goes out and into the larger one.

Human lungs have essentially the same setup, but in healthy people, alveoli stay properly inflated due to the presence of chemicals called pulmonary surfactants, that make the small alveoli more stretchy and less squeezy, balancing the pressure between the two air sacs



KARTHIKEYAN SURESH - 12D

Preemies lungs haven't developed any such surfactants and so the small alveoli collapse while the larger ones get blown up.

Initially doctors had no way of stretching the collapsed air sacs, but later it was found that by pumping air slowly into the babies' lungs, the pressure could be increased just enough to keep the small ones from collapsing without inflating the large ones. Thus a device - CPAP - was invented in the U.S. which did just that. After its introduction, survival rates improved drastically, from 25% to almost 80%. Thanks to other interventions like helping babies grow surfactants (while in the womb), and supplementing natural chemicals with artificial ones, we are inching closer to the day when no baby dies of RDS.

Awakening: Lessons of Life SIX WORDS OF ADVICE FROM TILOPA

[TRANSLATED BY KEN MCLEOD]

This advice consists of only six words in Tibetan. The translation was developed to capture its brevity and directness. Some people prefer

the translation shown below.	
Don't recall	Let go of what has passed.
Don't imagine	Let go of what may come.
Don't think	Let go of what is happening now
Don't examine	Don't try to figure anything out.
Don't control	Don't try to make anything happen.
Rest	Relax right now and rest

In keeping with the above teaching, we have a story:

"Good luck, Bad luck; Who knows?"

An old farmer lived on a ranch with his only son doing most of the work on the ranch. His wife had died. And he had a good horse that did all the farm works, it was precious to him. He was a nice man and everyone in the village liked him. Men would gather in the evening at his place. Sipping their tea, they appreciated his life saying, "What a good luck! A son to look after you, a strong horse to do agriculture; what a good luck!" And the old farmer invariably murmured, "Good luck, bad luck; who knows?"

One day, the son was working in the field when a lightning struck near the horse. The horse bolted. The old harness broke, and the horse ran into the jungle. Now, without the horse, the farmer and his son would not be able to get their crops in and they were barely making

the ends meet. The whole village sympathized with them "What a bad luck!" But the old farmer said, "Good luck, bad luck; who knows?"

A few days later, the farmer and the son were woken up at midnight by the rustle in the yard.



toward home and behind him came a whole herd of wild horses. The father and the son seized the opportunity because horses were worth a lot of money. Armies on both the sides were paying a lot of money for horses. They ran outside and opened the corral gates and when the horses walked inside, they closed the gates. "Good luck, bad luck; who knows?"

A day later, the son went out to tame the horses as nobody would buy a horse he could not ride. Unfortunately, the very first pony he mounted threw him over. He fell backwards and fractured his leg, with some bruises on hands and face. This time the whole village came out to say, "Such a bad luck!" The old farmer simply said, "Good luck, bad luck; who knows?"

A week later, there was a war. The army marched through the villages and recruited every able bodied man. Of course, they did not take the farmer's son, because his leg was broken. The entire village gathered again saying, "Such a good luck!" Again, the old farmer said, "Good luck, bad luck; who knows?"



The Padma Awards are the highest civilian awards of the country, instituted in the year 1954. These awards are announced every year on Republic Day (26th January). They are later proffered by the President of India, at the ceremonial functions held at the Rashtrapati Bhawan usually around March-April every year. The awards are given in various fields of art, social work, public service, science and engineering, trade and industry, medicine, literature, education, sports and civil services.



SHARON MANOJ

They are conferred in three categories, namely:

The Padma Vibushan: for exceptional and distinguished service The Padma Bushan: for distinguished service of high order The Padma Shri: for distinguished service in any field

This year the President has approved the conferment of the Padma awards to a total of 89 people, including 7 Padma Vibushan, 7 Padma Bushan, and 75 Padma Shris.

PADMA VIBHUSHAN								
Awardee	Field of Prominence							
Sharad Pawar	Public Affairs							
Murli Manohar Joshi	Public Affairs.							
P.A. Sangma (posthumous)	Public Affairs.							
Sunder Lal Patwah (posthumous)	Public Affairs.							
K.J.Yesudas	Art – Music.							
Sadhguru Jaggi Vasudev	Others – Spiritualism.							
Udipi Ramachandra Rao	Science & Engineering.							

PADMA BHUSHAN								
Awardee	Field of Prominence							
Vishwa Mohan Bhatt	Art – Music.							
Devi Prasad Dwivedi	Literature & Education.							
Tehemton Udwadia	Medicine							
Ratna Sundar Maharaj	Others-Spiritualism.							
Swami Niranjana Nanda Saraswati	Others-Yoga.							
H.R.H. Princess Maha Chakri Sirindhorn (Foreigner)	Literature & Education.							
Cho Ramaswamy (Posthumous)	Literature & Education –Journalism.							





Sadhouru Jaggi Vasudev





Udipi Ramachandra Rao















Ratna Sundar Maharaj







WORLD SPELLING DAY: **UNITING THE WORLD** IN SPELLING!

The World Education Games is an exciting event for all students and schools around the world. It is an online event which held annually in the month of March. It is the extended format of what was once World Maths Day and now includes World Spelling Day and World Science Day.

World Spelling Day was included in the world education games because spelling is an important part of literacy. To be educated or to get a good job or to do something as basic as reading and writing one need to be literate. Literacy is very important and unfortunately in poorer countries many people won't get the chance to learn due to unavailability of trained teachers, textbooks and not enough involvement in children's education. This day creates awareness towards literacy.

It was purely a Maths based event in 2007 called the World Maths Day. In 2011, the World Spelling Day was added and a year later, in 2012, the World Science Day was added to make it more attractive to Students. It is supported by UNICEF and conducted by the 3PLearning.

In 2017, the events run from 5th – 7th March. 5th March - World Spelling Day, 6th March -World Maths Day, 7th March – World Science Day.

The platform opens on 1st February for practice. Approximately 5.5million students will participate from over 200 countries and their territories. This is a global event for all students from 4 to 18 years of age who are excited about learning and willing to participate. It gives the top students in each school an opportunity to compete from the best around the world.



AASHIRVAAD 2017 THE BLESSING CEREMONY OF CLASS XII



The Indian Community School, Senior Branch, organized a colourful Blessing Ceremony for 285 outgoing students of Class XII on 16th February, 2017, at the ICSK Senior Branch auditorium. The students were blessed by invited dignitaries and the ICSK fraternity. The chief guest of the occasion was His Excellency Mr. Sunil Jain, the Ambassador of India to Kuwait. The Honorary members of ICSK Board of



Trustees, Principals and Vice Principals of all the branches of ICSK, Teachers, Parents and special invitees graced the occasion with their presence. The event culminated to a climax when the graduating students paraded across the auditorium, holding up candles - symbolic sparks of wisdom - accompanied by thunderous applause from the onlookers and parents. Dr. V. Binumon, Principal of ICSK Senior, welcomed the gathering. He exhorted the students to scale the heights of success through persistence and hard work. He reminded the students that blessings were integral in achieving success in life, along with hard work.

To invoke the blessings of the Almighty, the invited dignitaries lit the ceremonial lamp. A melodious inspirational tune was rendered by the School Choir, Swaranjali. The Chief Guest, His Excellency Mr. Sunil Jain, the Ambassador of India to Kuwait, in his address, recollected his student days with nostalgia, and the hard work an ambition that filled the Graduation atmosphere. He advised the students to work tirelessly to achieve their



goals in life. He also advised them never to forget the Mother Land India no matter where they reach professionally. The reminisces shared by the student representatives, Ms. Vanesa Emilia Swares, Master Akash Ramesh Kumar, Ms. Madhumitha Venugopal and Ms. Anjali Santha Kumar brought back the images of bygone years into the minds of all the distinguished members. The principal and teachers eulogised the students for their academic excellence and discipline. The students vowed to make their alma mater, parents and friends proud. The guests wished them all success. Certificates and mementos imprinted with the name



and photo of the student were presented by the Chief Guest, the Hon. Chairman, Hon. Secretary, Hon. Vice Chairman and Hon. Jt. Secretary of the Board of Trustees in addition to Branch School Principals. All the students were escorted by their parents to the stage to receive the mementos. A class wise photo session was arranged for the graduates.

Mr. George Swamy, Coordinator for Aashirvaad - 2017 rendered the vote of



thanks to all the invitees and the ICSK fraternity. In the exhortation ceremony that followed, Dr. Sam. T. Kuruvilla, Vice-Principal of Senior Branch, read out the promises to be kept by the newly graduated students. As the students took oath, they received the lit candles that signify dispelling the darkness of ignorance, echoed by the ICSK motto 'From Darkness to Light'. The ceremony concluded with the teachers blessing the students as they walked through the 'corridor of blessings', ready to step out of school and face the outside world with hope and confidence. A special dinner was arranged for the students at the end.



CAPTAINS & VICE CAPTAINS - MARCH

CLASS 12 C

CLASS 12 A



ABBAS ALI AKBAR ABHINAV GIRISH K. AKASH PHILIPOSE



CLASS 12 B

CLASS 12 G

NEVIN JAISON



ZAID ZAFAR



MARIA NIXON





CLASS 12 D

CLASS 12 I

CLASS 10 F



MARIAM PAUL ANEEZ MOHAMMED RHEA JOSE WARTIKA ABDULLA FAWAZ M. CLASS 12 J



CLASS 12 F



KIM AMANDA G.











RUKAIYA HUSAIN ABDULHADI HALALDEEN BURHANUDDIN J. MUFADDAL LULAWALA FRANCESCA ANNE GAYATHRI NAIR





ANJALI SANTHA



CLASS 12 K











RUYEN MICHAEL C. S. WASSIM AHMED VEVAY BARRETO



REAT EXPECTATIONS

Great Expectations CHARLES DICKENS

READER'S CHOICE

Great Expectations is one of Charles Dickens's most famous works. It was published (as a novel in three volumes) in 1861. Pip is a young orphan boy who lives with his elder sister and her husband. He knows that he will be a blacksmith like his brotherin-law when he grows up. But an anonymous benefactor settles a lavish allowance on him. Pip goes to London and starts life in a society that is completely alien to him. His newfound prosperity and his undying love for his childhood friend Estella change him in many



ARHIRAM VAI IATH KURUP - XII A

ways. He becomes more and more ashamed of his humble origins. But many disasters and challenges await him. The novel chronicles Pip's experiences from childhood to adulthood. Great Expectations is generally termed a Bildungsroman. Bildungsroman is a German word used for novels that portray the psychological development of the central character.

But Great Expectations, like most of Charles Dickens's novels, does not conform to any one genre. It is a tale of love and passion; a mystery story with several twists; a narrative that functions as a serious social commentary.

Social/Historical context: One of the most important themes of the novel is Pip's uneasiness about social class. He is a rich and

ambitious young man, in spite of his so-called low birth. He interacts mainly with people from the high and the middle classes. This gives Dickens the opportunity to comment on the socio-economic issues of Georgian and Victorian England, and how the different classes were affected by the same. The novel is rooted in the social realities of Dickens's times. But the universal appeal of the questions it raises has helped it to withstand the test of time.

Writing Style: Dickens's language might seem archaic to the modern reader. Nevertheless, it is remarkably easy. The pace of the novel is quite good, and several chapters are extremely gripping. The novel is written in the first person- Pip recounts his tale to the readers.

My Thoughts: I must confess that I started to read this book with a little bit of reluctance. The problem with an old book is that we usually have a general idea about it even if we haven't read it. But instead of the boredom I expected, the experience turned out to be both memorable and enriching. Great Expectations is one of the most complex and moving love stories I have ever read. The relationship between Pip and Estella comes alive from the very beginning. There are also mysteries to be solved- the urge to find out what happens next. The irresponsible and immature Pip is one of Dickens's most endearing characters. His friends, John Wemmick and Miss Skiffins, are unforgettable. The numerous comic moments stand out, as do the moments of suspense, passion or realization. I have read this book more than once, and every read has been an entirely new experience.

QUOTE GARDEN

- 1. Every time you smile at someone, it is an action of love, a gift to that person, a beautiful thing. Mother Teresa
- 2. Do not let making a living prevent you from making a life. John.R. Wooden
- 3. Laughter is the shortest distance between two people Victor Borge
- Enjoy all you have while pursuing all you want. Jim Rohn
- 5. What counts can't always be counted, what can be counted doesn't always count Albert Einstein

Know our Capital

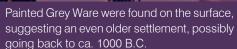
DELHI



The Indian capital city of Delhi has a long history, and has been an important political centre of India as the capital of several empires. Much of Delhi's ancient history finds no record and this may be regarded as a lost period of its history. Extensive coverage of Delhi's history begins with the onset of the Delhi Sultanate in the 12th century. Since then, Delhi has been the centre of a succession of mighty empires and powerful kingdoms, making Delhi one of the longest serving Capitals and one of the oldest inhabited cities in the world. It is considered to be a city built, destroyed and rebuilt several times, as outsiders who successfully invaded the Indian Subcontinent would ransack the existing capital city in Delhi, and those who came to conquer and stay would be so impressed by the city's strategic location as to make it their capital and rebuild it in their own way. The core of Delhi's tangible heritage is Hindu, Islamic (spanning over seven centuries of Islamic rule over the city) with expansive British-era architecture in Lutyens' Delhi dating to the British rule in India.



References to Delhi's history in ancient literature are based on myths and legends. According to the Hindu epic Mahabharata, a city called Indraprastha, "City of the God Indra", was the capital of the Pandavas. There is a strong belief that Purana Qila was built over the site of ancient Indraprastha. Northern Black Polished Ware (c700-200 BC) have been excavated at the site, and pieces of



It is popularly said that Delhi was the site for a total of seven different cities between 3000 B.C. and the 17th century A.D., although taking smaller towns and strongholds into account, as many as 15 settlements can be identified. All the earlier locations of Delhi fall within an area commonly called the 'Delhi Triangle,' bounded on the south and the west by the Aravalli Range, known as the Delhi Ridge, and to the east by the Yamuna River.



Notable settlements to have been established in the region include:

- **1. Indraprastha,** supposedly built by the Pandavas.
- **2. Surajkund (Anangpur)**, Tomar-Gurjar city dating from the 9th or 10th century, where a large masonry tank can be found.
- 3. Lalkot, built ca. 1052 A.D. by the Tomara ruler, Anangpal. In ca. 1180 A.D. Prithviraj Chauhan extended and fortified it as a defence against Muslim invaders; the city then became known as Qila Rai Pithora. This area, now called as Mehrauli, was also the seat of the Mamluk (Slave) dynasty.
- Siri, first established as a camp for protection against invading Mongols by Alauddin Khilji, and fortified in about ca. 1303 A.D.
- 5. Tughluqabad, built by Ghiyasuddin

Tughluq in ca. 1320 A.D. A subsidiary fort Adilabad was built by his son Muhammad bin Tughlaq in ca. 1325 A.D.Presently tanwar and dedha gurjar

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- **6. Jahanpanah,** Refuge of the World, name given to the area enclosed by walling-in of the suburbs between Qila Rai Pithora and Siri, built by Muhammad bin Tughluq in ca. 1325 A.D.
- 7. Ferozabad, built by Firuz Shah Tughluq in ca. 1354 A.D.; all that remains is the palace, known as Feroz Shah Kotla. Feroz Shah's building activity indicates that the suburbs were still occupied; major mosques were built inside Jahanpanah (Khirki and Begumpur) and Nizamuddin[disambiguation needed]; and the area around Khilji reservoir Hauz Khas was developed.
- 8. Dinpanah built by Humayun and Shergarh built by Sher Shah Suri, both in the area near the speculated site of the legendary Indraprastha (1538–1545).
- 9. Shahjahanabad, the walled city built by Shah Jahan from 1638 to 1649, containing the Lal Qila and the Chandni Chowk. It was the capital of the Mughal Empire during Shah Jahan's reign. It is presently referred to as "Old Delhi".



10. Lutyens' Delhi or New Delhi, the city built by the British on the south-west, declared Capital on 12 December 1911. On 12 December 2011 New Delhi celebrated 100 years of serving as India's National Capital.

INCOME (JANUARY)	KD	EXPENDITURE (FEBRUARY)	KD
Balance c/f from January	4633.125	Mr. Sateesha	300.000
		Mrs. Ashraf Bi Mohammed	150.000
		Mrs. Ellur Nagamma	150.000
			600.000
Balance from January	4033.125		
Contribution from students (February)	82.660		
Contribution from Staff (February)	80.000		
Balance in hand	4195.785		

BIRTHDAY AND CHARITY FUND FOR FERRUARY 2017

FUND FOR FEBRUARY 2017											
CLASS / SEC	Birthday Fund	Charity Fund	Sub Total								
XII A	- Turiu	- Turiu	_								
XII B	_	_	_								
XII C	_	_	_								
XII D	_	_	_								
XII E	_	_	-								
XII F	-	-	-								
XII G	-	-	-								
XII J	-	9.270	9.270								
XII K	-	4.155	4.155								
XI A	-	-	-								
XI B	-	-	-								
XI C	-	-	-								
XI D	-	-	-								
XI E	-	-	-								
XIF	-	-	-								
XI G	-	2.000	2.000								
XI H	-	-	-								
XII	-	-	-								
XI J	-	-	-								
XI K	-	1	-								
XI L	-	1	1								
ΧA	-	3.775	3.775								
ХВ	-	4.300	4.300								
ХC		7.125	7.125								
ΧE	-	3.115	3.115								
XF	-	5.040	5.040								
IX A	1.000	2.105	3.105								
IX B	-	3.155	3.155								
IX C	-	1.590	1.590								
VIII A	3.000	5.150	8.150								
VIII B	4.000	12.840	16.840								
VIII C	2.000	9.040	11.040								
Total	10.000	72.660									
Sub Total			82.660								







CHARITY CONVENORS



AKHIL MENON



YUSUF MOHD SHAFI RUMANI - 12B



ADITHYA NARAYAN RAJESH - 12C



MANISHA MURALIDHARAN - 12D



MOHAMMED SHAHPURWALA - 12E



AJMINA IMTIYAZ PATEL - 12F



MERLYN MARIA NORONHA - 12G



BURHANUDDIN JUZER - 12H



FAHADA ARIF KHOKAR - 12I



- 12J



MATHUSHAN MOHAN - 12K



AYMAN ATHAR DALVI - 10E



MARZOOQ - 10F



M BASSAD O RS

director's cut

The Lord of the Rings (also promoted as The Lord of the Rings: The Motion Picture Trilogy) is a film series consisting of three high fantasy adventure films directed by Peter Jackson. They are based on the novel The Lord of the Rings by J. R. R. Tolkien. The films are subtitled The Fellowship of the Ring (2001), The Two Towers (2002) and The Return of the King (2003). They were distributed by New Line Cinema.



NAGA SREEJA

Considered to be one of the biggest and most ambitious film projects ever undertaken, with an overall budget of \$281 million (some sources say \$310-\$330 million),[5] the entire project took eight years, with the filming for all three films done simultaneously and entirely in New Zealand, Jackson's native country.[6] Each film in the series also had special extended editions released on DVD a year after their respective theatrical releases. While the films follow the book's general storyline, they do omit some of the novel's plot elements and include some additions to and deviations from the source material.

Set in the fictional world of Middle-earth, the films follow the hobbit Frodo Baggins (Elijah Wood) as he and a Fellowship embark on a quest to destroy the One Ring, and thus ensure the destruction of its maker, the Dark Lord Sauron (Sala Baker). The Fellowship eventually splits up and Frodo continues the quest together with his loyal companion Sam (Sean Astin) and the treacherous Gollum (Andy Serkis). Meanwhile, Aragorn (Viggo Mortensen), heir in exile to the throne of Gondor, Legolas, Gimli, Merry, and Pippin, and the wizard Gandalf (lan McKellen) unite to rally the Free Peoples of Middle-earth in the War of the Ring.



'The golden bird they'd call me Flourishing with wealth and prosperity Rich I was, abundant in all things, Blessed by nature, graced by kings.'

'Then came the hunter – jealous and full of greed
My children stood together, irrespective of caste or creed;
My precious souls went forth daringly:

No fear in their hearts, just pure bravery.'

Gems they were, oh! Those valuable men! Scared, confused, yet treading into the hunter's den They marched forward showing no qualms For they carried their mother proudly in their arms.

The enemy was astonished at their nerve;

Little did they know that it was sheer love (for the motherland).

The greatest stood together like a group of old friends And lunged forward with the motto of non-violence.

Their journey saw compassion, sympathy, courage and peace. Indeed, not one, but many hearts did they seize.

Then the hunter slowly moved away – and not by sword But by deeds of thoughtfulness and by word.

Finally by blood and prayers our freedom was bought, Because dying for the country is what they sought.

INTERNATIONAL WOMEN'S DAY

International Women's Day (March 8) is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating gender parity.

International Women's Day (IWD) has been observed since in the early 1900's - a time of great expansion and turbulence in the industrialized world that saw booming population growth and the rise of radical ideologies. International Women's Day is a collective day of global celebration and a call for gender parity. No one government, NGO, charity, corporation, academic institution, women's network or media hub is solely responsible for International Women's Day. Many organizations declare an annual IWD theme that supports their specific agenda or cause, and some of these are adopted more widely with relevance than others.

"The story of women's struggle for equality belongs to no single feminist nor to any one organization but to the collective efforts of all who care about human rights," says world-renowned feminist, journalist and social and political activist Gloria Steinem. Thus International Women's Day is all about unity, celebration, reflection, advocacy and action - whatever that looks like globally at a local level. But one thing is for sure, International Women's Day has been occurring for well over a century - and continues to grow from strength to strength.

IWD 2017 campaign theme: # Be bold for change.



W

February 2017 in a Nutshell



World's longest flight lands in New Zealand: The world's longest commercial flight landed in New Zealand with the arrival of Qatar Airways's 14,535 kilometres Doha-Auckland service, the airline announced.



Oscar 89th Academy Awards: Moonlight named oscar best picture award actor in the leading role casey affleck for manchester by the sea, actress in a leading role emma stone for la la land.

Space particles may be behind

computer crashes: Cosmic rays travelling

at fractions of the speed of light strike the Earth's atmosphere create cascades of

secondary particles including energetic

microelectronic circuitry.



neutrons, muons, pions and alpha particles, a fraction of these particles carry enough energy to interfere with the operation of



More than 200 whales swim away after New Zealand stranding: More than 200 stranded whales managed to refloat themselves overnight and swim away, while volunteers managed to save another 17 whales at high tide.



WhatsApp, the current hunting ground for cyber criminals: The cloud-connected apps are presently at a security risk especially given how an increasing number of businesses are taking to these apps to conduct their activities.



Tehmina Janjua becomes Pak's first womanforeign secretary: "Tehmina Janjua will assume the post of Foreign Secretary in the first week of March 2017 currently she is

serving as Ambassador and Permanent Representative of Pakistan to the United Nations in Geneva since October 2015.



Britain will be 'just fine' post-Brexit: Britain voted to leave the European Union in a referendum in June last year and Prime Minister Theresa May is preparing to kickstart the departure process by the end of March.



Antarctic sea ice hits record low: Antarctic sea ice extent has shrunk to the lowest level since records began nearly four decades ago, scientists say.



Chinese New Year 2017, year of the Rooster: The new year, also known as the Spring Festival, is marked by the lunisolar Chinese calendar.



India's record satellite launch ramps up space race: Chinese media-Chinese officials said "The launch indicated that India can send commercial satellites into space at lower costs, giving the country's

competitiveness in the global race for the burgeoning commercial space businesses."



Seven new Earth-like planets discovered, may host life: NASA
Astronomers have discovered the first known system of seven Earth-sized planets around a single star - located a mere 40 light

years away - that could have liquid water, and possibly host alien life.



Barack Obama ranked 12th best US president by historians: Just weeks after leaving the White House, former President Barack Obama ranks as the 12th best US President overall in a new poll of historians conducted by C-SPAN.



Deep sea mining gets a second look: The risk of running out of rare earth metals that are essential to modern technology has led to a surge in interest in mining the deep seas.



French army grooms eagles to down drones mid-air: Faced with the risk of drones being used to snoop or carry out attacks on French soil, a quartet of fearsome golden eagles is being trained to take them out in mid-flight.



Elephant blows out 56 candles on birthday cake: With a cake made of watermelon, papaya, bananas, carrots and corncobs, Guatemala's elephant Trompita celebrated her 56th birthday



Adolf Hitler's phone sold for more than USD 240,000: Adolf Hitler's personal telephone, which the Fuehrer used to dictate many of his deadly World War II commands, sold at auction for USD 243,000, the US house selling it announced.



Study discovers hidden continent under New Zealand: New Zealand sits atop a previously unknown continent -- mostly submerged beneath the South Pacific -- that should be recognised with the name Zealandia, scientists said.



Eiffel Tower to get bullet-proof glass wall: A bullet-proof glass wall is to be built around the base of the Eiffel Tower as part of a plan to provide extra protection against terrorist attacks at one of the world's most famous landmarks.

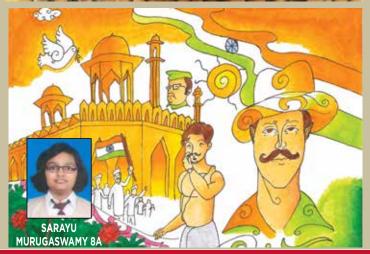
art gallery













Student Name:	Serial No.		
Class :			

ACKNOWLEDGEMEN	T
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I, the parent of					studying in class						section			
hereby, acknowledge	the	receipt	of	the	March,	2017	edition	of	the	ICSK	Senior	Monthly	Magazine,	EPICS.
Signature:										. Date	ð:			

EPICS



Annie Besant

(1847 - 1933)

Besant a was British social reformer. campaigner women's rights

and a supporter of Indian nationalism.

Annie Woods was born in London on 1 October 1847. She had an unhappy childhood, undoubtedly partly due to her father's death when she was five. Annie's mother persuaded her friend Ellen Marryat, sister of the writer Frederick Marryat, to take responsibility for her daughter and Ellen ensured that Annie received a good

In 1867, Annie married Frank Besant, a clergyman, and they had two children. But Annie's increasingly anti-religious views led to a legal separation in 1873. Besant became a member of the National Secular Society, which preached 'free thought', and also of the Fabian Society, the noted socialist organisation.

In the 1870s, Annie Besant and Charles Bradlaugh edited the weekly National Reformer, which advocated advanced ideas for the time on topics such as trade unions, national education, womens' right to vote, and birth control. For their pamphlet on birth control the pair were brought to trial for obscenity, but were subsequently acquitted. Besant supported a number of workers' demonstrations for better working conditions. In 1888 she helped organise a strike of the female workers at the Bryant and May match factory in east London. The women complained of starvation wages and the terrible effects on their health of phosphorus fumes in the factory. The strike eventually led to their bosses significantly improving their working situation.

Social and political reform seems not to have satisfied Besant's hunger for some allembracing truth to replace the religion of her youth. She became interested in Theosophy. a religious movement founded in 1875 and based on Hindu ideas of karma and reincarnation. As a member and later leader of the Theosophical Society, Besant helped to spread Theosophical beliefs around the world, notably in India.

Besant first visited India in 1893 and later settled there, becoming involved in the Indian nationalist movement. In 1916 she established the Indian Home Rule League, of which she became president. She was also a leading member of the Indian National Congress.

In the late 1920s, Besant travelled to the United States with her protégé and adopted son Jiddu Krishnamurti, whom she claimed was the new Messiah and incarnation of Buddha. Krishnamurti rejected these claims in 1929.

Besant died in India on 20 September 1933.

EPICTIONARY

- 1. Aggrupation (noun) a group or organisation. My school has an aggrupation which deals with health and hygiene of all students.
- 2. Chargrill (verb) food cooked quickly at a very high heat. My parents always prefer chargrilled food over boiled ones.
- 3. Gank (verb) to take or steal. He was caught ganking a teacher's book.
- 4. Tink (noun) a homeless person It is advisable to stay away from tinks.

BEST CLASSES FEBRUARY

Secondary





SECOND - 8A



THIRD - 8C



- 2nd Model Exam for NIOS Classes X & XII
- Board Exam for Classes X & XII
- Commencement of the new session of Class X (2017-18)
- Entrance Test for Class XI



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